meet the NEW FACE OF POETRY

metroLIFE

BILLINGSGATE SEAFOOD MARKET

COMMUNITY NATURAL FOODS:
1304 10TH AVE SW
MON-SUN 10-7

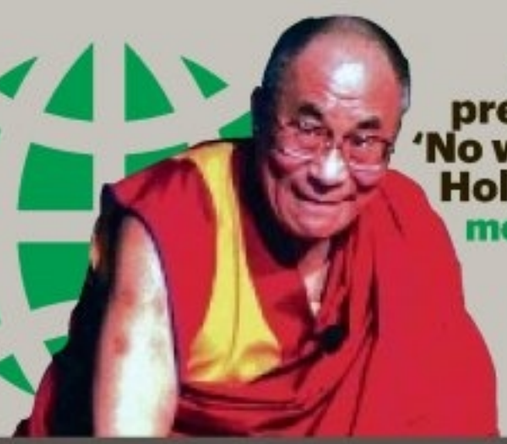
MARKET ON MACLEOD:
7711 MACLEOD TR. SW
THURS- SUN 9-5

BILLINGSGATEMKT.COM

Calgary metro

Your essential daily news | THURSDAY, NOVEMBER 24, 2016

High 4°C/Low -2°C Mostly sunny



Trump presidency? 'No worries,' His Holiness says

metroNEWS

WHAT ALBERTA BUSINESS CAN LEARN FROM *K-POP*

metroNEWS

COURTESY BIG HIT ENTERTAINMENT

More threats, more security for Jansen

BULLYING IN POLITICS

Executive Protection Unit follows reading abuse to House

Alex Boyd
Metro | Edmonton

Calgary MLA Sandra Jansen is receiving extra security following death threats and other abuse sent her way by Albertans.

The provincial government confirmed Wednesday that Jansen, who recently crossed the floor from the PC Party to the governing NDP following what she described as abuse at her former party's leadership convention, will receive extra security to ensure her safety.

"Because of an increased number of threats after MLA Jansen announced she was joining the government caucus, it was decided to have the Executive Protection Unit lend their assistance temporarily," an official said.

The Executive Protection Unit provides security to the premier, the Lieutenant Governor, cabinet members and visiting dignitaries.

The announcement comes a day after Jansen used her first members' statement, on Tuesday, to read aloud the abuse she has faced from online commenters over the past week, including messages referring to her as "dead meat," a "dumb broad," and a "useless tit."

The speech earned a standing ovation from her colleagues in the legislature.

Afterwards, Jansen said that despite the abuse, crossing to the NDP has been positive.

"The members of the NDP caucus have certainly experienced this (type of abuse) over the last year and they've gathered around me in support and solidarity, so for the first time in a long time I have that level of support — and it feels good," she said.

Save Double the GST

Friday, November 25th

On Most Items In-store. *See store for details.

REAL CANADIAN Superstore

big on fresh, low on price.

THIS WEEKEND ONLY
BLACK FRIDAY
DEALS FROM $5
PLUS EXCLUSIVE
BLACK FRIDAY COLLECTION
SHOP AS EARLY AS 7AM!
CHECK HM.COM FOR STORE LOCATIONS AND HOURS.
H&M

metro NEWS

Your essential daily news

Lawren Harris painting titled Mountain Forms sets new Canadian art record, selling for $9.5M.

Memorial fund helping refugee support group

FUND

Friends, family asked to give to Syrian group in lieu of gifts

Lucie Edwardson
Metro | Calgary

When Corinne Lyall speaks about her late husband, Derek Lawson, she remembers his subtle generosity, his wish to make the world a better place, and his passion for education.

Lawson, who was studying to achieve his Masters in Education, passed away earlier this month at the age of 46 due to heart failure — something that came as a shock to the fit and otherwise healthy man's friends and family.

Now, Lawson is being remembered in a way that Lyall said would have made her husband smile. Following his passing, in lieu of gifts or flowers, Lyall asked friends and family to donate to a cause close to Lawson's heart — the Syrian Refugee Support Group.

"He would have been so excited to be able to continue with the work he was doing — it was something that was very close to his heart," she said.

Friends and family managed to raise a total of $6,915 for the SRSG cause, $5,000 of which will be used for grocery gift cards for Syrian newcomers, with the hopes of the remainder going towards a used pick-up truck for the group.

Sam Nammoura, co-founder of the SRSG, said the group is honoured to be the recipient of Lawson's memorial fund.

"Derek started as a volunteer but really became a family member — a father, a brother and uncle, to us all," he said.

Lyall said Lawson became very close with one family in particular. What started out as him helping to teach the new-to-Canada family English turned into an extremely tight bond.

"The father says he feels very indebted to Derek. He said he was part of their family and called him his brother," she said.

One of the fondest memories Lawson shared with Lyall about the family was teaching the eldest son Mohamad to drive.

"There is a clip of them driving and it is quite hilarious — Derek loved that he could be there for Hamad for such an important part of his life," she said, adding Mohamad did pass his driving test. Lyall said her husband's main goal in life was to build community and help children understand the world doesn't revolve around them— it's what they do to impact the world that defines them.

For more information on the SRSG visit www.yycsyr.ca.

Corinne Lyall and her late husband Derek Lawson. Lawson's memorial fund collected nearly $7,000 for the SRSG. CONTRIBUTED

SCHOOL ZONE

Nenshi looks for answers

Josie Lukey
For Metro | Calgary

Mayor Naheed Nenshi said a moratorium was put on the conversion of school zones to playground zones when he learned back in August the signs were being changed.

On Monday, Nenshi scolded the roads department for converting the school zones to playground zones which he says council didn't ask for.

At that time, the roads department had finished converting school zones to playground zones in Ward 1 and 2 when Nenshi found out, he said.

"They were supposed to have stopped, and apparently they didn't stop," Nenshi said.

Back in 2014, most of city council agreed the previous "one-hour after sunset" end time needed to be clarified for school zone speed limits. Council voted 14-1 to standardize times for school and playground zones' 30 km/h speed limit to 7:30 a.m. to 9 p.m.

Nenshi, who was the only one who voted against the change, previously said he felt the city was overstepping because many schools don't have playgrounds accessible after school hours.

By changing the school zones to playground zones, the reduced speed limits will be in effect on weekends and throughout the summer months.

SAVE ON HUNTER DOUGLAS BLINDS

50% OFF HUNTER DOUGLAS BLINDS & SHADES
Everwood Faux Wood blinds and Designer Screen shades

40% OFF HUNTER DOUGLAS HONEYCOMB SHADES
Lifescapes collection in light-filtering and room-darkening fabrics

PLUS, A $500 INSTANT REBATE ON APP-CONTROLLED SHADES Place any new order for a minimum of five PowerView shades with hub operation.

ARRANGE YOUR COMPLIMENTARY IN-HOME CONSULTATION TODAY
CALL 403-234-0240 OR 1-800-818-7779
October 17 to December 17, 2016. Savings off our regular prices.

HUDSON'S BAY

The Camera Store Black Friday Sale
November 25th-28th, 2016

Canon

Canon 5D Mark III with Accessory kit

The full-frame Canon EOS 5D Mark III is the ultimate DSLR for the advanced photographer. It features a completely upgraded 61-point autofocus system with 41 cross-type AF points, allowing for superb subject tracking and speed.

$2,999.00 Save $400

EOS 5D Mark III | 22.3 | HDR

Canon Selphy CP1200 Printer with Free Travel Bag

Take printing and sharing to new heights with the SELPHY CP1200 Wireless Compact Photo Printer. The it is more portable than ever with an optional battery pack that connects directly to the printer and has enough power to print up to 54 photos on a single charge.

Wi-Fi

OPTIONAL

$99.87 Save $60

Fujifilm X-T1 - Body Only

The weather resistant structure is sealed in 80 places and is both dust and water resistant. Additionally it is designed to cope in temperatures as low as -10°C.

$1099.99 Save $400

FUJIFILM

Vanguard Espod AM-203 Monopod w/Tilt Head

A quick, solid support for your camera in a compact, lightweight package. This monopod includes a tilt head, 3 leg sections with quick flip locks, a foam grip, and a foot that converts from rubber to a spike for better stability.

$29.99 Save $20

VANGUARD

Olympus OM-D E-M5 Mark II Body

OLYMPUS

The E-M5 Mark II features one of the Worlds Most Sophisticated Image Stabilization systems with compensation up to 5.0 EV steps.

$899.99 Save $200

SONY

Sony Alpha a6000 with 16-50mm and 55-210mm

The Sony a6000 is a super-compact mirrorless camera, yet it has the same size APS-C sensor as most DSLRs, making it incredibly versatile.

$979.99 Save $300 with free Roots Bag

Sony Cybershot DSC-RX100 III

With the Sony Cybershot RX100 III enjoy a 24mm wide angle perspective, bright telephoto at f2.8, and a high-resolution viewfinder for framing.

$899.99 Save $50

Pricing valid at The Camera Store for Black Friday Weekend from Nov. 25th-28th, 2016 while supplies last. *Savings is based off of regular MSRP and is based on items and services applicable

802 - 11th Avenue S.W. Calgary | (403) 234-9935 | 1-888-539-9397

www.thecamerastore.com

The Camera Store
Get the picture

Starting 9AM Friday Nov. 25th

The first 50 people to arrive will receive a gift certificate to spend in-store valued between $10-$500.

Vanguard Alta+ 264AB100 w/SBH-100 Ball Head

This 4-Section Aluminum Tripod with SBH-100 Ball Head offers generous height, impressive stability, is light-weight, and includes a 180° tilting center column. The head also includes a QS-39 quick-release plate.

$139.99 **Save $90**

VANGUARD

ThinkTank Perception 15 Backpack

This is the "go-to" travel backpack and is perfect for smaller camera systems. It is designed to enclose and protect your camera gear while maintaining a small form factor.

$129.00 **Save $40**

think TANK photo

Pentax K-S2 with DA 18-135mm f3.5-5.6 WR

Capturing sharp images has never been easier with its 20 megapixel, AA Filter-less CMOS sensor and Prime MII imaging engine.

$949.95 **Save $50**

PENTAX

Manfrotto MT190XPro3 with MHXPro-BHQ2 Ball Head

This 190 kit combines a compact 190XPRO3 3-section aluminium tripod and a portable, versatile ball head.

$329.87 **Save $70**

Manfrotto
Imagine More

Safari HD Action Camera Kit 2.0 with Accessory Kit

The Safari by Optex HD Action Camera records 1080p video at 30fps and slow motion 720p video at 60fps. The ultra-wide 170° "fisheye" lens helps ensure the camera captures everything happening in front of it ensuring nothing is left out of the frame

$99.00 **Save $70**

Panasonic Lumix DMC-G7

The Panasonic G7 features 4K video recording alongside an impressive variety of 4K photography capabilities.

$699.99 **Save $250**

Panasonic

Panasonic Lumix DMC-GM1

The Panasonic LUMIX GM1's compact size makes it the perfect choice to take with you anywhere. Its sleek and stylish look and feel house modern performance features.

$499.99 **Save $250**

Panasonic

Nikon D810

The D810 truly raises the bar for image quality and dynamic range. An FX-format full-frame image sensor design with 36.3-megapixels is paired with Nikon's innovative EXPEED 4 image processing for flawless detail retention from snow white to pitch black, an extremely wide dynamic range, flattering well-saturated skin tones and much more.

$3,499.00 **Save $500**

Nikon D5300 w/18-55, 55-200 VR and bag

Meet the Wi-Fi® enabled, ultra-high-resolution Nikon HD-SLR: the D5300. With built-in Wi-Fi for instant photo sharing to your smartphone or tablet, GPS and mapping, a cutting edge 24.2-megapixel image sensor, an extra-large swiveling Vari-angle LCD and more, D5300 brings an outstanding new level of image quality and capabilities in a compact, ergonomic design.

$849.00 **Save $200**

802 - 11th Avenue S.W. Calgary | (403) 234-9935 | 1-888-539-9397

www.thecamerastore.com

Transport minister cagey on funding for Green Line

metro TALKS
Brian Mason

Says city needs work to impart confidence in pricey project

Helen Pike
Metro | Calgary

You met with our Green Line team last week. How was that?

I had a briefing from the Calgary staff. It was good; it was useful. It gave me a much better idea of the scope of the project, and we went in through some of the details, some of the staging they have in mind, rough idea of costs and all of that.

Is that the first in-depth look you've had on the Green Line?

No, Mayor Nenshi has discussed it with me on several occasions; I think this was a little more in depth. The maps were on a much smaller scale. It's a better picture. But no, Mayor Nenshi has been enthusiastically pitching this project to me for many months now.

Are you feeling that enthusiasm? Did you like it?

Our government is very supportive of transit, and we want to support our two largest cities to build out their LRT systems, and we want to integrate that with regional transit — including municipalities around Edmonton and Calgary.

All of that is important to us, but in terms of the specifics of the project, there's a lot of work that needs to be done.

I want to remind everybody this is a very expensive project. We're going to have to work hard to be able to find creative ways to make sure we can make our contribution. We're working with the City of Calgary transportation department to do that.

Some of the work that needs to be done, from how I understand it, hinges on the province's funding, and funding in principle. Is that something we'll see in the new year?

One of the challenges that we've been facing is that the price for the project is not completely nailed down yet. Those costs have been moving up from what we understood was a ballpark estimate. We need to nail those costs down and get definitive answers on the scope of the project, and get some good accurate cost estimates before we can finalize any financing contribution from the province.

Is there a certain level of cost-estimate the government needs to see?

Well, we need to make sure we've got a good number that's not going to go up. We need to have confidence in the budget estimate.

Do you have confidence in the budget estimate?

I'm not sure they're done the work on that.

What makes you say that?

Because the price is going up as they've been working through. We want to see where it lands. That's important before we make a financial commitment.

There's speculation on how the project might be funded. Is there any honing in on what program the Green Line would fall under?

Let me put it this way: Without revenue from the Carbon Levy, this is going to be very challenging for us to finance. It's early for me to speculate on (if it will be funded through the Carbon Levy), but I certainly think financially this is a challenging project for the government. Given the other expenditures that are already on the books.... Just for Calgary, for example: the Southwest Ring Road under construction, the West Ring Road on from five years out, and the construction of the Calgary Cancer Centre — all which amount to billions of dollars of infrastructure money, and that's just Calgary.

Basically, this is what I'm trying to say, these are very large capital expenditures for the City of Calgary, and the Green Line is a major capital expenditure in addition. We need to be careful about that and we have to be very creative.

We want to support the City of Calgary in its transportation plans, including its LRT system. But there's a lot of work to do before we can get there.

Alberta Transportation Minister Brian Mason said the province supports the city's LRT plans but wants costs nailed down before they examine how to help fund it. THE CANADIAN PRESS

RESPONSE

Nenshi confident in cost estimates

When two orders of governments butt heads, there must be a photo of the city's yet-to-be-funded Green Line projects.

For months the city and province have gone back and forth on the Green Line project — the city asking for funding plans, and the province holding their cards close while asking for patience and reminding the municipality of the tough economic times.

The city has a funding agreement in principle from the federal government for one third and has firmed up its own funding plan but still needs $1.53 billion from the province.

After hearing about Minister Brian Mason's concerns on the project's moving target cost estimates, Mayor Naheed Nenshi told Metro diplomatically that he wasn't going to put undue pressure on the province for a promise but is hoping they can move ahead with some sort of funding agreement soon.

"It's very clear from Minister Mason's interview that he wants to fund this thing," said Nenshi. "It would be very helpful if he went the next step and said we will fund this thing, and now we've got to get on brass tacks about money and mechanisms."

But from Mason's interview, it's clear he wants to get the dollars and cents in order before agreeing to fund the Green Line.

The mayor says the city is working toward a comprehensive costing analysis, although he admits the cost is still moving around "a little bit."

"We're getting to what we call a Class 3 estimate, and we at the city would regularly fund things at a Class 3 estimate," said Nenshi. "We're very very close to that." HELEN PIKE/METRO

From Medicine Hat to Fort McMurray.

We offer money solutions right across the province.

We can help. Money Mart®

MONEY MART® is a registered service mark of National Money Mart Company. © 2016 National Money Mart Company. All rights reserved.

Pounce on a $500 TELUS Visa* Prepaid Card

when you sign up for Optik TV® and Internet on a 2 year term.†

Learn more at **telus.com/pounceonvisa**,
call 310-MYTV or visit your **TELUS store**.

TELUS
the future is friendly®

Prepaid cards are issued in connection with a promotion program. Prepaid card is issued by Peoples Trust Company pursuant to a license by Visa Int. *Trademark of Visa Int., used under license. No cash access or recurring payments. Card valid for up to 12 months; unused funds will be forfeited at midnight EST the last day of the month of the valid thru date. Card terms and conditions apply, see MyPrepaidCenter.com/site/visa-univ-can. †Offers available from November 21-30, 2016, to residential customers who have not subscribed to TELUS TV or Internet in the past 90 days. Offer includes Optik TV Essentials and Internet 25. Cannot be combined with other promotional offers. Card will be shipped after the installation of Optik TV service. TELUS reserves the right to modify channel lineups and packaging, and regular pricing, without notice. HDTV-input-equipped television required to watch HD. Minimum system requirements apply. Final eligibility for the services will be determined by a TELUS representative. The Essentials or Lite is required for all Optik TV subscriptions. Internet access is subject to usage limits; additional charges apply for exceeding the included data. Not available with Internet 6 or Lite. A cancellation fee applies to the early termination of a service agreement and will be $15 for the PVR and digital boxes multiplied by the number of months remaining in the service agreement. Rental equipment must be returned in good condition upon cancellation of service, otherwise the replacement cost will be charged to the account. Service installation, a $300 value, includes connection of up to 6 TVs and is free with a service agreement or purchase of a digital box or PVR ($100 for month-to-month service with no equipment purchase). If new or upgraded outlet/phone jacks are required, the charge will be $75 for each outlet/phone jack. Free installation and equipment rental is not available with Lite. If you downgrade to Lite, regular rental fees will apply starting in the month of the downgrade, and cancellation fees will apply as above. TELUS, the TELUS logo, Optik, Optik TV and the future is friendly are trademarks of the TELUS Corporation, used under license. All copyrights for images, artwork and trademarks are the property of their respective owners. All rights reserved. © 2016 TELUS.

TELUS STORES

North East

Country Hills Town Centre

Marlborough Mall

Sunridge Mall

1353 32nd Ave. NE

2520 23rd St. NE

North West

Beacon Hill Shopping Centre

Market Mall

North Hill Centre

South East

Chinook Centre

Deerfoot Meadows

Shepard Centre

Southcentre Mall

409 East Hills Blvd. SE

4410 50th Ave. SE

4825 Macleod Trail S

6039 Centre St. S

6100 Macleod Trail S

7825 Flint Rd. SE

South West

Bow Valley Square

The Core

Shawnessy Shopping Centre

Westbrook Mall

Westhills Town Centre

321 6th Ave. SW

2008 33rd Ave. SW

Airdrie

30 Market Blvd.

Cochrane

201 Grand Blvd. W

Okotoks

31 Southridge Dr.

118 Elizabeth St.

Rocky View County

CrossIron Mills

Strathmore

55 Wheatland Trail

WORKFORCE

Councillors quiz city departments on diversity

Helen Pike
Metro | Calgary

As the councillors hear business plans from all their departments, a common theme has emerged. First asked by Coun. Diane Colley-Urquhart, then Couns. Druh Farrel and Evan Woolley: diversity.

"It's an important question to ask our top administrators," said Farrell.

"Considering we're more aware of the threats (to) diversity and gender balance."

So, what's the city doing about it? Chief Human Resources Officer, Mark Lavallee explained at council Wednesday.

"We're taking a number of steps, if you will, to try and get more information about our workforce. We've incorporated it into our corporate employee survey recently, within the last year, and again this year."

Lavallee said the city does have a lot of information about gender. Women make up 30 per cent of the City of Calgary workforce, 38 per cent of supervisors are women, administrative leadership teams have 33 per cent female representation, senior management teams are 24 per cent women, and the corporate management team is 40 per cent.

"It's important to note there are pockets within our organization where we're doing quite well with representation," Lavallee said, highlighting the city's 54 per cent female engineering staff.

"We should be quite proud of that particular stat."

Year to date, 45 per cent of new hires are women, which has increased over 2015 numbers at 42 per cent.

Mayor Naheed Nenshi said the important questions the city has begun asking is whether or not they are good at inclusion.

"If there are barriers that are preventing women, or people of visible minorities from progressing the workplace, we should know that," said Nenshi.

The new expo is a partnership with Lift, which has run successful cannabis and hemp trade shows in Vancouver and Toronto. WIKIMEDIA COMMONS

Cannabis Expo coming

TRADE SHOW

Focus to be on growing the marijuana economy

Aaron Chatha
Metro | Calgary

A new marijuana trade show will be rolling into Calgary and Edmonton next year.

The Cannabis & Hemp Expo is being billed as a different kind of cannabis trade show — one that's less for the consumer, and more about growing the cannabis economy.

"There's been a lot of talk about legalization of cannabis for quite some time and now it looks like it's going to be moving forward pretty rapidly," said Canwest managing partner Kevin Blackburn.

> **We're hoping it's going to be a home for cannabis and hemp industry leaders to meet.**
> Kevin Blackburn

The event is a joint effort from Canwest and Lift, a cannabis advocacy group.

"It's looking like it will be a multi-billion dollar market. For any kind of a market like that, you need a trade show where people can connect and learn."

Blackburn is planning to bring out speakers from around the world, including business professionals who can talk about how cannabis has impacted U.S. economies and legal experts who can educate people on exactly what the laws are — and help them navigate some of the legal grey areas.

"Technically, a lot of these dispensaries are operating illegal, but they're not being prosecuted for obvious reasons — because the government is in the middle of making it legal," Blackburn said, as an example.

Although there will be entertainment and excitement, in the vein of Canwest's other trade shows like Taboo or Tattoo Fest, the focus is very much on the business side of things.

"It's not just going to be a consumer trade show with a bunch of bongs and booths, it's going to be professional, it's going to be very business-to-business driven, networking driven and we're hoping it's going to be a home for cannabis and hemp industry leaders to meet," Blackburn explained.

The Edmonton expo will take place April 1 and 2 in the Expo Centre at Northlands, while the Calgary expo will take place May 6 and 7 in the Big Four building at Stampede Park.

LEXUS

YOUR LOCAL LEXUS DEALERS HAVE BLACKED OUT THE GST

On all remaining 2016 in stock Lexus models.

NOV 24TH -26TH ONLY

THURSDAY, FRIDAY & SATURDAY ONLY

LEASE RATES AS LOW AS

1.9%*‡

ON ALL 2016 RX & NX 200T MODELS

CASH BUYER INCENTIVES

UP TO **$4,000**

ON ALL 2016 RX & NX 200T MODELS

*3 days only from Nov 24th - Nov 26th, Some conditions apply. Visit your local Lexus dealership for complete details. GST to be paid by the dealer on the in-stock 2016 New or Demo Lexus purchased, leased or financed. *Lease and Finance offers provided through Lexus Financial Services, on approved credit.*

LEXUS OF ROYAL OAK

IN THE NORTHWEST AUTO MALL

7677 - 112 Avenue North West 403.296.9600

lexusofroyaloak.com

LEXUS OF CALGARY

EXPERIENCE VIP SERVICE

22 Heritage Meadows Rd 403. 225.3987

lexusofcalgary.com

ONLY AT VARSITY CHRYSLER
$2 MILLION DOLLAR
PRICE DROP
DODGE GRAND CARAVAN
FAMILY EXPERIENCE PACKAGE
STK 326714
$81 PER WEEK
WAS $43,240
PRICE DROP $28,998
TAKE THE DISCOUNT
$14,242
OR TAKE THE CASH
JEEP CHEROKEE NORTH
STK 157743
$79 PER WEEK
WAS $38,220
PRICE DROP $26,998
TAKE THE DISCOUNT
$11,222
OR TAKE THE CASH
Varsity
CHRYSLER DODGE JEEP RAM
403-730-4000
665 GODDARD AVENUE NE
VAN AND JOURNEY PAYMENTS BASED AT 3.49% OVER 96 MONTHS. CHEROKEE AT 3.99% OVER 96 MONTHS. ALL REBATES AND BONUS CASH TO DEALER. EX) CHEROKEE COST OF BORROWING OF $4976.52 WITH TOTAL OBLIGATION OF $34012.16. PRICE AND PAYMENTS INCLUDE FEES. GST EXTRA. SEE DEALER FOR DETAILS.
VARSITYCHRYSLER.COM

The national median wait time between assessment and health-care treatment in Canada is 20 weeks. JENNIFER FRIESEN/METRO

Medical wait times top national average

HEALTH CARE

Report: People are going 22.9 weeks without treatment

Elizabeth Cameron
For Metro | Calgary

Alberta Health Services (AHS) said a new report by the Fraser Institute regarding wait times for health care across Canada is difficult to interpret.

"I'm not sure if it's appropriate to compare these results with what we measure from an AHS perspective on a quarterly basis," said Dr. Francois Belanger, vice-president of quality and chief medical officer for AHS.

According to the report, Albertans face longer wait times for health care compared to the national median of 20 weeks.

Patients in Alberta can expect to wait about 22.9 weeks for treatment in total, between an initial referral from a general practitioner (GP) and receiving treatment. That's the longest wait time on record in Alberta since 1993.

"It's very hard to interpret the data based on the way the Fraser Institute did the methodology," Dr. Belanger said, adding that AHS continues to work on improving wait times.

Survey questionnaires were sent by the Fraser Institute to practitioners in 12 medical specialties. Wait times were calculated from the median of physician responses.

The report breaks down the total wait times for treatment into two sections: the time between a referral from a GP and seeing a specialist, and the time between seeing that specialist and receiving treatment.

Alberta was higher than the national median in both sections, with an average of 10.2 weeks between assessment from a GP and specialist referral, and a median of 12.7 weeks wait time between seeing a specialist and receiving treatment. The national median wait times were 9.4 and 10.6 weeks, respectively.

The increase in wait times, according to Dr. Belanger, is due to several reasons, including significant population growth in Alberta over recent years and an aging population, which means more chronic diseases and illnesses are putting pressure on the health-care system.

A patient advocacy group in Alberta said extensive wait times can have multiple consequences on a patient's well-being.

"It's a very serious issue, many of our clients are developing psychiatric and psychological concerns in conjunction with not having their physiological needs addressed in a timely fashion," said Angelica Martin, media director at Open Arms Patient Advocacy Centre.

"They are experiencing ongoing, extended stress over a long period of time. It becomes a catch-22, which concern do you treat first?"

> "I'm not sure if it's appropriate to compare these results with what we measure. Dr. Francois Belanger

POLICE

Ninth shooting of 2016 under investigation

Lucie Edwardson
Metro | Calgary

Alberta's serious incident response team (ASIRT) is investigating the ninth Calgary police officer involved shooting in 2016 — that resulted in the death of a 49-year-old man.

Sue Hughson, executive director for ASIRT said they were called in to investigate the events that led to the man's death Tuesday to determine if any CPS actions were criminal in nature.

The incident occurred Tuesday afternoon after members of CPS attempted to apprehend the driver of a stolen blue Dodge pickup truck at the Bowmont shopping mall on 16 Avenue and Home Road N.W.

Hughson said the 49-year-old male driver exited the truck and entered a business. She said CPS officers attempted to box in the stolen truck when the man exited the business and managed to get back into the vehicle.

"The man put the stolen vehicle into motion ramming two police vehicles," she said.

While attempting to contain the man and vehicle two officers fired their weapons, according to Hughson.

She said the man sustained injuries, was transported to hospital and despite best efforts to provide medical treatment, died as a result of his injuries.

Tuesday, police officials said they were asked by ASIRT not to comment on the incident. Hughson said this isn't a new practice, and that the purpose is to protect the integrity of investigations and not compromise witness accounts.

Anyone with information about the incident is asked to contact ASIRT at 403-592-4306.

Southgate
CHEVROLET BUICK · GMC

BLACK FRIDAY EVENT

20% OF MSRP CASH CREDIT ON ALL ELIGIBLE VEHICLES

ON NOW UNTIL NOVEMBER 30

SOUTHGATECHEVROLET.COM

2017 BUICK ENCLAVE
AWD PREMIUM

STK # 217011

HEATED/COOLED SEATS, SEVEN PASSENGER SEATING, 20" ALUMINUM WHEELS, NAVIGATION, SUNROOF, REMOTE START, SIDE BLIND AND REAR CROSS TRAFFIC ALERT & LOTS, LOTS MORE!!!

MSRP: $60,755

CASH PRICE **$47,295** | FINANCE FOR **$310/BW**

4.99% FOR 84 MONTHS

2016 CHEVROLET CRUZE 2LS LIMITED

MSRP: $22,125 STK # 216090

CLEARANCE PRICE **$17,495** | FINANCE FOR **$105/BW**

@2.49% for 84 MONTHS

2016 CHEVROLET SONIC RS 5-DOOR AUTO

MSRP: $25,645 STK # 216615

CASH PRICE **$21,195** | OR FINANCE FOR **$135/BW**

@0% for 84 MONTHS

2016 BUICK VERANO

MSRP: $27,175 STK # 216635

CASH PRICE **$20,495** | OR FINANCE FOR **$138/BW**

@ 0% FOR 84 MONTHS

2016 BUICK REGAL TURBO AWD PREMIUM I

MSRP: $42,655 STK # 216079

CASH PRICE **$33,995** | OR FINANCE FOR **$222/BW**

@0% for 84 MONTHS

2016 ALL-NEW CHEVROLET CRUZE LT AIR & AUTO

MSRP: $24,140

CASH PRICE **$19,995** | OR FINANCE FOR **$131/BW**

@.99% FOR 84 MONTHS STK # 216367

2016 CHEVROLET MALIBU LT

MSRP: $28,325

CASH PRICE **$23,395** | OR FINANCE FOR **$153/BW**

@ 0.0% FOR 84 MONTHS STK # 216578

2017 CHEVROLET EQUINOX LS AWD

MSRP: $31,505

CASH PRICE **$25,895** | OR FINANCE FOR **$166/BW**

@ 0.0% FOR 84 MONTHS STK # 217120

2016 BUICK ENCORE SPORT TOURING AWD

MSRP: $37,540

CASH PRICE **$30,495** | OR FINANCE FOR **$183/BW**

0.0% FOR 84 MONTHS STK # 216280

2016 CHEVROLET SILVERADO 2LT DOUBLE CAB Z71

MSRP: $53,090 STK # 216664

CASH PRICE **$40,495** | OR FINANCE FOR **$252/BW** @ **0%** FOR **84** MONTHS

2016 GMC SIERRA DENALI CREW CAB 4WD

MSRP: $74,245 STK # 216610

CASH PRICE **$55,995** | OR FINANCE FOR **$365/BW** @ **0%** FOR **84** MONTHS

Southgate
CHEVROLET BUICK GMC

403-538-0644

SOUTHGATECHEVROLET.COM

PRICES AND PAYMENTS INCLUDE ALL ADMINISTRATION FEES AND TAXES EXCLUDING GST. ALL FINANCE PAYMENTS ARE 182 BI-WEEKLY. FINANCE PAYMENTS INCLUDE SCOTIA BANK CARD BONUS ON '16 CRUZE LT, SONIC, VERANO, MALIBU & ENCORE $500, '17 EQUINOX & '16 REGAL $750, '16 SILVERADO & SIERRA $1,000. COST OF CREDIT '16 CRUZE #216090 $1,576.53, '17 ENCLAVE $8,922.33. ALL FINANCE PAYMENTS ARE ZERO DOWN PAYMENT, OAC, VEHICLE'S NOT EXACTLY AS ILLUSTRATED OFFER ENDS 11/30/2016. SUBJECT TO ERRORS OR EMISSIONS.

AMVIC

13103 Lake Fraser Drive SE

Medical marijuana users speed date to find growers

CANNABIS

Event helps ease process of landing the perfect match

Helen Pike
Metro | Calgary

Imagine if you could pick your medicine by the producer, by the grade of ingredients, production qualities — all customized to fit your needs.

Well, this is the world of medical cannabis users. They can enjoy their preferences whether that's organic, hydroponically grown, or local weed — but finding that perfect gardener, the match, or spark, can be difficult.

On Thursday, Calgary's Cannabis Society, a local not-for-profit group, is hosting its first speed dating for designated growers event.

In Canada, those who have a medical marijuana licence are allowed to get their medicine by three options: grow a limited supply of cannabis themselves, order their herb from one of the country's 36 Health Canada-approved producers, or designate someone to grow the weed for them.

"I know how much problems I've had looking for designated growers," said Lisa Kirkman.

Calgary's Cannabis Society is trying to line up dates between growers and medical users to simplify the medicine experience.
HELEN PIKE/METRO

"The hardest thing is where do you find that person ... it's just intimidating."

The event will be held to mirror a classic speed-dating model: sit, talk, share some laughs.

"Patients don't pay anything, because essentially they are the ones that need to be wooed," she said. "Having a licence to grow medical marijuana is a very valuable thing.

"People really want to do it, especially because the cannabis industry globally is, blooming, pardon the pun, it's grown so much, people want to get in on it."

Kirkman said she's going to have the government documents on hand for medical marijuana users to cement their newfound relationship with a designated grower. As the federal rules go, growers must undergo a background check, and can only grow for two people at a time.

"It's an extremely important thing," said Kirkman. "As a patient I can tell you to be able to see your plants, yourself, pick your strains, to be able to say what's working, what's not — even just visiting a beautiful garden is very good for anyone's health."

Interest for similar events is already growing in and outside of the city — much to Kirkman's surprise. She said she's heard from people in Edmonton, British Columbia, and even Ontario wanting to start similar services.

Find out more about this event at metronews.ca.

RCMP PRIVACY

Woman shocked by breach

Lucie Edwardson
Metro | Calgary

An Alberta woman said she was shocked when she received requested disclosure for a traffic ticket and also received a police report detailing an assault involving totally unrelated parties.

Cherry Dietrich said earlier this week the Cochrane RCMP provided her representative with her traffic ticket disclosure, but one of the documents included — a supplementary occurrence report — had nothing to do with her.

"I read it and it's got the person's full name, the cops names in it, exactly what happened in the incident, including some really personal information like that she was suicidal," she said.

Dietrich said she asked her representative about why it was included in the package, and he told her he simply forwarded all the information provided by the Crown from the RCMP pertaining to her case along to her.

Cochrane RCMP confirmed they were aware of the privacy breach and were investigating how it had happened.

Cochrane RCMP Cpl. Curtis Peters said this isn't a common occurrence, but it does happen.

"Errors do happen in any office," he said.

Dietrich said she thought it was "really disgusting."

"This is a major privacy breach and I'm not entirely sure how they could make that mistake," she said.

PC Alberta

NOTICE OF DELEGATE SELECTION MEETING FOR PCAA LEADERSHIP
CALGARY-FOOTHILLS

Date: Wednesday, December 14, 2016
Time: 6 p.m.
Location: Thorncliffe Greenview Community Association Hall
5600 Centre Street North, Calgary, AB

If interested in becoming a delegate for the upcoming leadership in Calgary, Alberta, on March 17-19, 2017, please send a notice of interest to Kathryn Lundy at klundybirchwood@gmail.com or 403-998-6534 by December 7, 2016 at 12 Noon.
Delegate Nominees and voters must attend the meeting in person, meet all eligibility requirements, and hold a membership by at least December 7, 2016, in order to be a delegate or vote.

More details available at www.pcalberta.org

Give the gift of delicious coffee

Treat them to Headline Coffee, the subscription service that delivers a new, Fairtrade certified coffee each month.

Order by December 22 for early January delivery

headlinecoffee.ca

MAKE SURE IT'S FAIRTRADE

SATURDAY, NOVEMBER 26 & SUNDAY, NOVEMBER 27

SPEND YOUR POINTS *plus* EVENT

$105 SAVINGS VALUE!

SPEND 50,000 POINTS
AND GET UP TO
$85 OFF†

plus get $20 WORTH OF POINTS BACK!

OR

$210 SAVINGS VALUE!

SPEND 95,000 POINTS
AND GET UP TO
$170 OFF†

plus get $40 WORTH OF POINTS BACK!

PLUS RED HOT SAVINGS Saturday, November 26 to Friday, December 2

$86 each — **ARTDECO**
ADVENT CALENDAR -
HOLIDAY BEAUTY SECRETS

$80 each — **FRAGRANCE SAMPLER & CERTIFICATE**
FOR HER or **HIM**

YOUR FREE GIFT

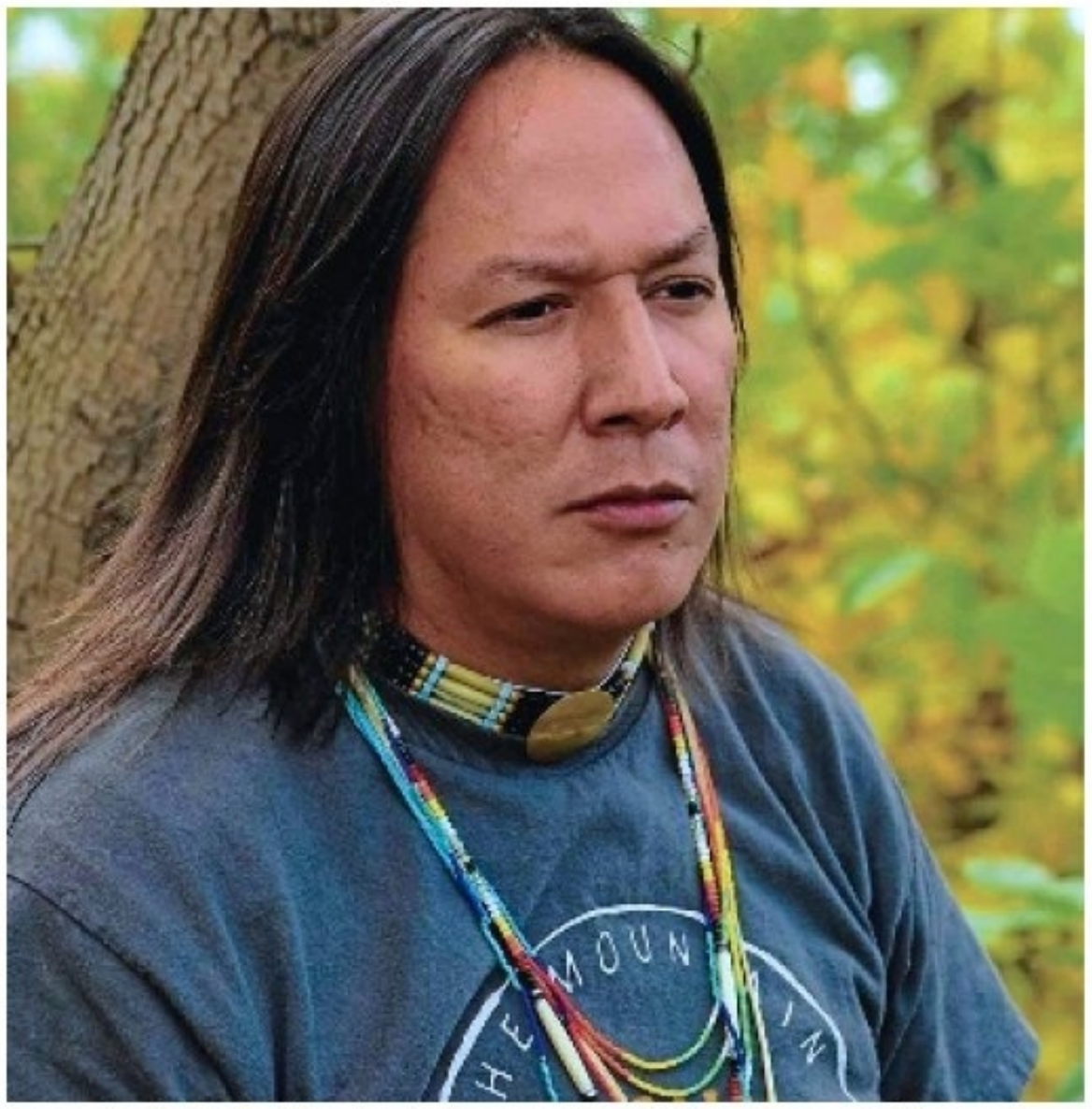
AZZARO WANTED TOILETRY BAG WITH MINIATURE FRAGRANCE (5mL)
with the purchase of **AZZARO** WANTED EAU DE TOILETTE (100mL)
While quantities last. No rainchecks

$29 each — **QUO**
TREASURED TOOLS BRUSH SET

$60 each — **BY INVITATION by MICHAEL BUBLÉ**
EAU DE PARFUM 50mL

SHOPPERS DRUG MART

Some items may not be available at all locations. Prices and Shoppers Optimum Bonus Points® in effect from Saturday, November 26 until Friday, December 2, 2016 while quantities last. We reserve the right to limit quantities. †You may only redeem at the points level specified in this offer and in a single transaction. Taxes are payable on the full purchase price prior to the application of the discount reward. Offer is a reduction off your total pre-tax purchase price of products eligible for point redemption. Points are not redeemable for cash or credit. All other reward levels remain in effect during this promotion. Offer excludes prescription purchases, products with codeine, non-printable items, tobacco products (where applicable), stamps, passport photos, lottery tickets, event tickets, transit tickets and passes, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care locations. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or promotional card offers. Valid Shoppers Optimum Card® must be presented at time of purchase. Shoppers Optimum Points® have no cash value but are redeemable under the Shoppers Optimum program for discounts on purchases at Shoppers Drug Mart. The savings value of the points set out in this offer is calculated based on the Shoppers Optimum Program® rewards schedule in effect at time of this offer and is strictly for use of this limited time promotion. The savings value obtained by redeeming Shoppers Optimum Points will vary depending on the Shoppers Optimum Program reward schedule at time of redemption and other factors, details of which may be found at shoppersdrugmart.ca. The $20 worth of points back on 50,000 points level redeemed is equivalent to 16,000 Shoppers Optimum Points®. The $40 worth of points back on 95,000 points level redeemed is equivalent to 30,000 Shoppers Optimum Points®. Shoppers Optimum Points will be awarded by December 12, 2016. See cashier for details. ® 911979 Alberta Ltd.



A new colouring book with art from indigenous artists will help put money back into youth programming and small businesses. CONTRIBUTED/MARCY KRAFFT

Colouring book pays it forward

BLACKFOOT NATION

Portion of proceeds going to small businesses

Elizabeth Cameron
For Metro | Calgary

An all-ages colouring book that launched this week is paying it forward.

Colouring It Forward was created to reflect the teachings and artists of the Blackfoot Nation, one of three nations that make up the Blackfoot Confederacy.

Ten per cent of the book's proceeds will go to youth programming or small businesses who need financial backing.

"That's part of paying it forward. It's such a battle to try and get funding for these smaller aboriginal businesses, so we want to help out," said Kalum Teke Dan, a Plains Native artist who has been painting for 23 years.

He was approached by Diane Frost, the book's creator, in July about being a featured artist on the project. Ryan Jason Allen Willert, an artist from Red Deer with roots from the Siksika Nation, also contributed artwork to the book. The storyline and teachings were guided by Camille Pablo Russell, an Elder from the Blood Tribe in southern Alberta.

> The book is about positivity and trying to learn more about your spirit.
> Kalum Teke Dan

"The book is about positivity and trying to learn more about your spirit," said Dan, who lives in Calgary and is also from the Blood Tribe.

Dan contributed 18 pieces to the book, which incorporates both traditional aspects of Blackfoot culture and several animal motifs.

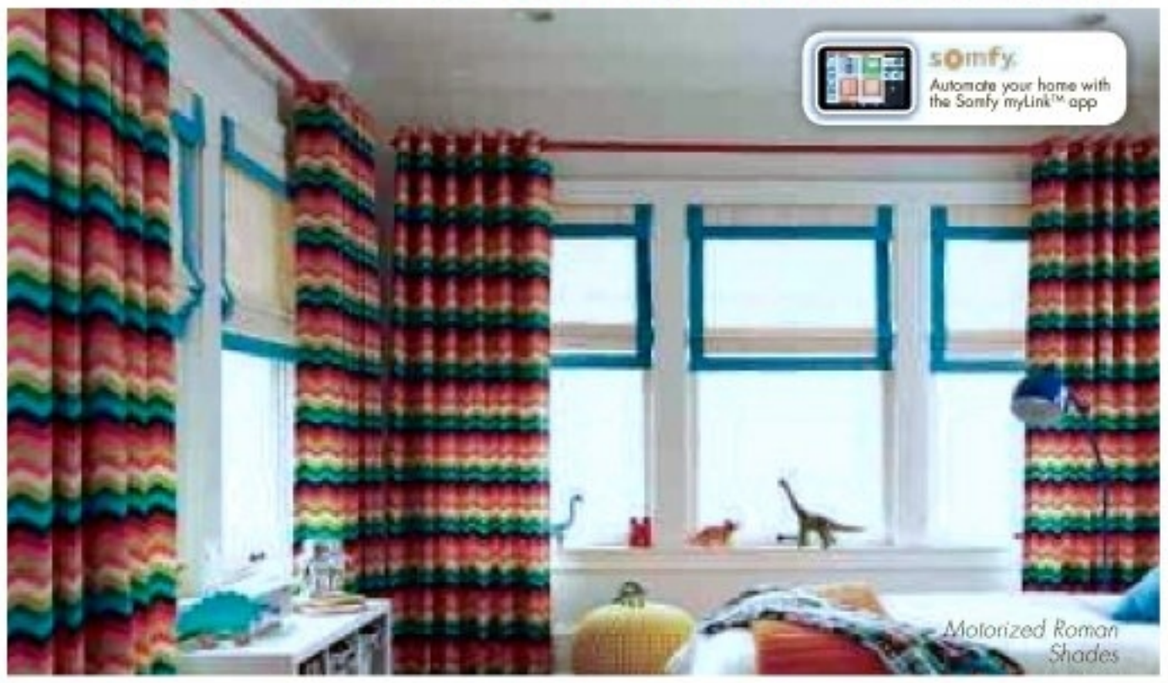
"A lot of our teachings are about day-to-day life. Everybody goes through struggles, and we use animals as examples to get through life's trials," Dan said.

The cover of the colouring book, a striking image of a passionate singer, is called "Sunset Songs," and represents being thankful for what an individual has been given in life.

Public, Catholic and aboriginal schooling systems across Alberta have expressed interest in bringing the colouring book to their classrooms, according to Dan. Several hospitals are also interested in using the colouring book as a therapeutic healing tool.

Three other books are in the works to tell the stories of the Cree, Northern Dene, and Stoney Nations of Alberta.

NOW YOU HAVE A SPECIAL APP-TITUDE FOR BEAUTY
SAVE DURING OUR MOTORIZATION EVENT



GET A REBATE UP TO $500 WHEN YOU PURCHASE MOTORIZED WINDOW COVERINGS POWERED BY SOMFY®!*

Schedule your FREE Consultation today!
866-514-4741 // Motorize2016.com

Budget Blinds
Canada's #1 Choice for Window Coverings

In-Home Consultation | Expert Measuring | Professional Installation | The Strongest Warranty

* Applies to selected Signature Series® window treatments by Budget Blinds®. Purchases of $1,000 or more qualify for a rebate of $100, purchases of $2,500 or more qualify for a rebate of $250, and purchases of $5,000 or more qualify for a rebate of $500. Some restrictions may apply. Ask for details. Not valid with any other offers, discounts, or coupons. Valid for a limited time only. Offer good or limited time at exclusive only. At participating franchises only. ©2016 Budget Blinds, LLC. All Rights Reserved. Budget Blinds is a trademark of Budget Blinds, LLC and a Home Franchise Concepts Brand. Each franchise independently owned and operated. Franchise opportunities available.

ALBERTA LEGISLATURE

Bhullar remembered for work ethic, heart

Josie Lukey
For Metro | Calgary

On the one year anniversary of Manmeet Singh Bhullar's death, the Alberta Legislature had a moment of silence to reflect on the life of the former Calgary Greenway Conservative MLA.

Alberta Progressive Conservatives also remembered their colleague who died after he was hit by a vehicle while helping a stranded motorist on the Queen Elizabeth 2 highway last November.

Interim leader Ric McIver released a statement saying the PC caucus has gone to work every day motivated by Bhullar's "work ethic, integrity and fierce devotion to serving others."

"We miss (Bhullar's) contributions and perspective, his boundless energy, his kind heart and his infectious laugh. He had a passion for leaving people and places better than he found them, which is why it was no surprise that he pulled over that night, in the middle of a snow storm, to help a stranger. It's just who he was," the statement read.

Tarjinder Bhullar sent Metro a written statement that said the family remembers Manmeet with a heavy heart.

Manmeet Singh Bhullar.
THE CANADIAN PRESS

"We miss our dear Meeta. We are thankful for friends and family who continue to share their loving memories of him with us. Your support gives us strength. His passion, principles, love and his relentless desire to help others will continue to guide us," Tarjinder wrote.

Back in June, The Calgary Board of Education decided to name a new Martindale school the Manmeet Singh Bhullar School. The school is expected to open fall 2017.

Bhullar was born and went to school in Calgary where he graduated from Lester B. Pearson High School. He was elected MLA for Calgary-Greenway in 2008 and was the youngest elected member of Alberta's 27th legislature.

CRIME

Police probing death

The death of a man in Bankview Tuesday has been deemed suspicious by Calgary police.

According to the Calgary Police Service, the homicide unit continues to investigate after a man walked into a Calgary Fire Department station on 10 Avenue S.W. Tuesday afternoon saying he needed help for his roommate.

Firefighters drove the man back to a home in the 1800 block of 17 Street S.W., where they found a man's body. Police were contacted around 1:30 p.m.

Police said early indications led investigators to believe the death is suspicious, however, it hasn't yet been declared a homicide.

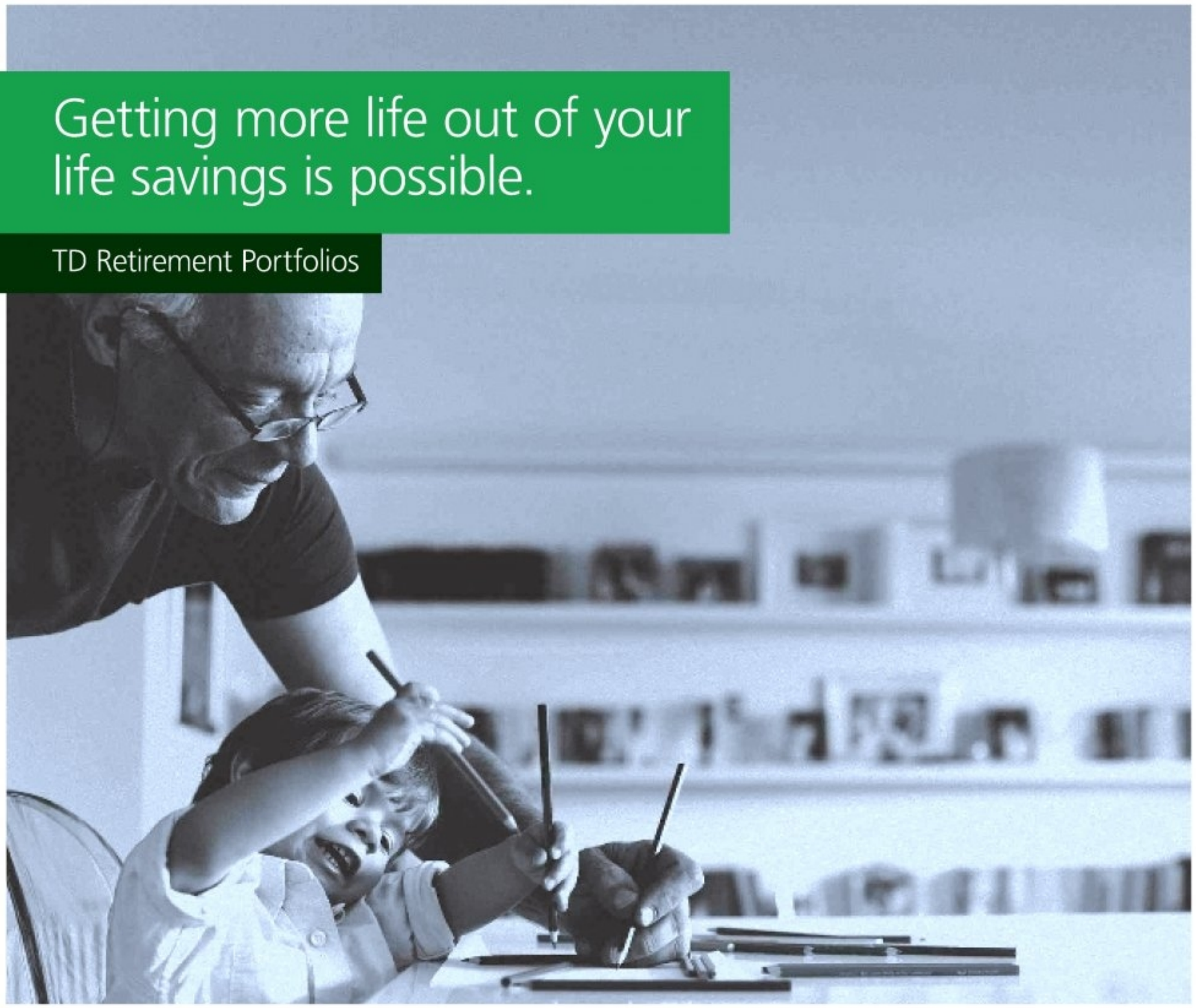
An autopsy is currently underway. The name of the victim will not be released unless the manner of death is deemed a homicide and the autopsy has been completed, said CPS.

Investigators are asking anyone who may have been in the area at the time, or who may have information about this incident, to call the Calgary Police Service at 403-266-1234 or Crime Stoppers anonymously.

METRO

Getting more life out of your life savings is possible.

TD Retirement Portfolios



Designed to help protect your retirement savings. Let us help you retire with confidence so you can continue to do the little things you love.

Learn more at td.com/tdretirementportfolios
or call 1-844-352-8736

Mutual Funds Representatives with TD Investment Services Inc. distribute mutual funds at TD Canada Trust. TD Mutual Funds and the TD Managed Assets Program portfolios are managed by TD Asset Management Inc., a wholly-owned subsidiary of The Toronto-Dominion Bank, and are available through authorized dealers. Commissions, trailing commissions, management fees and expenses all may be associated with mutual fund investments. Please read the fund facts and prospectus, which contain detailed investment information, before investing. Mutual funds are not guaranteed or insured, their values change frequently and past performance may not be repeated. ® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

GREEN ENERGY

Province steps away from electricity deregulation

Alberta is changing how it produces and pays for electricity as it enters a new era of greener energy sources.

Energy Minister Marg McCuaig-Boyd announced Wednesday the province is moving away from electricity deregulation, which ties investment to volatile swings in spot prices.

It has been in place in Alberta for two decades.

"The system must deliver affordable, stable prices and reliable energy," McCuaig-Boyd said.

"(Alberta's) current electricity market is an outlier among North American jurisdictions.

"This built-in volatility isn't enough to make sure there's incentive to build and pay for the necessary infrastructure to power Alberta's future."

McCuaig-Boyd said officials will now begin creating the framework, expected to be ready in 2021, for a new system known as a capacity market.

In the new system, power producers will be paid for spot prices, as before.

But now they will also get contracts to build up capacity — even if it isn't all needed.

The plan is to ensure there is always enough electricity in reserve to offset any potential shortages as Alberta moves to replace coal-fired electricity with a mix of natural gas-fired power along with renewables like wind and solar.

The province estimates it will need up to $25 billion in new investment in electricity generation to support this shift.

On Tuesday, Premier Rachel Notley announced that prices will soon be capped at 6.8 cents per kilowatt hour through to 2021 to protect homeowners from any price spikes during the transition.

Don MacIntyre, energy critic for the Opposition Wildrose party, called the changes unnecessary, and said all risk will ultimately be transferred from power producers to consumers.

THE CANADIAN PRESS

The hugely popular band BTS has more than three million Facebook fans — and a training model other industries could emulate. COURTESY BIG HIT ENTERTAINMENT

Investing in the future of Alberta

ECONOMY

UofC assistant prof says K-Pop a solid model for success

Aaron Chatha
Metro | Calgary

It turns out Alberta's titans of industry have a lot to learn from the androgynously good-looking teens of Korea's pop music scene.

According to Won-Yong Oh, an assistant professor at the University of Calgary Haskayne School of Business, Alberta businesses could get a lot more out of their employees by borrowing the K-Pop industry's business model.

"Traditionally, the way of doing business is like the America's Got Talent model," said Oh. "You just find some talented artists, record it and distribute it — like Justin Bieber."

Where K-Pop differs is, instead of finding someone who's already talented and on the road to success, they find fresher recruits — sometimes as young as 10 — and train them anywhere from two to seven years.

"It's not just about singing, dancing and acting. It's about how to act in front of the media, create relationships, how you talk to others and also supporting language — it's very common that those singers can speak Japanese, Chinese, English and French," he explained.

"The key is, (Alberta's model) is about finding talent. But K-Pop is about making talent."

His recent piece on the subject, published in the Harvard Business Review, is less about the music, more about the training process.

In case it's not already apparent, Oh is arguing that businesses shouldn't put so much emphasis on finding recruits who already have the skills they need with years of experience, but on training new grads and putting them on a path to specialize in the skills they need for success. It could create stronger employees, who could then reinvigorate business in Alberta with fresh and focused ideas.

K-Pop has been called South Korea's biggest export — Psy's Gangnam Style nearly broke YouTube in 2012, and the K-Pop industry is worth billions worldwide, with large followings in Canada and the U.S.

> **Don't think that just what's available is your best option.**
> Won-Yong Oh

Oh says the reason the model hasn't caught on in North America is simple: it's hard. Taking what's available is easier, but thinking outside the box and investing in the future could be key in getting out of the current economic slump.

"Companies in Alberta, they tend to do the same thing," said Oh. "Don't think that just what's available is your best option."

ALBERTA BUSINESS & EDUCATIONAL SERVICES

NEW Season NEW Career

ABES.CA HEALTH CARE AIDE

- GOVERNMENT OF ALBERTA HEALTH CARE AIDE
- RED CROSS [FIRST AID, CPR, AUTOMATED EXTERNAL DEFIBRILLATOR]
- SUPPORTIVE PATHWAYS, FOOT CARE, DIABETES, MEDICATION ADMINISTRATION, FOOD SAFE, WHIMIS, PALLIATIVE CARE
- BEST FRIENDS ALZHEIMER'S SOCIETY CERTIFICATE
- NON VIOLENT CRISIS INTERVENTION
- MONEY MANAGEMENT

15 CERTIFICATE PROGRAM

PLUS 3 CLINICAL PLACEMENTS [HOSPITAL PLACEMENTS AVAILABLE]

Abes www.abes.ca

CHANGE YOUR LIFE IN JUST 5 MONTHS | EVENING AND WEEKEND PROGRAMS AVAILABLE

Helping people transform their lives through education

CALL TODAY 1.877.300.6280 ABES.CA

Indigo

BLACK FRIDAY

NOVEMBER 24 – 29, 2016

THE HOTTEST ELECTRONIC DEALS OF THE SEASON!

$30 OFF
KOBO AURA
~~WAS $129.95~~
NOW $99.95
OFFER ENDS NOV 28

UP TO $40 OFF FITBIT!

FITBIT BLAZE
~~WAS $249.95~~
NOW $219.95

FITBIT CHARGE 2
~~WAS $199.95~~
NOW $169.95

FITBIT FLEX 2
~~WAS $129.95~~
NOW $99.95

FITBIT ALTA
~~WAS $169.95~~
NOW $129.95

OFFER ENDS NOV 28

25% OFF
BEATS BY DRE
HEADPHONES

20% OFF
ANKI OVERDRIVE
STARTER KIT
~~WAS $199.95~~
NOW $159.95
OFFER ENDS NOV 28

30% OFF
IPHONE CASES
KATE SPADE NEW YORK,
OTTERBOX, SONIX,
CASE-MATE & MORE!

50% OFF
MONSTER ISPORT
WIRELESS HEADPHONES
~~WAS $159.95~~
NOW $79.95

$30 OFF
FUJI INSTAX MINI 8
~~WAS $99.95~~
NOW $69.95

50% OFF
BLUETOOTH
SUITCASE TURNTABLE
~~WAS $99.95~~
NOW $49.97

Indigo | Chapters | Coles | indigo.ca

All offers valid while quantities last November 24-29 in select stores and at indigo.ca, unless otherwise indicated. All savings off regular or list price.
No price adjustments on previous purchases and not valid in conjunction with other offers. Sorry, no rain checks. Indigo, Chapters, Coles and indigo.ca are trademarks of Indigo Books & Music Inc.

HALIFAX

Enjoy the gentler side of roller derby

Jen Taplin
For Metro | Halifax

There is way more to roller derby than eight wheels and an attitude.

And with a new expansion in the works, Anchor City Rollers — Halifax's roller derby league — are hoping a wave of fresh skaters will discover what the sport has to offer.

Stephanie Coffin said they're launching a new Low Contact program, an expanded Learn to Skate course, and financial assistance.

Coffin, who is director of the Learn to Skate program, said the course now has four trainers instead of one and has more availability. And since some people drop out because of the intense competition, the league is starting a low-contact version.

"Competitive roller derby is a very high-contact sport, it's very rough and tough," Coffin said.

Roller derby, like any sport, has start up costs: It costs around $500-$750 for the course and gear.

"It is a huge barrier for some people," Coffin said. "We want to eliminate those barriers."

Skaters can now apply for a scholarship to help with the start-up costs.

When Shirley Jollimore started in January, she could hardly move a muscle afterwards.

"I could barely drive myself home at the end of it, I was so exhausted," said the 48-year-old mother of three.

"I would crawl up the stairs and my kids would be laughing at me … but I would come home with a big smile on my face."

Anchor City Rollers' Stephanie Coffin leaps over Liz Wile on Wednesday at the Emera oval. JEFF HARPER/METRO

POLITICS

Angus eyeing a run for NDP leadership

New Democrat MP Charlie Angus stepped aside as his party's caucus chair and indigenous affairs critic Wednesday to contemplate a potential leadership bid.

The 54-year-old northern Ontario MP is considering entering the race to replace Tom Mulcair at the helm of the NDP, a contest that doesn't come to a vote until October 2017.

"I can't be in that role if people are talking to me about running for leader," Angus said outside the House of Commons.

THE CANADIAN PRESS

UofT student Dan Proctor says friends back in the U.S. are asking him how they can study in Canada. EDUARDO LIMA/METRO

American students turning to Canada

EDUCATION

University says site traffic up 12 per cent since election

Gilbert Ngabo
Metro | Toronto

As an American citizen studying in Toronto, Dan Proctor is constantly explaining the Canadian way of life to his friends back home.

Now, since Donald Trump's election win, he's also been acting as a guidance counsellor — fielding requests about what it takes to become an international student.

"I have friends who are seriously discussing possibilities of transferring to Canadian universities," said the third year economics and cinema studies student at University of Toronto.

Information from the university backs his claims. A day after Trump's victory, UofT's website for prospective students reported nearly 10,000 American visits — that's about 12 per cent increase from normal traffic.

The school already receives an average of 350 American undergraduate students each year, and there's no reason to think that won't shoot up, said Richard Levin, the school's executive director of enrollment services.

> It's certainly frightening. I'm not surprised that many people would want to get out. Dan Proctor

"Students are always looking for a tolerant and inclusive environment to study," he said. "What happened in the election and the discussions there certainly heightened the fear and made Toronto a much more appealing place."

Both UofT and Ryerson confirmed they're increasing recruitment efforts south of the border.

"What's going on there is an opportunity for us to reach further and attract more brilliant brains," said Charles Falzon, dean of Ryerson's faculty of communication and design.

Originally from Boston, Proctor said concerns about what a post-Trump America means are especially real for women, people in the LGBTQ community and people of colour. Many fear the election may have "legitimized" discrimination, he said.

KINGSTON, ONT.

Queen's University party costumes spark debate on racism

A group of party goers wearing Tibetan monk robes. TWITTER

As they walked between classes, stood in line to grab coffee, and wandered through the hallways of the John Deutsch University Centre on Wednesday, students across Kingston, Ont.'s Queen's University campus in Kingston, Ont., were debating and talking about racism- a conversation sparked after photos of students attending a party in offensive costumes went viral.

Photos from the party showed some party goers in jumpsuits wearing sombreros, while others were dressed in Buddhist robes, as Arab men, and as Viet Cong guerrillas. The theme of the off-campus event, which was a drinking tournament, was countries of the world.

Images from the party were posted on Twitter on Monday by Toronto comedian Celeste Yim.

"A very shockingly racist party thrown by Queen's students happened and the photos make me sick to my stomach," Yim tweeted. "The costumes are indisputably and unequivocally offensive, tasteless, and should not be tolerated. Context and intentions have no bearing."

The subsequent debate raged online, particularly in the Facebook group populated by students, Overheard at Queen's. Many decried the stereotypical outfits while others said the they were not offensive, and that reaction to the photos was overblown, saying people are becoming overly sensitive.

Queen's principal Daniel Woolf released a statement Wednesday saying that the provost will be gathering information to determine if the event falls within the Queen's Student Code of Conduct.

This is not the first time Queen's University has had this kind of debate around offensive costumes.

Last month, the campus newspaper ran an editorial about offensive costumes during Halloween, and in 2015, All Year Social, a Commerce Society committee, ran a similar event that was condemned by a campus social issues organization. The Committee Against Racial and Ethnic Discrimination raised concerns over the event with the Commerce Society over culturally insensitive costumes, who decided to cancel the annual event.

TORSTAR NEWS SERVICE

20 YEARS

TGI (BLACK) FRIDAY

TREAT YOURSELF TO A FABULOUS iPHONE 6s

iPhone 6s 32GB

$0

On select 2-year plans[1]

OFFER FROM
NOV. 24-28

+ GET AN EXTRA
1GB DATA
on select plans[2]

fido
Go get it.

iPhone 6s

A one-time $15 Transaction Fee applies.*

Visit a Fido store today.

Offers subject to change without notice. *A one-time $15 Transaction Fee applies for the processing of your line activation or phone upgrade. **1.** Offer ends November 28, 2016. iPhone 6s 32GB at $0 with a 2 year Promo Plus25 plan. Early cancellation fees apply. Taxes extra. **2.** Offer ends January 3, 2017. Available with 1GB, 2GB and 3GB plans. ©2016 Fido

BRITAIN

Neo-Nazi sentenced to life for killing Cox

A white supremacist who shot and stabbed a pro-European U.K. lawmaker while shouting "Britain first" was sentenced to life in prison Wednesday for a crime prosecutors called an act of far-right terrorism.

Jurors at London's Central Criminal Court deliberated for less than two hours before unanimously finding 53-year-old Thomas Mair guilty of murdering Labour Party legislator Jo Cox.

Mair fired three shots at 41-year-old Cox with a sawn-off .22 rifle and stabbed her 15 times with a 17-centimetre dagger outside a library in the area she represented in northern England on June 16.

The murder, a week before Britain's referendum on European Union membership, shocked the country. Cox was the first British lawmaker killed in office in a quarter of a century.

THE ASSOCIATED PRESS

IN BRIEF

Construction disaster leaves many dead in China

At least 22 people have been killed and others were trapped in a scaffolding collapse at a construction site in eastern China. An official said a platform that was under construction collapsed Thursday, killing 22 and injuring two others.

THE ASSOCIATED PRESS

'I have no worries': Dalai Lama hopeful for Trump

GOVERNMENT

No meeting yet planned between spiritual leader, president-elect

Exiled Tibetan spiritual leader the Dalai Lama said Wednesday he has "no worries" about Donald Trump's election as U.S. president, adding that he expects the businessman will align his future policies with global realities.

The 1989 Nobel Peace Prize winner's remarks were his most extensive yet regarding the election of the real estate tycoon and reality television star who has called for putting America's concerns first and shown little interest in Washington's traditional espousal of global democracy and social justice.

Commenting at the conclusion of a four-day visit to Mongolia, the leader of Tibetan Buddhism said he looks forward to seeing Trump at some point following the Jan. 20 inauguration. Such meetings usually draw protests from Beijing, which accuses the Dalai Lama of seeking to split Tibet from China.

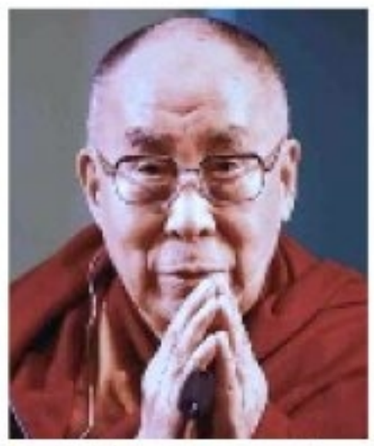
The 81-year-old monk said he has always regarded the U.S. as the leader of the "free world" and wasn't concerned about remarks made by Trump during the election campaign. Some of those comments have been cited as offensive to Muslims, Hispanics and other U.S. minority groups.

"I feel during the election, the candidate has more freedom to express. Now once they (are) elected, having the responsibility, then they have to carry their co-operation, their work, according (to) reality," he told reporters in the Mongolian capital, Ulaanbaatar. "So I have no worries."

Tenzin Dhardon Sharling, spokeswoman for the self-declared Tibetan government-in-exile in the northern Indian town of Dharamsala, said she was not aware of any plans for a meeting between the Dalai Lama and Trump.

She said the Dalai Lama and the Tibetan exile community have enjoyed good relations with successive U.S. presidents and expected that to continue under a Trump administration.

"His holiness has always put great hope in the U.S. as a champion of democracy. He hopes for continued support from the new president and his government," she said. THE ASSOCIATED PRESS



The Dalai Lama expects the President-elect will align policies with global realities. AFP/GETTY IMAGES

GOBBLE-GOBBLE

TURKEYS GET PUNNY PRESIDENTIAL PARDONS

President Barack Obama got the holiday mood started at the White House on Wednesday with the traditional pardoning of the national Thanksgiving turkey, this time with his nephews standing in for daughters Malia and Sasha.

The light-hearted ceremony in the Rose Garden also featured Iowa-raised turkeys Tater and Tot, with the latter receiving the formal reprieve.

Obama said he has used the past pardoning ceremonies to embarrass his daughters with a cornucopia of bad jokes about turkeys. "This year, they had a scheduling conflict. Actually, they just couldn't take my jokes anymore," the president said. His nephews, Austin and Aaron Robinson, filled in admirably. Obama joked they had not yet been turned cynical by Washington. "They still believe in bad puns," Obama joked. GETTY IMAGES

PC Alberta

NOTICE OF DELEGATE SELECTION MEETING FOR PCAA LEADERSHIP

CALGARY FORT PC ASSOCIATION

Date: Saturday December 17, 2016
Time: 7 p.m.
Location: Ogden House Seniors Club 2102 69 Ave. SE

If interested in becoming a delegate for the leadership election in Calgary, Alberta on March 18, 2017 please send a notice of interest to Susan Elliott at catalyst.mgmt@shaw.ca or 403-829-5775 by noon on December 10, 2016.

Delegate nominees and voters must attend the meeting in person, meet all eligibility requirements and hold a PCAA membership by December 3, 2016 in order to be a delegate or to vote. Bring proof of residency and membership to the meeting.

www.pcalberta.org has more details.

Displaced Iraqis who fled Mosul receive food and drinks on Wednesday in Bartalla, east of Mosul.
AFP/GETTY IMAGES

Thousands flee Mosul amid battle

IRAQ

As forces push deeper, Daesh extremists fight for every block

They came by the hundreds — men, women and children fleeing the battle for Mosul, some bloodied and crying out for help. So large was the crowd on the road that Iraqi troops initially ordered them back, worried that a Daesh suicide bomber could be hiding among them.

Mosul's residents are fleeing in growing numbers as Iraqi forces push deeper into the country's second largest city, and the battle-hardened extremists are fighting for every block, exploiting the dense urban terrain and using civilians as human shields.

On Wednesday the tide of displaced people reached the Samah district, where Iraqi medics treated dozens of wounded, including at least six soldiers.

At one point, four children and a man from the same family were rushed into the station, bleeding heavily as their relatives wailed in grief. A mortar round had slammed into the inner courtyard of their home. A few minutes after being brought to the aid station, a 16-month-old girl with a head wound was pronounced dead.

> **We have cut off Tal Afar from Mosul.**
> Jaafar al-Husseini

Then the main rush came — hundreds of civilians racing forward on a dirt road. The troops ordered them to halt, saying they had intelligence that Daesh might send suicide bombers disguised as civilians. One of the men raised his shirt to show that he wasn't armed, saying he was desperate for food.

Mosul, which fell to Daesh in the summer of 2014, is still home to more than 1 million people. Fearing a mass exodus, authorities have urged residents to stay inside their homes. But the presence of civilians has prevented the U.S.-backed Iraqi forces from using overwhelming force, slowing their advance and prolonging the city's agony.

The UN says at least 68,000 people have fled the fighting in Mosul, including 8,300 over the past four days.

Later on Wednesday, Iraqi soldiers arrived from the front lines with a man who was bound and hooded. They said they had caught him burning tires to help the militants hide from airstrikes and the drones that buzzed overhead. Trembling, the man said he had been forced to aid the extremists.

A spokesman for one of several Shiite militias meanwhile said they had seized a road to the northwest of Mosul linking the city to Raqqa.

"We have cut off Tal Afar from Mosul and we cut off Mosul from Syria," Jaafar al-Husseini, a spokesman for the Hezbollah Brigades, said. THE ASSOCIATED PRESS

BLACK FRIDAY SALE
UP TO 50% OFF
Mexico & the Caribbean, Florida, Hawaii and Las Vegas
Offer ends November 27
Contact your travel agent • aircanadavacations.com
MORE ADVANTAGES
The SAFETY & RELIABILITY of Air Canada and Air Canada Rouge
CONNECTING FLIGHTS from 64 Canadian cities
MAPLE LEAF™ LOUNGE access with upgrades to Business Class and Premium Rouge
aeroplan EARN & REDEEM 1,000s of Aeroplan® Miles
New bookings only made between November 23 and 27, 2016 for travel from January 5 and completed by April 30, 2017. Select packages and departure dates only. Applicable to Economy Class only. Subject to availability at time of booking. Subject to change without notice. Offers expire at 11:59 p.m. ET on the date indicated. Flights operated by Air Canada or Air Canada Rouge. For applicable terms and conditions, consult www.aircanadavacations.com. Holder of Quebec permit #702566. TICO registration #50013537. BC registration #32229. ■ ®Aeroplan is a registered trademark of Aimia Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC.
AIR CANADA VACATIONS

Trailer Park Boys have a dope idea

MARIJUANA

Working to have name on pot brand when legalized

Jen Taplin
For Metro | Halifax

They've got the whiskey covered, now onto the weed.

Trailer Park Boys inked a contract with OrganiGram Holdings Inc, a Moncton-based producer of medical marijuana, to brand their recreational marijuana product when it is legalized.

Last year the Trailer Park Boys, the Nova Scotia-filmed TV show which spawned two movies, launched their own Liquormen's Ol' Dirty Canadian Whiskey.

On Wednesday, OrganiGram announced a branding partnership. Ray Gracewood, chief commercial officer at OrganiGram, said the deal has been in the works for about a year.

"It began with both sides, in a forward-looking way, understanding the importance of brands within the recreational market space," he said. "We both have a strong Maritime connection and we're unique within our industries of being from the Maritimes."

Basically Trailer Park Boys bring the lifestyle and OrganiGram will have the product — if or when it is legalized.

Gracewood said when recreational marijuana is legalized, they will be the only licensed producer with an active selling license in the region.

THE NEXT STEP

Now the contract is signed, Ray Gracewood said the next step is to do a full creative development of what the brand and packaging will look like.

"We see there is great value within the future recreational cannabis market for the Trailer Park Boys brand."

Louis Thomas, president of Sonic Entertainment Group which represented TPB Productions Ltd., said in a statement they've been monitoring the cannabis marketplace and felt OrganiGram was a good fit.

It's a five year, exclusive branding partnership which involves a combination of royalties and non-monetary considerations.

The Liberal government has said they could introduce legislation in 2017 after examining the report from a task force.

Even though recreational marijuana is not even legal, Gracewood said they're just getting ready for the eventuality. If it doesn't happen, a caveat in the branding contract says the nature of the agreement would change.

"Having a strong celebrity-endorsed brand is part of our portfolio is very much part of our strategy."

The Trailer Park Boys, under a branding partnership with OrganiGram Holdings Inc., are looking to bring their lifestyle image to a pot brand when legalized. CONTRIBUTED/THE TRAILER PARK BOYS

SALES ADMINISTRATION & RESEARCH

Reporting to the Advertising Sales Director, Metro Calgary, the right candidate will carry out a range of administrative and operational tasks related to all levels of sales support in the Metro Calgary operation.

PRIMARY RESPONSIBILITIES:

- Responsible for all administrative projects as assigned
- Identify prospects, revenue opportunities and lead generation
- Enter new clients in CRM, update client information as necessary
- Ad creative proofing between clients and designers
- Organizing and updating media kits and sales collateral
- Direct sales support

REQUIREMENTS OF THE POSITION:

- Great organizational and time management skills
- Outstanding communication skills
- Intermediate knowledge of Microsoft Office - Word, Excel & Outlook
- Attention to details and thoroughness in the execution of tasks
- Must be a team player with a great, and we mean great, sense of humor

If you think you have what it takes for this temporary one-year contract position, send your resume and cover letter to hr@metronews.ca no later than January 15th, 2017. PLEASE QUOTE: "Sales Admin/Research – Calgary" in the subject line. We would like to thank all applicants for their interest in this position; however, only those considered for an interview will be contacted. All submissions will be treated as confidential.

metro

UNITED STATES

Potential conflicts of interest looming over president-elect

After Ivanka Trump appeared on CBS's 60 Minutes wearing a $10,800 US bracelet from her jewelry line, photos were sent to fashion writers to drum up free publicity. A firestorm of criticism erupted over the impropriety of profiting off the presidency.

If only the bracelet brouhaha was the end of it. A look at five areas where conflicts may arise:

NEW HOTEL

For use of the Old Post Office for his new Washington hotel, Trump agreed on annual rent to the government. In addition, the president-elect agreed to additional annual payments based on how well the hotel is doing. Such payments typically require drawn out negotiations each year.

"How can anyone expect a government employee to treat the Trump family like any other contractor?" asks Steven Schooner, a professor of government procurement law at George Washington University who has studied contract.

As president, Trump will have the authority to appoint a new head to the General Services Administration, the federal agency that signed the lease with Trump and will negotiate the rent each year.

Business could get a lift if foreign dignitaries decide to stay at the new hotel to curry favour with the new president.

FOREIGN AFFAIRS

Trump's extensive operations abroad raise the possibility that his foreign policy could be shaped by his business interests, and vice versa. Trump has struck real estate deals in South Korea, the Philippines, Indonesia, Uruguay, Panama, India and Turkey, among other countries.

Trump's business ties will raise suspicions that he is getting special deals abroad because he is president, and that this runs the risk of violating the Emolument Clause that forbids public officials from receiving gifts from foreign governments without the consent of Congress.

TRUMP LENDER

One of Trump's biggest lenders is Deutsche Bank, a German giant in settlement negotiations with the Department of Justice on its role in the mortgage blowup that triggered the 2008 financial crisis.

Will a Justice Department under Trump go easy on the bank? Trump will nominate the head of that agency, too.

TAX AUDIT

Trump has cited a long running audit by the Internal Revenue Service in refusing to release his tax returns. The president nominates the commissioner of the IRS who serves for five years.

Trump will also get to make appointments to the National Labor Relations Board, which rules on labour disputes. In July, the board ruled against Trump in a case involving workers trying to unionize at the Trump Hotel Las Vegas. The Trump Organization lists six other hotels in the U.S.

FLURRY OF LAWSUITS

Trump said Friday that he agreed to pay $25 million to settle three lawsuits alleging fraud at his Trump University so he could focus on his preparing for his presidency. But this could also bring problems, as Trump himself has acknowledged previously.

"When you start settling cases, you know what happens?" he said earlier this year. "Everybody sues you because you get known as a settler."

THE ASSOCIATED PRESS

metro VIEWS
Your essential daily news
Thursday, November 24, 2016

VICKY MOCHAMA
ON RACISM BY MANY OTHER NAMES

Some students at Queen's University thought it was a good idea to dress up as ethnicities for a party. It was not a good idea.

There was a brief moment where we could be proud that Halloween had passed without a major conflagration.

Blackface Christmas had passed and all through the land, not a column had to be written on it. Then, last Saturday.

Some students at Queen's University in Kingston, Ont. thought it was a good idea to dress up as ethnicities for a party.

It was not a good idea. Not just because costume parties are awful. Not only because most of those dressed up as Buddhist monks, Viet Cong guerrillas and Middle Eastern sheikhs were white. But also because other people's culture's are not costumes.

The photos from Saturday's Beerfest party are pretty jarring, but the most striking photo of the bunch is of three young black men in the middle of the event. It has since been removed from Facebook but in it, they're dressed in jeans, thin T-shirts and puffy jackets, which is one of five style options currently available to all young men. In the picture, they stand unsmilingly in a way that evokes Jim from The Office looking into the camera. Their stillness breaks the fourth wall as if to say, "Are you seeing this too?"

The cycle of outrage is familiar, but the lesson bears repeating. When it comes to white people making fun of the cultures of marginalized people, the joke is too soon.

At moments like this, considerable effort is put into explaining how a benign-seeming, unthinking act ("Let's go as Chinese food!) is, when done by a white person, a form of racism. (It's also a form of internalized racism when people of colour are complicit in it.) Individual acts of conscious or unconscious racism are still racism.

History shows that those who believe in justice for non-white people have been opposed at every turn by those who vehemently disagree.

More on that R-word later.

Considerable effort is also, and indeed as has been, put into explaining that actually this isn't real racism. That this is just "outrage" and "identity politics" and "political correctness." That this is precisely the sort of distraction from the "real issues" that led to Trump's rise.

The form of discourse referred to, often derisively, as political correctness, diversity or identity politics consists of much more than theoretical ideas and rhetorical posturing. It's about correcting a history that has been horrible to so many groups on the basis of their race, gender, sexuality, religion, ethnicity and class. It's about the push and pull between those who've been told the world is theirs and those who have to demand their right to be in it. It's about the safety of those men of colour who went to party with their friends only to find out their friends might be racists.

It's about justice and equality.

A line can be drawn from abolitionists to civil rights protesters to Black Lives Matter activists. The parallel line, however, is longer: from slave owners to the Ku Klux Klan to the alt-right movement.

History plainly shows that those who believe in justice for non-white people have been opposed at every turn by those who vehemently disagree. This disagreement, on the issue of basic entitlement to one's humanity, is rightly called racism.

For those of us who are the recipients of it, racism is simply the most apt and specific way to describe the events in our lives. But its directness scares people. Whiteness is so fragile that an accurate description is too much to bear.

So instead of calling a racist by name, we've developed language that distances individual people from racist acts. Police aren't "racists"; rather, they may occasionally "exercise" "bias." The neighbours aren't "racist"; rather, they're concerned about "school quality." Media isn't a tool of "white supremacy"; rather, it lacks "diversity."

This is how young privileged students at Queen's University come to believe that their party does no harm. It's how young privileged white men like Stephen Harper's son Ben (himself a Queen's student) believe they're equipped to define for others what racism really is. (As an aside, what is this real racism that only white men can see?) This event should put to rest the idea that racism is an effect of poor education or poverty.

The insidiousness of racism lies in the way it erases its tracks. Suddenly, things with racist overtones may have happened and yet no one is a racist.

CULTURE-AS-COSTUME Queen's University students dressed as Mexican luchador wrestlers pose for a photo at a party last Saturday. TWITTER

Under Trump, racism will have powerful ally

Linda McQuaig

I guess we should be glad that no member of the Trump family or transition team actually attended the white supremacist event in Washington last weekend where Trump's victory was celebrated with Nazi salutes.

For those looking for good news in the face of Donald Trump's presidential victory, these are the sort of slim pickings on offer.

And, sure, let's remain optimistic, but it's important we not lose our sense of horror and outrage, or allow our moral goalposts to be moved.

Nor should we get lulled into feeling grateful for any tidbit of normalcy from Trump. Just because he says he's rethought plans to bring back torture or to jail Hillary Clinton, he's still appointed as his top adviser Steve Bannon, overseer of the website Breitbart, which specializes in provocatively stirring up tensions, particularly racial ones. If Trump didn't want to stir up racial tensions, would he pick that guy?

I've always been amazed at the way Americans routinely describe their country as "the greatest democracy on earth," without considering how that characterization fits with its history of genocide against Native Americans and more than two centuries of slavery. The fact that slavery was central to the American experience is rarely acknowledged, with little attempt to make amends.

This has left a festering wound covered by a band-aid.

Not all Trump supporters want to restore the Confederacy. Many are economically suffering workers duped into believing Trump will help them, or high-income urbanites excited about promises of gigantic tax cuts for the rich. But the soft, itchy underbelly of American racism has been given a good scratching by Trump, who for years kept alive birther attempts to discredit the first black president.

Whatever damage Trump is likely to do around the globe, at home — under the guidance of master provocateur Bannon — he is almost certainly going to pick a fight with the Black Lives Matter crowd. And when he does, the man who will be there to ensure justice is done will be Trump's new attorney general, Jeff Sessions.

The Alabama senator's racial comments led to his rejection as a judge by the Republican-dominated U.S. Senate in 1986. Less well known is the insidious role Sessions played in preserving Alabama's long history of separate and unequal education. In the 1990s, 30 of the state's poorest — which is to say blackest — school districts and a disability rights group successfully challenged the system, with an Alabama judge ruling it unconstitutional. Sessions, then Alabama's attorney general, fought to ensure ongoing inequality, using his office to wage a fierce two-year battle to overturn the decision.

Given Sessions' history, it's not hard to imagine how, as the nation's attorney general, he'll clamp down on black street protesters, stripping away their civil liberties and emboldening police.

Sessions and Bannon will be fighting their old racial battles, only this time the president will have their back.

Linda McQuaig is a journalist and author.

metro
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shrout

MANAGING EDITOR CALGARY
Darren Krause

ADVERTISER INQUIRIES
adinfocalgary@metronews.ca
General phone 403-444-0136

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at
www.mymetrostore.ca

OVER 200 UNITS GM SHAGANAPPI GM IN STOCK!

NOVEMBER TO REMEMBER

BLACK FRIDAY

SAVE UP TO

25% OFF*

HOME OF THE $50,000 GIVEAWAY

1:1000 CHANCE!

PURCHASE ANY NEW VEHICLE & QUALIFY!

DRAW MADE JANUARY 2017

LEASE ME! FIRST 2 PAYMENTS ON US! DON'T PAY UNTIL 2017

2016 CORVETTE CONVERTIBLE

SAVE $20,000

STK# 62029

3LT-Z51
7-SP MANUAL
FULLY EQUIPPED

WAS $105,335

NOW $85,250

2016 CHEVY CRUZE

STK#62370

SAVE $5,600

WAS $26,435

NOW $20,835

2017 BUICK ENCLAVE

STK# 79302

SAVE $13,500

WAS $64,180

NOW $50,680

2016 COLORADO CREW CAB 4X4

STK# 64331

SAVE $11,200

WAS $49,625

NOW $38,425

2017 TERRAIN DENALI AWD

STK# 76301

SAVE $11,150

WAS $49,445

NOW $38,295

2016 SUBURBAN LT 4X4

STK#64635

SAVE $20,000

WAS $89,875

NOW $68,875

2016 GMC SIERRA 2500 DURAMAX!!

SLT CREW CAB 4X4

STK# 6272

SAVE $20,000

WAS $85,065

NOW $65,065

2016 GMC YUKON DENALI AWD

SAVE $20,000

STK 66960

ULTIMATE 7 PASSENGER UTILITY
FULLY EQUIPPED WITH 6.2L V8
8 SPEED AUTOMATIC
SUN & ENTERTAINMENT PACKAGE
22 INCH ALLOY WHEELS

WAS $90,275

NOW $70,275

ALL NEW 2016 PURCHASES WILL INCLUDE OUR **AUTO4LIFE**

10 YEAR/ 160,000 POWERTRAIN WARRANTY

REBUILD YOUR CREDIT!

GET APPROVED FAST!
DRIVE AWAY TODAY

www.shaganappi.com

On the corner of Crowchild & Shaganappi Trail NW. Take Northland Dr. Exit off Crowhild Tr.

*T&D, vehicles may not be exactly as illustrated. All Available Programs Applied. See Dealer for Details. Taxes Extra. Vehicles Displayed Are Available At Time Of Print.

GM

SHAGANAPPI

403.288.0444

metro LIFE
Your essential daily news

Your career is in your hands.
ROBERTSON COLLEGE
Massage Therapy
Program starting soon.

5 PALETTES FOR THIS HOLIDAY SEASON

Whether you are looking for a glamorous New Year's Eve look, something you can wear to the office Christmas party or a palette you can take on a cold-escaping vacation, these holiday sets will help you put together the perfect makeup looks for the season. SAMANTHA EMANN/METRO CANADA

1 Kat Von D Metal Matte

Different from the warm brown and berry shades of many of the other holiday offerings, this palette contains mostly cool-toned shadows. The shimmers and mattes are all smooth and highly pigmented. There are some bright, stand-out colours as well as more toned-down neutrals and pastels. Because of its bigger size, it is not the most travel friendly. Despite that the beautiful colours and package artwork make it my favourite of the bunch. AVAILABLE AT KATVONDBEAUTY.COM

2 Urban Decay Naked Ultimate Basics palette

This all-matte addition to the iconic Naked line puts a little colour into this neutral-toned series. With beautiful rose-gold packaging it departs from the others with its square shape and a mirror to match. The 12 shades are similar to the quality of the original, smaller Naked Basics palettes. If you are looking for a palette that is good for everyday, work-appropriate looks, this is it. Blend with care because these shades can get a little muddy. AVAILABLE AT SEPHORA OR URBANDECAY.CA

3 Grande Hotel Café palette collection

Have multiple makeup junkies on your gift list? This set, though at a higher price point, offers three mini eye shadow and blush combo palettes that would make cute gifts as a set or individually. They each contain a different colour scheme and even different holiday-themed scents like eggnog latte and peppermint mocha. The main packaging is cute but a little bulky. AVAILABLE AT SEPHORA OR TOOFACED.COM

4 Nyx Love Contours All and Wanderlust palettes

Looking for a holiday gift or look on a budget? The Love Contours All palette contains the brown and berry shades of the season, offers some face highlight and contour, and even brow shades to help complete your look. This palette is a great gift for someone who is looking to dip their toes into the makeup world. The travel-friendly Wanderlust palettes contain six shadows and a lip colour that complements those shades. Some of my favourites of the Wanderlust series for the season include Madrid, Copenhagen and Vancouver. AVAILABLE AT SHOPPERS DRUG MART

5 Tarte Pretty Paintbox Set

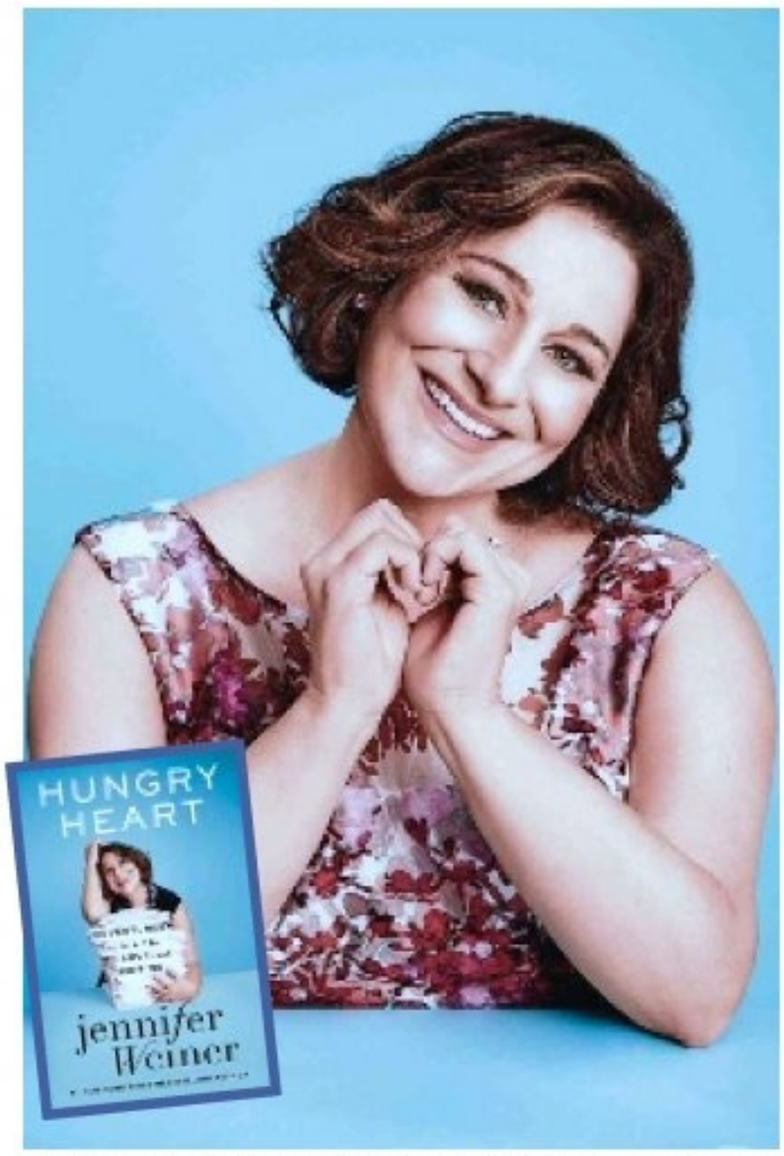
This holiday offering from Tarte is perfect to take on that winter vacation to somewhere warm and sunny. You will have almost everything you need from blush, highlight, contour and bronzer to a full-size eyeliner and mini mascara and lip paint. All of this is contained in the same cute zip-up box the size of a book and also manages to include a small mirror. The amount and shade range of eye shadows just adds to the appeal. AVAILABLE AT SEPHORA

Hands-on training to prepare me for my massage therapy career

New at Robertson College:
Massage Therapy Diploma Programs

Contact us now to learn more.

ROBERTSON COLLEGE
robertsoncollege.com
403.920.0070
Programs in Health Care, Business & IT



In Hungry Heart: Adventures in Life, Love, and Reading, best-selling author Jennifer Weiner reveals how she has used her personal life as inspiration for her novels. CONTRIBUTED

Beyond 'shoes and bags and husband-hunting'

INTERVIEW

Weiner covers some tough times in her new memoir

Sue Carter
For Metro Canada

When Jennifer Weiner woke up on Nov. 9, the morning after Donald Trump won the U.S. election, she asked herself, "What am I doing?"

For a moment, the best-selling author — who has sold millions of copies of her 14 books, including Good in Bed and In Her Shoes — thought about giving it all up. "I'm writing novels, shouldn't I be marching in the streets for the next four years?" Weiner questioned. But then she reasoned: "Stories have power and stories make a difference."

Weiner is disheartened that "there are a lot of people in America who seem to be OK with a really cruel, really vulgar, really angry kind of misogyny," but it's now fuelling her work. While some authors shy away from the word "activism," she doesn't have a problem. Weiner has always made it clear whom she is writing for, and why. "I think about what I read in school and as an English major in college, and it was white guys, white guys, white guys, white guys. Occasionally they would throw you Virginia Woolf or Jane Austen, but mostly we learned … that male voices and male stories were what mattered," she says. "I've always been pretty outspoken about the idea of women's stories mattering and being as important as the stories that men tell."

From the onset of her career, Weiner, whose name became synonymous with the now out-of-fashion, often-derogatory term "chick lit," publicly fought those who mocked the genre's glittery feminine covers and focus on "shoes and bags and husband-hunting," as she writes in her new memoir, Hungry Heart: Adventures in Life, Love, and Reading. The essay collection includes some of Weiner's early writing, dating back to her first newsroom jobs after graduating from Princeton University.

Despite her confidence and the fact that Weiner is far from a newbie when it comes to writing personal essays, she admits that the memoir felt a bit like walking on a tightrope. "If you look down, if you start thinking too hard about who's going to read this and what they're going to think and what they're going to say, you can just scare yourself into just total immobility," she says.

Hungry Heart covers broad and intimate territory, including Weiner's early school days as an introverted, book-loving outsider; boyfriends and babies; and her challenges with weight gain and loss. She openly reveals how she has used her personal life — including break-ups and her mother's late-in-life coming out as a lesbian — as inspiration for her novels.

The book also covers some tough and emotional times. In particular, Weiner says her father's addiction and subsequent death was difficult to put on the page, but she felt she needed to push through for her readers. "Even though it was hard and it was dark and it was no place I wanted to go, I thought I can't be the only one that something like this has happened to," she says "I think that shame is such a big issue for women."

Breaking that cycle of shame has always motivated Weiner. "I think that so many of us have been told that we need to feel ashamed of the way we look or the way we sound or what we want or how our lives have been," she says. "I thought, if I tell this story and somebody feels less ashamed and less alone, I will have done my job."

Sue Carter is the editor at Quill & Quire magazine.

THE LOTTERY

Classic chiller gets graphic treatment

Shirley Jackson's The Lottery
By: Miles Hyman
Publisher: Hill and Wang
$42, 160 pages

Mike Donachie
Metro | Canada

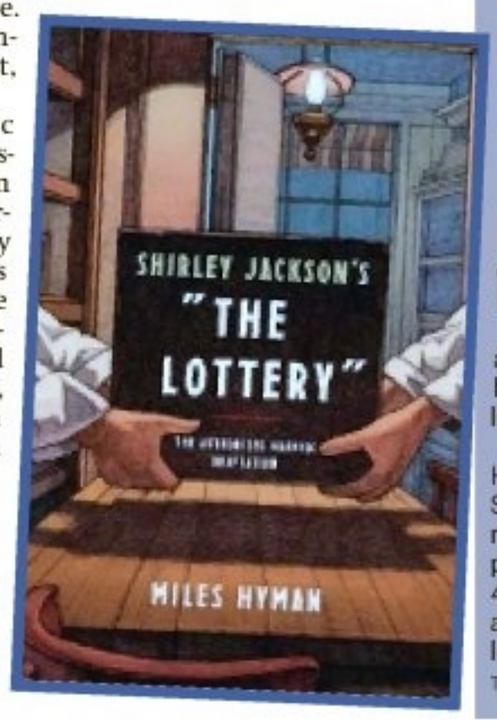
Shirley Jackson's The Lottery is one of the most important, most respected short stories in American literature. So, to turn it into a comic book would cheapen it, right? Wrong.

This beautiful graphic novel adaptation of the classic, chilling story has been produced to commemorate the 100th anniversary of Jackson's birth, and it's a personal project for the graphic novelist. Miles Hyman, who has restructured the story and given it a new, visual dimension through lavish art, is the grandson of the famous author.

As a graphic novel, it just works. As a story, which has influenced writers from Neil Gaiman to Stephen King, it continues to work as well as it has since it appeared in the New Yorker in 1948.

It is, of course, the story of a dark ritual in a small town, and a grim comment on group thinking and the way some will blindly follow tradition, however stupid it may be.

Hyman sticks to its original setting, giving it a post-war feel in his almost Rockwellesque style, and letting the pictures tell the story as he keeps the dialogue sparse.



BOOK BRIEF

Canadians listed for Irish literary prize

Celebrated authors Margaret Atwood and Lawrence Hill are among 14 Canadians longlisted for the 2017 International Dublin Literary Award.

Atwood is in contention for The Heart Goes Last, while Hill is in the running for The Illegal.

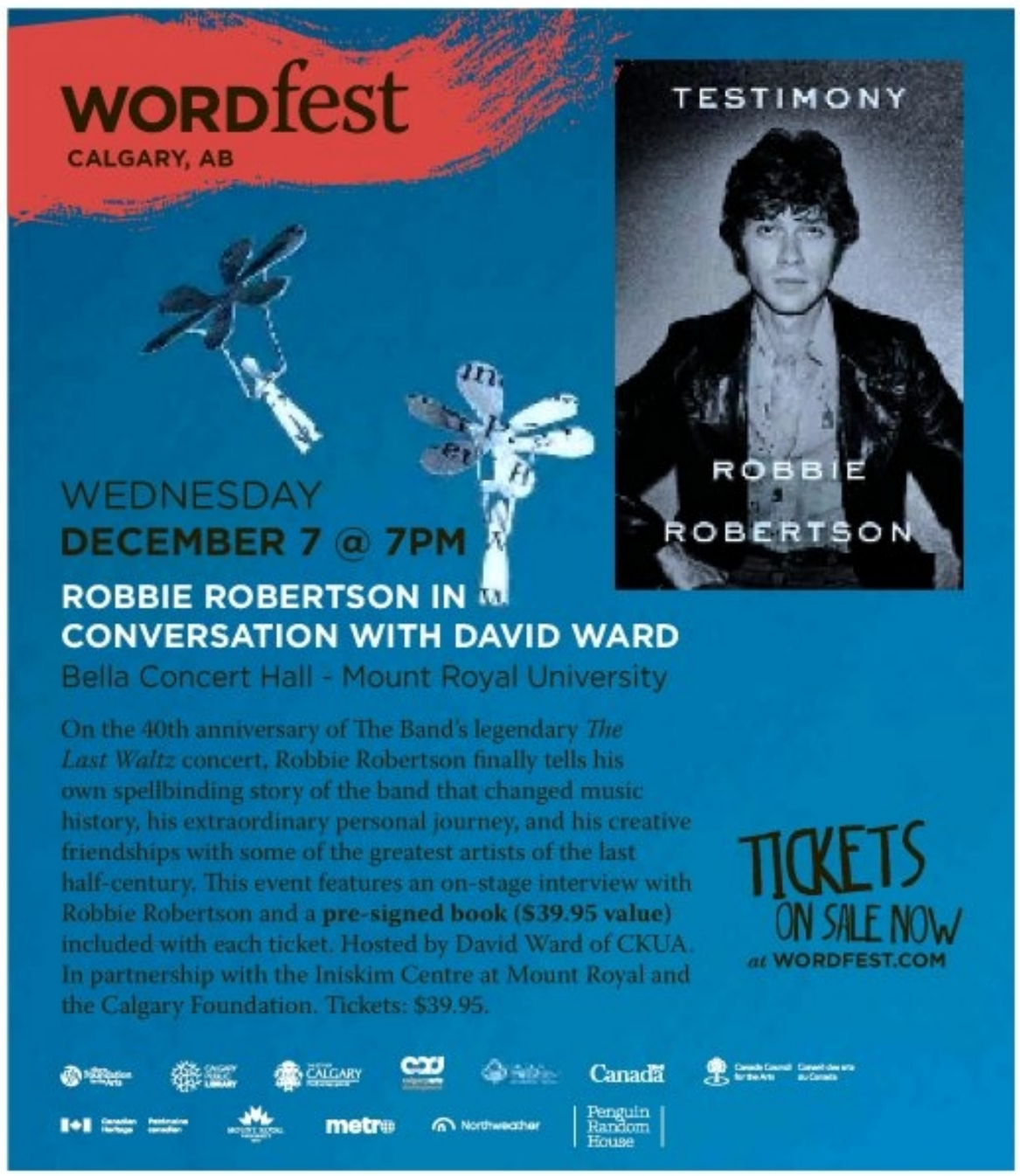
Other homegrown writers vying for the lucrative literary prize are Scotiabank Giller Prize winners Andre Alexis for Fifteen Dogs and Patrick deWitt for Undermajordomo Minor.

The $100,000-euro ($143,000 CDN) International Dublin International Literary Award is billed as the world's most valuable annual literary prize for a single work of fiction published in English.

The Canadian novels are among 147 titles that have been nominated by libraries worldwide.

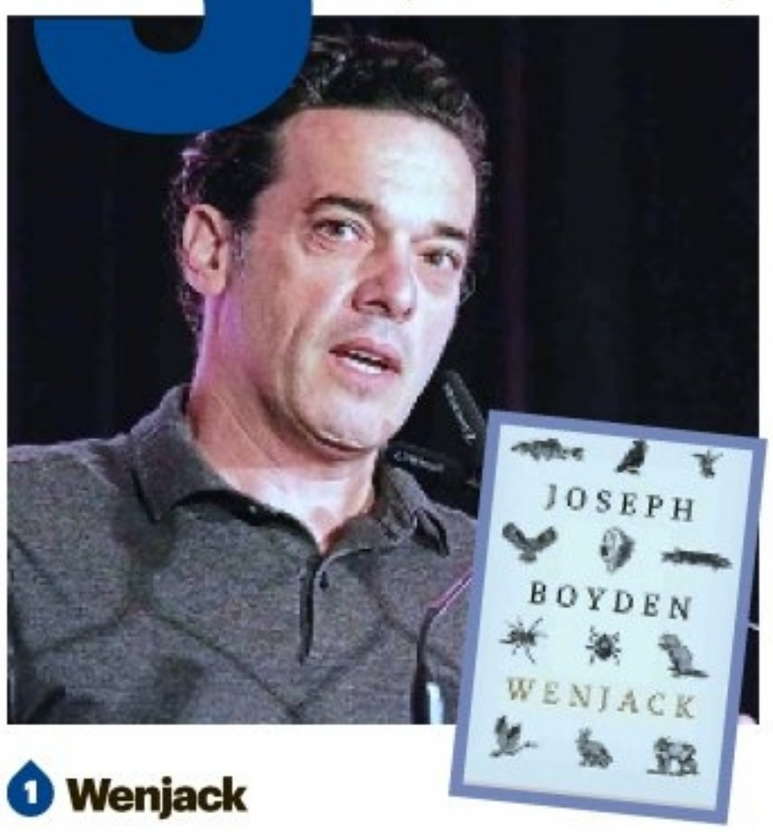
Libraries in Calgary, Halifax, Montreal, Ottawa, St. John, St. John's, Sydney, Toronto and Winnipeg were among those in 40 countries who nominated books for the 2017 longlist.

THE CANADIAN PRESS



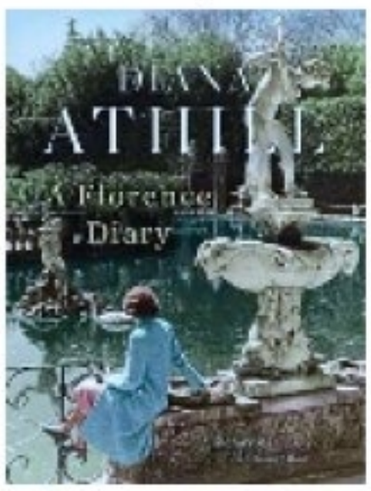
5 LITTLE BOOKS TO READ ON THE GO

Tinier than a Kindle, smaller than an iPad. These books are great for your pocket or purse — ready for when you need an escape or inspiration. TORSTAR NEWS SERVICE



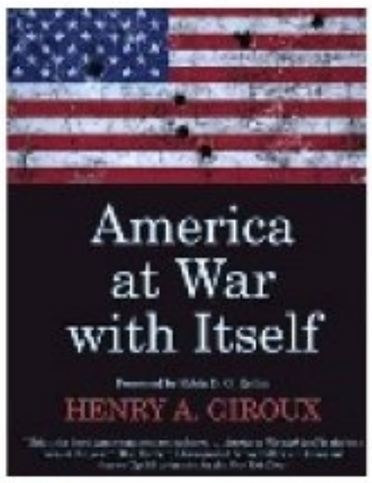
1 Wenjack

Chanie Wenjack was 12 when his body was found beside the railroad tracks days after he ran away from his residential school in Kenora, Ont. Fifty years later, the Ojibwe boy is being remembered in music (Gord Downie), film (Terril Calder), graphic novel (Jeff Lemire) and this magical novella, the chapters alternating between Chanie's journey and the spirit animals who document his quest.



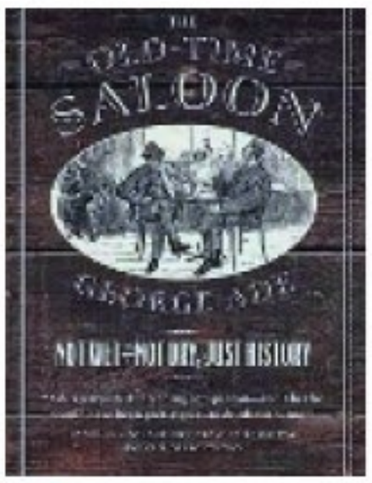
2 A Florence Diary

Diana Athill is the patron saint of late bloomers. Her breakthrough book was Stet, published in 2000 when she was 83, a memoir about her editing career at publisher André Deutsch. Five autobiographical books followed. Now, at 99, she brings us A Florence Diary, entries from her 1947 diary, when she and cousin Pen went on a two-week holiday to Florence.



3 America at War With Itself

We certainly don't need a book to inform us that America is at war with itself. The election has done this and then some. Giroux's purpose in his slim new book is to look at the manner in which totalitarianism is finding expression today and explain the crucial role education can play in undermining what has been called soft fascism.



4 The Old-Time Saloon: Not Wet, Not Dry, Just History

Here's a gem for gentlemen and gentlewomen who enjoy a tipple. It was written in 1931, two years before Prohibition ended, by Chicago journalist George Ade. His subjects are the saloons that flourished pre-Prohibition and often featured a free lunch (sardines, pretzels and other thirst-inducing snacks).

5 Object Lessons

Here's a neat idea from Bloomsbury, the U.K. publisher. So far, there are 19 books in the series, each telling us as the editors put it, "the hidden lives of everyday things." Torstar News Service recently received four Object Lessons — Password, Bread, Questionnaire and Hair — and each is entertaining.

UNIVERSITY OF CALGARY

Canadian Diabetes Association

SATURDAY, NOVEMBER 26, 2016
8:00 a.m - 2:00 p.m.
LIBIN THEATRE & HRIC ATRIUM,
HEALTH SCIENCES CENTRE
UNIVERSITY OF CALGARY
CUMMING SCHOOL OF MEDICINE
3330 HOSPITAL DRIVE NW
CALGARY, ALBERTA T2N 4N1

Join us for an event-filled day:
- Updates on research
- Information sessions
- Motivational speakers
- Exhibitor booths

PRE-REGISTER TO BE ENTERED TO WIN OUR DOOR PRIZE!

THE 14TH ANNUAL
DIABETES AWARENESS DAY
& EXPO

MEDIA SPONSORS
CTV AMGEN AstraZeneca Alberta Blue Cross
metro MERCK Lilly LIBIN WILLIAM OSLER HEALTH SYSTEM

LEARN MORE AND REGISTER NOW:
DIABETES.CA/DIABETESEXPOCALGARY 403.266.0620

Darlings of the burgeoning poetry scene

SPOKEN WORD

Performances become a viral sensation for 25-year-old

Genna Buck
Metro Canada

When Sabrina Benaim was going through surgery for a thyroid tumour at the age of just 25, her best friend noticed that the very real lump in her throat was causing her to "swallow her words," both literally and figuratively.

She signed Benaim up for a spoken-word poetry class at OCAD University.

That was back in 2013.

Now Benaim is a darling of the Canadian spoken-word poetry scene and at the forefront of a huge shift in the way young people are interacting with verse.

That initial class led to public readings, then the underground tournament at the Canadian Festival of Spoken Word in Winnipeg, and a stint on Toronto's competitive slam poetry team. Her first book is coming out soon. With lines like, "When I say hello, I mean thank you. When I say thank you, I mean I adore you and when I say I adore you, I mean I will check your horoscope," Benaim's performances have become viral sensations.

Her work speaks to a generation of young people whose first encounter with poetry is less likely to be in a classroom than on social media.

Button Poetry, a multiplatform publisher with 600,000 YouTube subscribers, gave Benaim her big break two years ago: Her poem Explaining my Depression to my Mother has four million views. Some performances on the channel have upwards of 10 million.

"In my experience, with my poem exploding, 90 per cent of the messages I received — and I receive a good amount of messages, still — are 'Thank you for putting into words what I couldn't put into words,'" Benaim said.

"I think the resurgence of spoken word, honestly, is that we're feeling very disconnected with the world we're living in, with social media being kind of a barrier. It opens us up to everybody but it also closes us off in a lot of ways."

The corporate world is taking notice of the trend. Verses from Somali-British poet Warsan Shire appear on Beyonce's visual album Lemonade. Spoken-word artists performing their own work provided the soundtrack to Sport Chek's "What It Takes" series of Olympic ads this past summer (Benaim narrates the third TV spot in the series).

It doesn't get more mainstream than that.

One of Benaim's early influences was the spoken-word poet Sarah Kay, who is best known for her viral 2011 TED talk If I Should Have a Daughter.

FIVE YOUNG POETS TO WATCH OUT FOR

Rupi Kaur

PHOTO BY KP KAUR

Born in India but raised in Brampton, Ont., 24-year-old Rupi Kaur is known as "the insta-poet" because she gained fame for her short poems and whimsical line drawings on Instagram.

Daniel Tysdale

PHOTO BY ANDREA CHARISE

This Saskatchewan-born poet, who now teaches at the University of Toronto is known for his Everything You Need to Write a Poem TEDx talk and his Fauxccasional series of poems on YouTube, which explore alternate histories.

Sachiko Murakami

A widely published poet who hails from the west coast, Marikami mines Facebook for poetry prompts. One result was a series of poems about people's airport stories.

Chimwemwe Undi

Undi's performances meld playfulness and humour with storytelling about religion and the immigrant experience. She's a veteran of the Winnipeg youth poetry slam.

Andre Prefontaine

This prairie native is a regular in the Toronto spoken-word scene and international competitions alike with pithy, occasionally X-rated haikus.

Get up to 30,000[1] Aeroplan Miles.

Offer ends December 2, 2016.
Don't miss all those miles.

Conditions apply.

Visit tdaeroplan.com/ca or call
1-888-714-4459 to learn more

TD Banking can be this comfortable.

[1] Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan *Visa Infinite* Card Account ("Account") only after the first Purchase is made on the Account. To receive the additional 10,000 Aeroplan Miles, you must also: (a) apply for an Account between September 3, 2016, and December 2, 2016; and (b) make $1,000 in Purchases on your Account, including your first Purchase, within 90 days of Account approval. To receive the additional 5,000 Aeroplan Miles you must also (a) Add an Authorized User between September 3, 2016, and December 2, 2016; (b) Authorized User must call and activate their Card by January 16, 2017, and (c) your Account must be in good standing at the time this 5,000 Bonus Aeroplan Miles is awarded. You can have a maximum of three (3) Authorized Users on your Account but you will only receive 1 (one) 5,000 Bonus Aeroplan Miles offer. Annual Fee for each Authorized User Card added to the Account will apply. The Primary Cardholder is responsible for all charges to the Account, including those made by any Authorized User. If you have opened an Account in the last 6 months, you will not be eligible for these offers. We reserve the right to limit the number of Accounts opened by and the number of miles awarded to any one person. Please allow 8 weeks after the conditions for each offer are fulfilled for the miles to be credited to your Aeroplan Member account. Offers may be changed, withdrawn or extended at any time and cannot be combined with any other offer unless otherwise specified. These miles are not eligible for Aeroplan status. All trade-marks are property of their respective owners. ® The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. ® The Aeroplan logo and Aeroplan are registered trade-marks of Aimia Canada Inc. ® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

‘We cannot rely on social media as our only action’

INTERVIEW

Erin Wunker explains why the world needs feminist killjoys

Erin Wunker says speaking out and speaking up is more important now than ever. SUPPLIED

Erin Wunker is a feminist killjoy. She didn't invent the phrase but she wrote the book on it — literally. Notes from a Feminist Killjoy: Essays on Everyday Life was released this month by BookThug, a Toronto indie publisher.

A feminist killjoy, according to Wunker, is a paradoxical figure "who takes pleasure in the work of interrupting the patriarchal norms that pass as joys." Feminist killjoys are critical of happiness derived from oppression — an off-colour joke, an old boys' club, outdated expectations of how women should look or act, many of the comments about women, Muslims, black people, Hispanics, disabled people and other groups made by a certain president-elect.

"She will not tolerate casual instances of racism or classism. She won't keep quiet to maintain a smooth dinner conversation," writes Wunker, who credits U.K. feminist scholar Sara Ahmed with first using the term.

Torstar News Service spoke with Wunker, a literature professor at Acadia University, from Nova Scotia, where she lives.

What does a feminist killjoy do?

A feminist killjoy calls out and refuses to be complacent with the so-called joys of patriarchal culture. It can come in the form of an uncomfortable holiday dinner conversation where you have to say, "Well, actually, family member, you just made a racist statement." It can also come in the form of speaking out among your friends or public places or the media.

What are some of those joys that might be problematic?

Just thinking about the U.S. election, as a white woman voter, voting for a racist white man is in some way an act of enabling white supremacy. The fact that white women overwhelmingly voted for Trump instead of a woman is a clear indication of the ways in which we learn patriarchy and misogyny. We get born into and learn those systems. We look for somebody with the most power and if it's a woman, you say, "That can't be right." And you look elsewhere.

You argue in the book that patriarchal culture is so pervasive as to be invisible. But do you think the presidential campaign made some of that more visible?

Yes, absolutely. There are moments in time — and the U.S. election is one of them, where we get a clear snapshot of the depths of racism and misogyny. But I've spoken to friends in both Canada and the U.S. and my friends of colour are not as shocked at the results of the election as my white, liberal friends are. I'm white and we don't live the same kind of everyday oppression that people of colour do.

Do you think this attitude will come to Canada? Do you think it's already here?

I think it is here. We've seen reports of Jewish students on Canadian university campuses waking up the morning after the election with swastikas on their doors. A public declaration of the sort we just saw in the U.S. is a licence for people who are feeling threatened by genuine multicultural collaboration and interracial allyship. People ... are turning to hate as a way of channelling their fear and trying to find some power.

There definitely seems to be a solidarity movement, at least online. Can you find anything to be optimistic about in that?

I do think social media can be an effective tool for organizing. I'm thinking about not only the recent election but about, during the Ghomeshi trial proceedings, the #BeenRapedNeverReported hashtag. People found solace in one another there. Idle No More used social media brilliantly and continues to. But what the indigenous leaders and activists do so brilliantly with this movement is to not only rely on social media.

TORSTAR NEWS SERVICE

AUTHOR

Galloway apologizes in public statement

Author Steven Galloway has issued his first statement since he was suspended a year ago by the University of British Columbia over what it has only described as "serious allegations."

He was fired as creative writing chairman in June under a veil of secrecy. He said in the statement issued Wednesday by his lawyers that the "harm flowing from UBC's conduct" has reached such a level that he asked his counsel to provide clarity.

Galloway confirms that he was accused of sexual assault but says the only complaint substantiated by a former judge's investigation was that he had an affair with a student.

"Mr. Galloway profoundly regrets his conduct and wishes to apologize for the harm that it has caused. He does not seek to minimize it or to hide from it," the statement says.

"He seeks fair treatment for all involved, and an end to the scurrilous assertions and accusations that have proliferated in the vacuum of information."

The university tasked Mary Ellen Boyd, a former B.C. Supreme Court judge, with investigating complaints against Galloway in December. Her report, submitted in April, has never been made public.

Galloway's statement says after an exhaustive review of all evidence, Boyd found on the balance of probabilities that Galloway had not committed sexual assault.

Of the other allegations made against him, the statement says Boyd found that one constituted a violation of university policy. She found he engaged in "inappropriate behaviour" with a student while both were married, and that the affair lasted two years, it says.

The statement says Galloway has grave concerns with the investigative process followed by the university, including but not limited to the way it chose to communicate with the public.

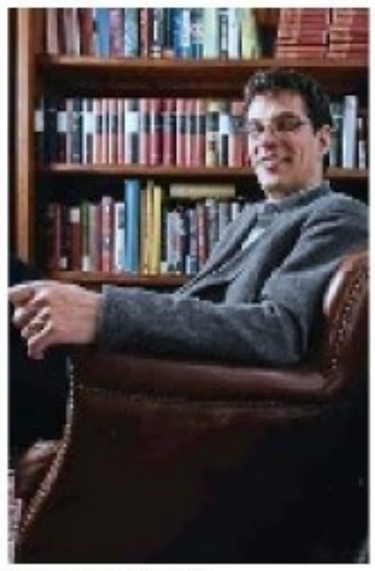
Last week, 88 prominent authors, including Margaret Atwood and Joseph Boyden, signed an open letter calling for an inquiry into the school's handling of the case. After being accused of silencing women who might come forward in the future, Atwood issued a brief apology Wednesday.

The Canadian Press has spoken with five people who filed complaints based on behaviour they say they witnessed or experienced. They said the complaints included sexual harassment, bullying, threats and an incident in which Galloway is accused of slapping a student.

Chelsea Rooney, who filed a complaint alleging sexual harassment, said complainants had concerns about the process too. She said they were pressured not to talk to one another and incidents they told Boyd about didn't end up in her report.

"Steven Galloway has chosen an interesting moment to go public, now that Canada knows he has these 88 powerful authors on his side," Rooney said. "My question is, 'Who is he apologizing to, and what is he apologizing for?'"

THE CANADIAN PRESS


Steven Galloway TORSTAR NEWS SERVICE

BLACK FRIDAY
3 DAYS ONLY

TOPSHOP

FRIDAY, NOVEMBER 25-SUNDAY, NOVEMBER 27, 2016

50% OFF
SWEATERS & COATS

PLUS, 20% OFF ALL OTHER REGULAR PRICED MERCHANDISE*

CALGARY DOWNTOWN, CHINOOK CENTRE, SOUTHCENTRE

*REGULAR PRICED ITEMS ONLY. CANNOT BE COMBINED WITH ANY OTHER OFFER.

HUDSON'S BAY

TOPSHOP

STARTS FRIDAY, NOVEMBER 25 TO SUNDAY, NOVEMBER 27, 2016

STORES OPEN AT 7 A.M.
FRIDAY, NOVEMBER 25 ONLY

HUDSON'S BAY

BLACK FRIDAY WEEKEND SALE

FRIDAY, NOVEMBER 25

First 200 customers in store Friday at 7 a.m. receive a **$20 savings card**
No purchase required. See below for details.

FREE SHIPPING AT THEBAY.COM on any purchase
No minimum spend required.
See online for details.

FRIDAY TO SUNDAY
NOV. 25 TO NOV. 27

10% OFF COSMETICS & FRAGRANCES
Excludes Hermes and Dyson super sonic hair dryer.

SATURDAY & SUNDAY
November 26 and 27
from store open until 1 p.m. each day

SAVE AN EXTRA 15% ON ALMOST ANYTHING
in the store when you use your Hudson's Bay MasterCard® or Hudson's Bay Credit Card.
See below for details.

SAVE $35
$99.99
SOREL Winter Carnival boots for women Reg. $135
20% OFF other SOREL boots for women.
15% OFF UGG footwear for women.

$79.99
Dresses by CALVIN KLEIN, TOMMY HILFIGER and IVANKA TRUMP
Reg. $129 to $229
50% OFF other dresses by DEX, LORI MICHAELS, GABBY SKYE and CHETTA B.
40% OFF women's suit separates.
In our women's dress and suit departments. See below for exclusions.

SAVE UP TO $39
$39.99
Women's jeans by NOISY MAY and JESSICA SIMPSON
Reg. up to $79
$34.99 ADOLESCENT CLOTHING Christmas sweatshirs for women. Reg. $59
$19.99 ADOLESCENT CLOTHING Christmas T-shirts for women. Reg. $35

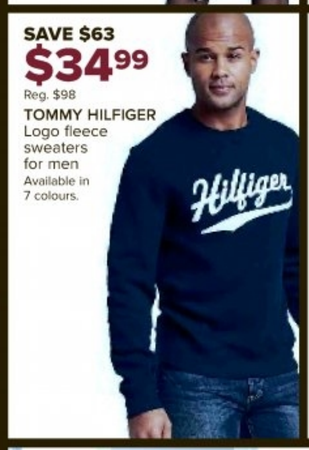
50% OFF
Men's suits, suit separates, sport coats, dress pants and dress outerwear
In our suit, suit separates, sport coats and dress outerwear departments. See below for exclusions.

50% OFF
Women's fashion by KARL LAGERFELD PARIS, STYLE&CO., CALVIN KLEIN SPORTSWEAR, DEX, KAREN SCOTT, JESSICA SIMPSON, CHAPS, BUFFALO DAVID BITTON, CALVIN KLEIN JEANS, I.N.C INTERNATIONAL CONCEPTS, LORD & TAYLOR and more
See below for exclusions.

SAVE $20
$19.99
ADIDAS T-shirts for men
Available in 5 colours.
Reg. $40

$29.99 ADIDAS joggers for men. Available in 4 colours. Reg. $55
30% OFF other activewear for men. In our activewear department. For all activewear offers, see below for details.

SAVE $63
$34.99
Reg. $98
TOMMY HILFIGER Logo fleece sweaters for men
Available in 7 colours.



UP TO 50% OFF Select designer watches
Includes clearance. Exclusions apply. See store for details.

SAVE $63
$34.99
TOMMY HILFIGER sweaters for men
Reg. $98
$24.99 TOMMY HILFIGER sweaters for boys. Sizes 2–18. Reg. $59.50 and $65

SAVE $50
$44.99
VERO MODA outerwear
Available in 4 colours.
Style 10159267
Reg. $99.99
50% OFF other women's fashion by VERO MODA, DESIGN LAB LORD & TAYLOR and CALIFORNIA MOONRISE.
See below for exclusions.

UP TO 70% OFF all mattress sets
SAVE $1100
$498
Reg. $1598
BEAUTYSLEEP Makayla Euro top queen mattress set
PLUS, shop thebay.com for mattresses starting at **$198**

SAVE UP TO $180
$99 ANY SIZE
SERTA hypoallergenic down-alternative duvets
300-thread-count cover.
Available in double/queen and king.
Reg. $250 and $280

SAVE $400
after $100 mail-in rebate
$349.99
Reg. $749.99 **Sale $449.99**
KITCHENAID Pro 600 stand mixer

$139.99 after $30 **mail-in rebate** KITCHENAID 3-piece pasta roller set.
Reg. $279.99 **Sale $169.99**
UP TO 40% OFF other KITCHENAID small appliances.
See below for exclusions.

Savings for all offers are off our regular prices, unless otherwise specified. **BLACK FRIDAY $20 SAVINGS CARD**: Redeemable on a purchase of $100 or more before taxes on regular, sale or clearance-priced merchandise. Valid November 25-to December 1, 2016. Not redeemable on cosmetics or fragrances, online purchases or One Day Sale offers. Not to be combined with any other offer. Excludes Hudson's Bay Outlets. Other exclusions apply, see store for complete listing. **HUDSON'S BAY CREDIT OFFER:** Excludes One Day Sales, cosmetics, fragrances and major appliances. Other exclusions apply. See in store and online for details. Hudson's Bay, Hudson's Bay Credit, Hudson's Bay Rewards, hbc.com and their associated designs are trademarks of Hudson's Bay Company. **Credit is extended by Capital One Bank (Canada Branch).** Capital One is a registered trademark of Capital One Financial Corporation, used under license. MasterCard and the MasterCard Brand Mark are registered trademarks of MasterCard International Incorporated. **KitchenAid small appliances** exclude items with 00q price endings. **Men's suits, suit separates, sport coats, dress pants and dress outerwear** exclude Ted Baker No Ordinary Joe and items with 99¢ price endings. **Adidas T-shirts** include styles AJ5742, AJ5743, AJ5345, AY7326 and AY7327. **Adidas joggers** includes styles AY7425, AY7426, AY7427 and AY7428. **Men's activewear** excludes Under Armour, Harley, Helly Hansen, Spyder, NHL, MLS, NBA, MLB, C.F., Official Sports apparel and accessories. **Women's dresses** exclude New Spring Arrivals, Calvin Klein Dept 650/692 and items with 99¢ price endings. **Women's suit separates** exclude New Spring Arrivals and items with 99¢ price endings. **WOMEN'S FASHION:** Select women's styles available in Petite and Plus Sizes; Excludes New Spring Arrivals and items in our dress, suit and activewear departments. **KARL LAGERFELD PARIS** excludes 1755 DEC, 1755 JAN and items with 99¢ price endings. **Calvin Klein Sportswear, Calvin Klein Sportswear Plus Size, I.N.C International Concepts and I.N.C International Concepts Plus Size** exclude 517 December, 517 January and items with 99¢ price endings. **Dex, Dex Plus Size and Vero Moda** exclude items with 99¢ price endings. **Chaps and Chaps Plus Size** exclude HI ACT III, HI CLS II, HI DNM III, HI SPW III and items with 99¢ price endings. **Style&Co., Style&Co. Plus Size, Karen Scott and Karen Scott Plus Size** excludes 517 December and items with 99¢ price endings. **Noisy May and Jessica Simpson** exclude all denim jeans up to $79. **Jessica Simpson Plus Size** excludes all denim jeans. **Calvin Klein Jeans and Buffalo David Bitton** excludes all denim jeans Reg. up to $99. **Design Lab Lord & Taylor** excludes styles Santa Crew, Roxy Merry, FM4275836 and items with 99¢ price endings.
Lord & Taylor excludes sweaters Reg. $89 to $99, Cashmere, Ply Cashmere and items with 99¢ price endings.

BLACK FRIDAY
3 DAYS ONLY

TOPMAN

FRIDAY, NOVEMBER 25-SUNDAY, NOVEMBER 27, 2016

50% OFF
SWEATERS & COATS

PLUS, 20% OFF ALL OTHER REGULAR PRICED MERCHANDISE*

CALGARY DOWNTOWN, CHINOOK CENTRE, SOUTHCENTRE

*REGULAR PRICED ITEMS ONLY. CANNOT BE COMBINED WITH ANY OTHER OFFER.

HUDSON'S BAY

TOPMAN

INTERVIEW

Writing book helped actress confront her white privilege

Ask Kendrick less, not more

Anna Kendrick, author of the new book Scrappy Little Nobody and 2009 Oscar-nominee, says she wishes journalists would ask her less on the red carpet because she finds it to be such an awkward interaction. DANIEL LEAL-OLIVAS/AFP/GETTY IMAGES

After a recent signing session to promote her new book, Scrappy Little Nobody, Anna Kendrick joked about having a hand cramp.

"It's going to be OK. It's going to release from its claw-like shape any second," she joked by phone.

It's that kind of sharp wit and self-deprecating humour that Kendrick is known for, especially on social media and in interviews, which she swears she's not good at.

Kendrick, 31, describes in her book how a number of female celebrities have launched a campaign called #AskHerMore to be asked smarter questions on red carpets, rather than just what they're wearing.

Kendrick writes she wishes journalists would instead "ask her less" because she finds the situation to be so awkward.

The Oscar-nominee for the 2009 film Up in the Air, shares anecdotes and musings from her life thus far in the new book.

She explains what she learned from writing it, and how Hollywood compares to Sylvia Plath's The Bell Jar.

You recently wrote on social media that you felt conflicted about launching a book tour right after the presidential election. How are you feeling a week later?

I feel better about it and I felt immediately better even the day after the election. I felt better knowing I wasn't doing a traditional media tour. I'm interacting with groups of people who want to come out and hang out with me, but you know that it wasn't like a press junket where we're all just going through the motions and doing our jobs ... It made me feel like it was maybe about connection and that's probably a really good thing.

Did you learn anything about yourself while writing this book?

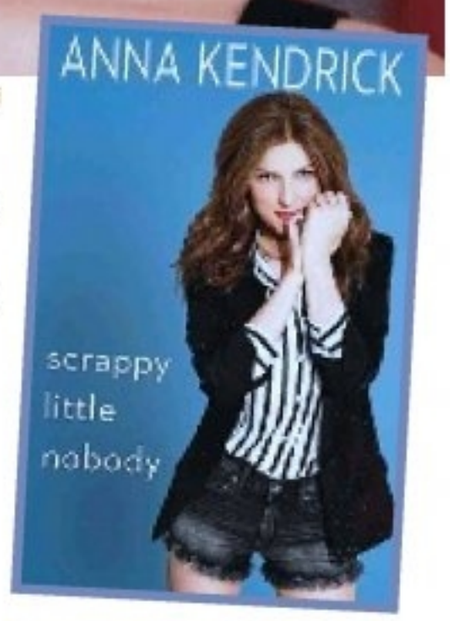
I think the thing that surprised me was when I tried to write about money and growing up with two working parents who sometimes struggled ... it kind of spiraled. I was like, 'Oh, maybe this is something I should work on and maybe not do it in a book for other people.' I just realized, 'I have these issues around money and I should probably get over it.' There are bigger fish to fry in the world than me having money issues because of growing up with a very — in the grand scheme of things — a very privileged situation, but letting those insecurities eat at me in spite of the fact that I grew up white, middle class. I really just need to get over it and that was definitely really interesting. It wouldn't have been something that I assumed I would have to work on.

You really seem to have managed to stay grounded through fame. Why do you think that is?

I'm me all the time. It's like a less depressing version of The Bell Jar. You're still you, wherever you go. It would be really tricky to try to normalize it and to feel like (fame) is all natural ... In fact, trying to do that made me a little bonkers for a while. I'm very happy I'm allowed to be goofy and off-centre.

And being an insider in Hollywood, do you find most people are pretty normal?

I think everybody's a little more normal than when they're doing their red carpet face, but I have met a handful of people who seem to always be in red carpet face. Maybe that's always who they were? Maybe if they were working in a toll booth they'd be living in their really glamorous Bell Jar? THE ASSOCIATED PRESS



> **I think everybody's a little more normal than when they're doing their red carpet face**
> Anna Kendrick

CELEBRITY NO CHARGES FOR PITT IN FLIGHT DISPUTE

The FBI says it will not file charges against Brad Pitt stemming from an alleged dispute with his family aboard a private flight.

The FBI released a statement Tuesday saying it has reviewed the circumstances of the accusations and will not pursue further investigation.

Sources familiar with the allegations have said they centre on the actor's treatment of his 15-year-old son, Maddox, during a private flight in September.

Angelina Jolie Pitt filed for divorce a few days later. Her attorney said it was "for the health of the family."

A spokesman for Pitt had no comment. A representative for Jolie Pitt did not immediately return messages. GETTY IMAGES

JOHANNA SCHNELLER WHAT I'M WATCHING

A steamy, sun-soaked soap

THE SHOW: Queen Sugar, S1, E6 (Bravo)
THE MOMENT: The Apology

With their lawyers, pro basketball player Davis (Timon Kyle Durrett) and his wife Charley (Dawn-Lyen Gardner) square off against Melina (Estrella Nouri), a prostitute, across a boardroom table. Melina has accused Davis and his teammates of raping her. Charley believes Davis's claim that she's lying and supports his paying $3 million to make her go away.

But as Melina reads her statement, Charley's face freezes. She realizes that Melina is telling the truth. In fact, Davis phoned Melina after the rape and she recorded the call. "Unless I put something in it," Davis is heard saying, "I pay you to keep your mouth shut."

Davis, stunned, stammers, "I'm sorry." Abruptly, Charley rises. "I'm sorry, too," she says, leaning toward Melina, holding her gaze. "Truly." She exits the room and her marriage.

Created by writer/director Ava DuVernay (Selma) and produced by Oprah Winfrey, this series is like Brothers and Sisters on the Bayou. Charley is the businesswoman. Her sister Nova (Rutina Wesley, True Blood) is a social-crusader newspaper reporter. Their brother Ralph Angel (Kofi Siriboe) is an ex-con trying to reform.

When their daddy dies, they come together to work his 800-acre sugarcane farm in rural Louisiana.

There's a fair bit of social awareness in this series — this "believe women" plot, for one. The siblings clearly represent three facets of being black in America. And the trials of running a family farm are deepened by the farm's history as a former slave plantation. But all that is tucked inside a steamy, sun-soaked soap.

Queen Sugar airs Wednesdays.

Kofi Siriboe as Ralph Angel, Rutina Wesley as Nova and Dawn-Lyen Gardner as Charley in the OWN drama Queen Sugar. CONTRIBUTED

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

GOSSIP BRIEFS

Doctor indicted after death of 3 Doors Down guitarist

An Alabama doctor is accused of illegally prescribing drugs that contributed to the overdose death of longtime 3 Doors Down guitarist Matt Roberts earlier this year, court documents show.

Newly unsealed records show Dr. Richard Snellgrove of Alabama, is charged with illegally prescribing Fentanyl and another drug to Roberts days before he was found dead of a overdose in August in West Bend, Wisconsin.

Snellgrove, 59, was named in a six-count federal indictment. THE ASSOCIATED PRESS

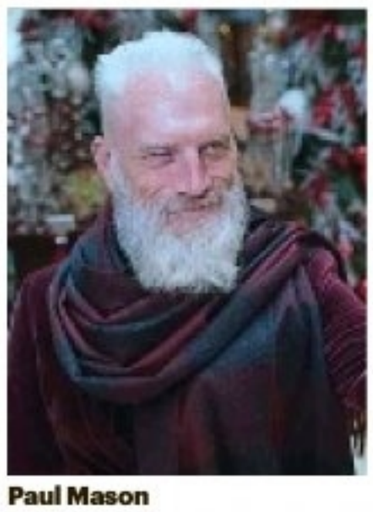
TV special cancelled after two injured in explosion

The Science Channel has cancelled its planned TV special on a Delaware pumpkin-launching competition, Punkin Chunking, after a woman was critically injured during the event earlier this month.

Delaware State Police said in a statement that an air cannon's trap door ripped off the machine after the cannon fired a pumpkin on Nov. 6. A 39-year-old woman was hit by chunks of metal and remains in critical condition. A 56-year-old man was also hurt. THE ASSOCIATED PRESS

HOLIDAY

Original 'Fashion Santa' gets replaced



Paul Mason
TORSTAR NEWS SERVICE

Christmas at Yorkdale Shopping Centre in Toronto will have a different look this year as a new man steps into the high-top sneakers and distressed jeans of the mall's "Fashion Santa."

The mall said it made numerous attempts to bring back Paul Mason — who played the role of St. Nick the past two years and gained international attention for his stylish good looks — but that the model never responded to them.

Mason set social media ablaze in recent holiday seasons as Yorkdale shoppers, Justin Bieber included, clamoured to take a selfie with him. "We reached out several times over the summer and we did not receive a response," Yorkdale marketing director Lucia Connor said. "We wanted to work with Paul Mason again."

The mall has hired another model, Adam Martin, to take Mason's place.

"Our customers have really come to expect to visit and take selfies with Fashion Santa at Yorkdale," Connor said.

Mason, who sports a Kris Kringle-esque beard even when not playing the part, continues to go by the name "Fashion Santa" on social media. On Tuesday, the model tweeted, "The RealFashionSanta is still here. I will be announcing something very soon."

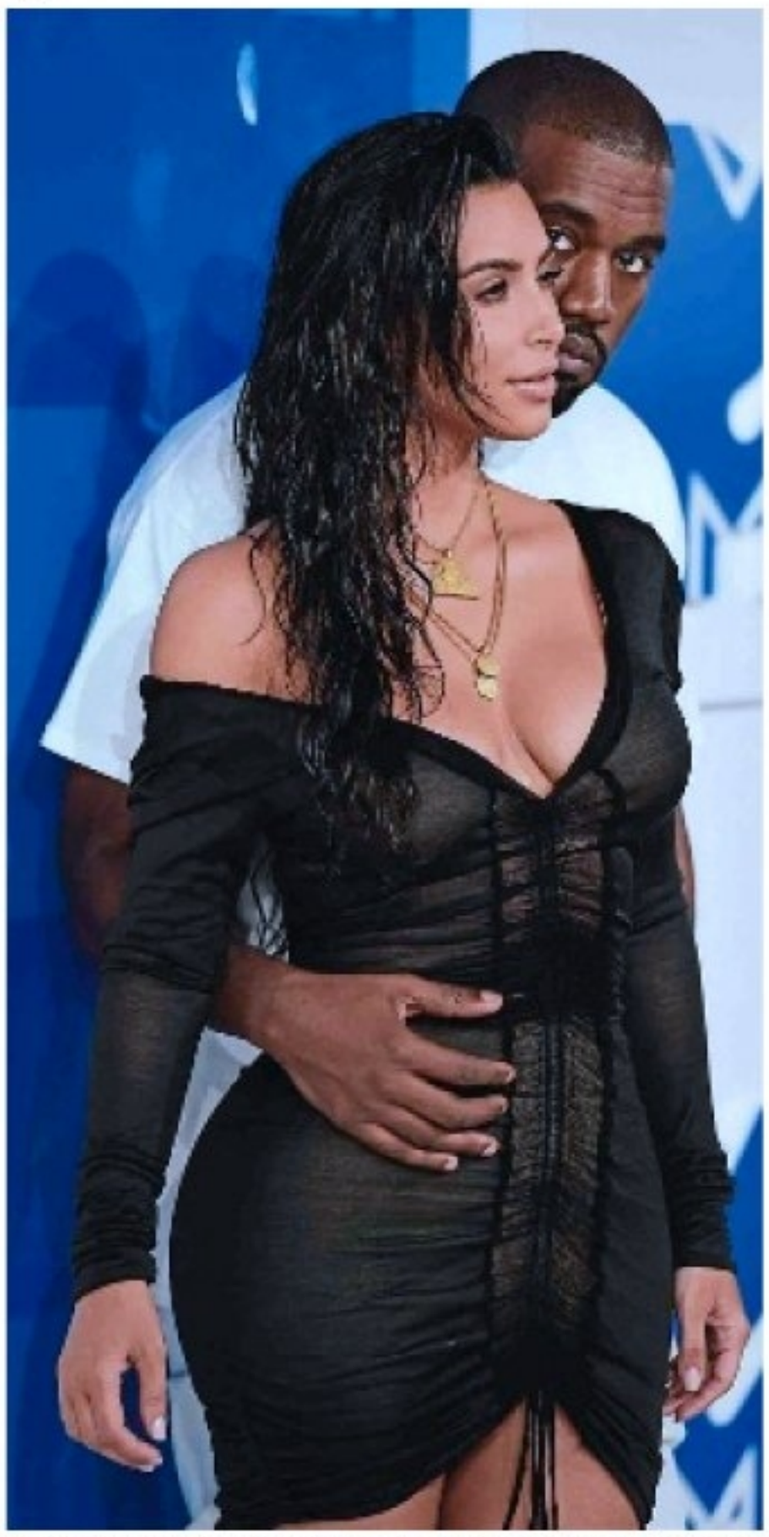
Yorkdale said there is no trademark on the Fashion Santa character, but that it was the creation of mall staff.

The new Fashion Santa will be available for selfies on Friday from 8 a.m. to 3 p.m., and every Saturday after that from noon until 6 p.m., until Christmas Day.

The mall pledges to donate a dollar to Sick Kids hospital (up to a maximum of $10,000) for every selfie shared with the hashtag #FashionSanta2016.

TORSTAR NEWS SERVICE

West's swirling, eventful year ends in a hospital



Kanye West rushed to the side of his wife after she was tied up and robbed in Paris in October. GETTY IMAGES

CELEBRITY

Kanye admitted for stress after media glare of '16 takes its toll

It's been a hectic year for Kanye West. There was a new album that had a tortured, months-long release. Two fashion shows that were plagued by last-minute changes and long delays. There also was the reopening of a bitter feud with Taylor Swift, an ambitious U.S. concert tour, a newborn son, and a harrowing robbery of his wife.

"When was the last time I wasn't in a hurry," West asks on the song Real Friends from the new CD The Life of Pablo.

A relentless schedule and a churning life in the media glare with his wife, Kim Kardashian, apparently took their toll on the Grammy Award-winner. West was taken to Ronald Reagan UCLA Medical Center in Los Angeles on Monday afternoon for stress and exhaustion.

"In the last 12 months, there probably hasn't been anyone more in the spotlight than Kanye and his wife," said Bob Williams, the CEO/COO of Burns Entertainment & Sports Marketing.

"I don't know any celebrity who has been under more scrutiny than the two of them are," Williams added. "That creates tremendous pressure from the outside — expectations to perform, pressure to respond. It takes time. It takes effort."

In the days leading to his hospitalization, West's behaviour was somewhat erratic. On Saturday in Sacramento, California, he ended his show after four songs.

West also flooded his Instagram account with nearly 100 fashion photos, many snaps of photos that were out of focus and poorly cropped. Then Sunday's concert in the Los Angeles area was cancelled just a few hours before it was to start; West soon decided to scrap the entire tour. Requests for comment from the rapper's record label have gone unanswered.

Chuck Creekmur, the founder of AllHipHop.com , has met West several times and while he has no inside knowledge into the artist's mind, he said it feels like the relentless publicity and stress of creativity may be too much.

"The lights are bright and if they are on you all the time — coupled with your own quest for immortality and greatness — I can only imagine it's like running a marathon that never ends," Creekmur said.

For much of 2016, West has been front-and-centre, showing off his work and ideas — finished or not — like a ringmaster at a never-ending cultural circus, fueled by his perfectionist streak.

West's year included debuting his latest Yeezy fashion line in baking heat that felled some of the more than 100 models during New York Fashion Week.

He also went on Twitter to complain he was $53 million in debt. He rushed to the side of his wife after she was tied up and robbed of more than $10 million in jewels in Paris.

THE ASSOCIATED PRESS

I can only imagine it's like running a marathon that never ends
Chuck Creekmur, founder of AllHipHop.com

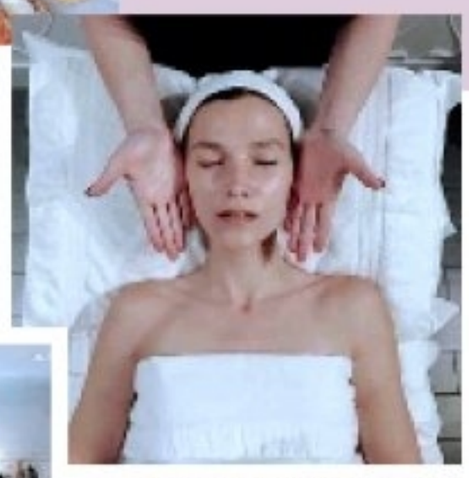
metro THE KIT REPORT

#YYC INDEX

The Kit Compact—Canada's fave beauty and fashion brand—brings you the best of Calgary's style scene

EXPLORING CALGARY
Social media star Ania Boniecka breaks down her perfect day in the city

Everything at the new Royale Brasserie Française (730 17 Ave. S.W.) begs to be snapped. It's already my favourite brunch spot.

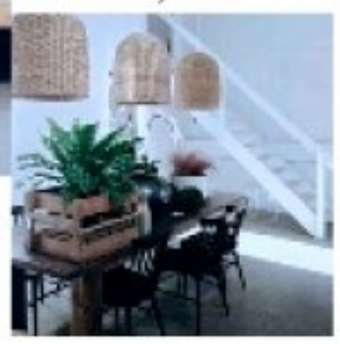


Spending time on planes can be really damaging to our skin. Before and after a trip, I always pay a visit to XO Treatment Room (1306 1 St. S.W.).

Bamboo Ballroom is one of my favourite YYC boutiques—it never disappoints. Check out the newest location (100 Anderson Rd. S.E.).

We have the best skyline in the country. Am I right, or am I right?

A Ted Baker store recently opened at Chinook Centre (6455 Macleod Trail S.W.) and immediately joined my #ootd rotation.



If you're in need of some major floral inspo, pay a visit to hidden gem Blue Hydrangea Floral Boutique (3A-2501 Alyth Rd. S.E.). I'm obsessed!

CONNECT WITH US Get the latest style news delivered to your inbox. Visit thekit.ca/sign-up

FROM THE EDITORS OF THE KIT compact

thekitca
@thekitca
@thekit

metro HOME
Your essential daily news

Pink's Malibu mansion sells for $12.5M U.S.

MEET THE CONDO

Rustic touches with a modern feel

CONTRIBUTED

Project overview

With loads of incentives during the Fall Close Out Sale, these remaining units won't last long. Tens of thousands in price reductions, free furniture, free parking and no money down. This project showcases a modern Craftsman-style exterior, with slate and rustic wood beam accents.

Housing amenities

Each unit comes with heated underground parking and access to bicycle storage and a home warranty. The next five buyers will receive a second underground stall for free. There is common greenspace around the buildings. Each unit comes with free digital TV and Internet for a year.

Location and transit

Airdrie is just north of Calgary and there are commuter buses available to and from Calgary. Creekside Village is located in Airdrie on 8th Street, between Railway Avenue and Mackenzie Way with quick travel to Highway 2 and Stoney Trail, which essentially connects you anywhere.

In the neighbourhood

Creekside Village is located near numerous shops, restaurants, a theatre, many of Airdrie's beautiful outdoor parks, pathways and green spaces. All of your amenities are nearby and it's also close to CrossIron Mills, the airport and more in Calgary.

KRISTA SYLVESTER/METRO

NEED TO KNOW

What: Creekside Village Airdrie
Builder: Carlisle Group
Location: Creekside Village, Airdrie
Building: Total of nine four-storey buildings
Sizes: Up to 1145 sq. ft.
Pricing: From the $180s
Suites: Two bedrooms and three bedrooms
Status: Fall closeout sale
Sales Centre: #7202 - 403 Mackenzie Way S.W., Airdrie
Hours: Monday and Thursday between 2 and 8 p.m.
Email: Calgary @carlislegroup.ca
Phone: 403-980-3334
Website: carlislegroup.ca

REAL ESTATE

What's hot on the market

1 FINAL SELLOUT

Sobow condos: Time is running out on getting into one of these sleek inner city condos with over 80 per cent sold. With its walkability and proximity to parks, this loft-style condo provides quality and comfort. Visit the Sales Centre at #102 63 Inglewood Park S.E.

2 STILL SELLING

1741 by Truman: Just three minutes from the downtown core, the 56-unit 1741 by Truman is the ideal neighbourhood for inner city living. The presentation centre is open at 1741, 26th Street S.W.

3 NOW SELLING

Kensington by Bucci: The 77-home low-rise project Kensington by Bucci is perfectly located in the popular Hillhurst/Sunnyside neighbourhood where inner city living and vibrant character flourish. Visit the presentation centre at 301 10 St. N.W.

KRISTA SYLVESTER/METRO

mattamyHOMES

NOW AVAILABLE: NEW RELEASE OF SINGLE FAMILY FRONT-DRIVE HOMES

The Garnet Showhome

Choose from our new selection of Front-Drive Detached Homes in the family-friendly community of Southwinds. Here you'll be close to regional pathways and Osborne Park. Plus, Windsong Heights school is opening in 2017.

Don't miss out on our New Phase Release offers.
Visit our Sales Centre today.

Southwinds
AIRDRIE
mattamyHOMES

AIRDRIE

SALES CENTRE
907 Windsong Drive
403-980-8765

Double Car Garage Homes
on Walkout Lot
Starting From $444,990

SALES CENTRE HOURS Monday - Thursday 1pm-8pm; Friday 1pm-6pm; Saturday, Sunday and Holidays 11am-6pm

MATTAMYHOMES.COM/CALGARY

All illustrations are artist's concept. All dimensions are approximate. Prices, specifications, terms and conditions subject to change without notice. E.&O.E.

Prepping your garden for winter

ADVICE

Your spring self will thank you if you do this now

Mark Cullen
For Torstar News

All those leaves you raked up earlier in the season can be composted and spread over your garden. ISTOCK

If you enjoy puttering around the yard and are always looking for something to do out in the fresh air, this column is not for you.

That is, not if you've already got your lawn and garden set for the colder months. This column is for gardeners who thought they were done for the year — but have yet to take these steps:

Wrap cedars with two layers of burlap

Cedars nearest a road (and on the east side of it, especially where they are susceptible to westerly winds full of salt spray) are most vulnerable. Wrap them in a layer of burlap to prevent permanent damage from road salt and wrap them again to protect them from the drying effects of the wind, especially if they are exposed to the north or west.

Fertilize your lawn

This time of year provides an opportunity to apply the most important application of lawn food. Why? Your lawn will absorb the nutrients before it goes to sleep for the winter. Like a bear that forages before bedding down for the season, your lawn will store nutrients and sugars in its roots now, in anticipation of a long cold winter ahead. Look for a fertilizer formula such as 12-0-18, with high potassium (the third number) and slow-release nitrogen (the first number).

Protect fruit trees

If we get an average dump of snow this winter, mice and bunnies can do a lot of damage to fruit trees less than six years old by nibbling away at the bark with their sharp little teeth. They resort to this sort of thing when snow makes it hard for them to fill their tummies. Wrap the trunk of each tree with a plastic spiral that extends about a metre up the trunk from the bottom. After about six years or so, the trunks of most trees have become too tough for even rodents to enjoy. Be especially sure to wrap crabapple trees and flowering cherry trees, since rodents don't know fruiting from non-fruiting trees that flower.

Compost

All of your leaves are down and you no doubt have raked them off your lawn and onto your garden as I instructed earlier in the season. Good! If you have a compost pile or bin, empty the contents onto your garden now. Spread it all with a rake and let it sit there over the winter. Come early spring, earthworms will pull the raw compost under the surface of the soil and convert it into nitrogen-rich castings (poop). If you have not built or purchased a composter, now is a good time to do it, since there is no shortage of yard "waste" — actually, "resource" — of grass clippings and fallen leaves to fill it.

Bring in the pots

Using a stiff brush, remove the loose dirt from inside the pots you used all summer to grow annuals and vegetables. Some people dip them in warm soapy water and scrub them clean and, really, these may be your babies but they are not babies. Store them in a weather-free zone, such as the garage or tool shed.

Clean bird feeders

Bring in the hummingbird feeder that has not seen a visitor other than the odd wasp for a couple of months now. Optimistic as I am, I don't anticipate seeing a hummingbird around here until mid-spring. Clean the feeder in warm soapy water. While the feeders are not your babies, either, the hummingbirds are. Clean all your bird feeders to help reduce the risk of disease to the avian crew that will be looking for a seed meal at your place this winter. Soap and water.

Mark Cullen is an expert gardener, Order of Canada recipient, author and broadcaster. Get his free monthly newsletter at markcullen.com. Look for his new bestseller, The New Canadian Garden, published by Dundurn Press.

OTHER TIPS

- Give some attention to your power lawnmower. Gas goes bad over winter: remove it. Remove the spark plug connection.
- Turn off the outdoor water faucets at the source (likely in the basement) to prevent them from freezing.
- Clean out your eavestroughs — now, when the leaves in your eaves are not frozen.
- Rhododendrons and other wind-sensitive evergreens, such as taxus (yews) and boxwood, are best protected with one application of Wilt-Pruf. It prevents the drying effects of wind and low humidity during a Canadian winter.
- Done? Then it's time to relax. Congratulations on having effectively battened down the gardening hatches for another season.

Metro Custom Publishing Directory
Calgary | metro

Marketplace

The Calgary Marketplace is a vibrant and ever-changing landscape. Everything from fashion and shopping to self improvement and education is right outside the door. Call 403.444.0136 for more info.

Christmas Market

'Tis the season for leftovers

Bee's Wrap is great for covering bowls of leftovers, proofing dough and, especially this time of year, bringing to holiday gatherings to cover platters of food or giving as a hostess gift. BEE'S WRAP

FOOD

Eco-friendly solutions often stylish, surprising

Holiday meals tend to mean lots of leftovers; either we make enough for an army, or the army we expected didn't materialize.

If you're worried about the environmental impact of that king-size roll of plastic wrap or that stack of disposable plastic tubs, here are some alternatives:

Glass jars, stainless steel

"The key to storing leftovers in an eco-friendly way is to use — and reuse — what you already own," says Madeleine Somerville of Edmonton, author of All You Need Is Less: The Eco-Friendly Guide to Guilt-Free Green Living and Stress-Free Simplicity (Viva, 2015).

"Making use of (jars and containers) that you already have will almost always beat out buying something new," she says. "Don't worry about not having a perfect, Instagram-worthy fridge or freezer. As your old containers break, get lost or wear out, then you can begin investing in glass or stainless steel options."

Soups, stews, smoothies, frozen fruits and vegetables all work well decanted and stored in glass jars; just leave 1/4 of the jar empty for expansion. And while a glass container with a snap-lock lid isn't 100 per cent plastic-free, it does a good job keeping turkey and other meats and leftovers fresh, and can be used indefinitely.

Williams-Sonoma stocks a variety of glass Mason or Weck canning jars. Check out Fishs Eddy's jar collection, embellished with strawberries, flowers, bees or polka dots.

> **Don't worry about not having a perfect, Instagram-worthy fridge or freezer.**
> Madeleine Somerville

Mighty Nest stocks Duralex's tempered-glass storage containers, which can go from fridge or freezer to microwave or oven. The lids are free of phthalates, BPA, PVC and lead. They've got sturdy stainless steel containers, too.

Boston Warehouse has a stoneware collection that can be used for cooking as well as storage. Pieces have modern geometric prints on them, and vented lids. Or check out Corelle's enamel steel storage collection, in a variety of prints and patterns, ready to go from fridge to table.

New alternatives

Bee's Wrap, invented by Bristol, Vt., mom and gardener Sarah Koeck, is a beeswax, jojoba oil and resin-coated organic cloth that can be used to cover bowls or to wrap breads. It comes in several sizes and warms to a pleasing malleability when handled. The wraps last about a year, and can be cleaned with cool water. And if you find it hard to relinquish plastic bags, consider Bio Bags. They're made of plant starch so you can compost the bag.

Freeze it

Kris Bordessa, who writes a blog called Attainable Sustainable, suggests: "When it's time to clean up after dinner, we often have small amounts of vegetables or sauces left in the pan. Not quite enough for a leftover lunch, but enough that I don't want to waste it."

She collects those odds and ends in containers in the freezer. When she makes soups, she reaches for one of those jars. The trick, she notes, is not to mix incompatible flavours. She also freezes small quantities in muffin tins. Once frozen, she wraps it in wax paper and foil to store.

HGTV's Scott McGillivray also utilizes his freezer: "I use a lot of fresh herbs from my garden while cooking for Thanksgiving, so I cut up the leftovers and freeze them in olive oil in ice cube trays. You can toss the frozen cubes in a sauce pan or frying pan for a future meal and you're good to go."

He also uses ice-cube trays for leftover wine. "In the unlikely event you actually have wine left over, you can freeze it and use it to enhance your next dish."

THE ASSOCIATED PRESS

Serving up the holidays in style

ENTERTAINING

These trays will help you host this season — and beyond

Unique trays are a great way to serve up food and drink creatively. MOMA DESIGN STORE

The holidays are the perfect chance to show off special serveware and update your kitchen with a cool new platter or tray.

Lorna Aragon, home editor at Martha Stewart Living, has some suggestions.

"To serve dips in a stylish and secure way, use removable self-adhesive Velcro dots to attach a bowl to the middle of a platter; then surround it with chips or crudites," she says. "It won't slip when you're passing it around, and it's a great way to use your favourite pieces together."

Aragon also suggests using pretty trays to organize your bar: "On top of a side table or buffet, put your liquor bottles on one and glasses on another. This creates visual interest and also makes cleaning easy."

Lorna's go-to trays are the lacquer ones from West Elm.

"They make them in different colours every year, they come in different shapes, and they're a great basic," she says.

For artistic types, head to the your favourite art gallery's online shop. The Museum of Modern Art has a collection of trays printed with motifs from the archives of American designer Alexander Girard. Paola Navone's Fish & Fish dish is inspired by green, Depression-era glass. And traditional oriental lacquerware gets a contemporary update with fresh, minimalist hues and a mix of glossy and matte finishes. The bowls could hold snack crackers or utensils.

At Aerin, an Art Deco-inspired, curvy, polished, brass bowl sits on pert little feet. The luxury brand also has an elegant, oval, shagreen cocktail tray in chocolate or cream, trimmed with brass.

From Waterworks, the Canyon Drive collection of black walnut and ebonized oak pedestals are trimmed with a sleek sliver of brass. Charcoal-hued resin is hand-poured to craft the Marlowe tray; a swath of gold around the rim makes it a dashing bar accessory.

Homegoods' sophisticated, white, porcelain tray with an off-centre group of gold trees would be an elegant spot for cookies or appetizers. Another sleek white coffee service set has a gold marbled design.

Give serveware a different purpose, and you've got a real conversation piece.

Kate Spade New York's acacia-wood cutting boards with a trim of blue or green, for example, could display colourful fruits.

Or put a group of candles or a tangle of fairy lights on a round serving tray with a bold graphic ampersand for a contemporary centerpiece. An oblong platter with a winsome village scene sketched on it could be the art piece anchor of a mantel display.

Magnolia Market's nearly four-foot-long paddle-shaped bread board could hold charcuterie, desserts or shot glasses.

Finally, for crafty entertainers, consider this idea from the folks at Martha Stewart: Get an off-cut or have a lumberyard saw a slab for you, sand it smooth, and treat it with a food-safe protector like coconut oil, beeswax or mineral oil. Add votive candles, fresh herbs and your favourite foods. THE ASSOCIATED PRESS

SPONSORED CONTENT — CONDO LIFE

ISTOCK

PROFESSIONAL DESIGN ADVICE FOR YOUR CONDO

Renovating a condo can be very different than renovating a larger home.

Some materials function and look better in a small space than others, says Sandy Sangster, owner of Calgary Flooring Designs, a provider of high-quality flooring and home renovation materials in Calgary.

The company sells one of the widest selections of quality flooring in Calgary, and has two professional interior designers on staff, ready to help customers.

"Small can be beautiful," says Sangster. "With the right materials, you can make your condo look and feel like a million bucks."

When customers visit the Calgary Flooring Designs showroom, the designers will help assess the advantages of the various options and assist you in identifying the right solution that matches your wants and needs. They will then develop a plan that will take you from concept through to implementation. The designers help clients put together colours and materials that best suit the look they're going for. They can help with renovations to kitchens, bathrooms, flooring and more.

If you're installing on your own, you'll want to know about materials that are affordable and easier to install. Luxury vinyl plank or luxury vinyl tile flooring, for instance, are a durable, attractive type of flooring that arrives in pieces and simply clicks into place on your floor. Talk to the experts at Calgary Flooring Designs to learn more about upgrading your condo.

Black Friday

INSIDE: Hot tech deals, online and in-store shopper profiles, and much more!

NORTHLANDS

PREMIUM GUITARS
GUITARWORKS
EST. 1989

GUITAR - BASS - DRUMS - KEYBOARD - UKE - MANDOLIN - BANJO...

NOW OR NEVER PRICING
ON MAJOR BRANDS!

BLACK FRIDAY

GRAB A GREAT DEAL WHILE THEY LAST!

Gibson Fender Martin Ibanez Epiphone Simon&Patrick Taylor YAMAHA Seagull

CROSSIRON MILLS
403.216.2750

7110 MACLEOD TRAIL SOUTH
403.216.8525

602 16 AVE NW
403.284.2866

830 CROWFOOT CRES NW
403.202.1688

AND MUCH MORE!

THIS SPECIAL REPORT WAS CREATED BY CONTENT SOLUTIONS, INDEPENDENT OF METRO EDITORIAL.

TORSTAR NEWS SERVICE

Online or in-store?

There's been a lot of debate over what offers you a better shopping experience and the answer really depends on your personal preference. We found two avid shoppers to share the benefits and some tips about their favourite methods for shopping. Good luck!

Krista Sylvester

CORRINA DECK, 23 — ONLINE

What's your favourite way to shop on Black Friday and why?
I prefer to shop online because I think there are better sales as a lot of the places you can shop are American where it's a bigger deal. I like that you don't have to battle lines or people; you just pick what you want and enter your credit card information and you're done.

What are some of your tips for online shoppers?
My first tip would be to look for free shipping, which is mostly offered by bigger companies like Sephora, (rather) than smaller ones. Another tip would be to grab gift sets instead of one item. They make gift sets just for these sales so you get a little of everything instead of just one thing. Also, some places online let you get discounts on gift certificates so if spend $25 you get a $50 dollar card.

What are some of the best deals to be had?
Electronics are the biggest steal deals because they offer such huge deals on luxury items but those go fast so I suggest knowing what you want before the sales start.

Are you planning on using Black Friday for early Christmas shopping?
I usually only shop for myself because it's such a last-minute decision. You literally only find out what is going on sale while you are doing it so it's usually harder to impulse buy for others.

CONTRIBUTED

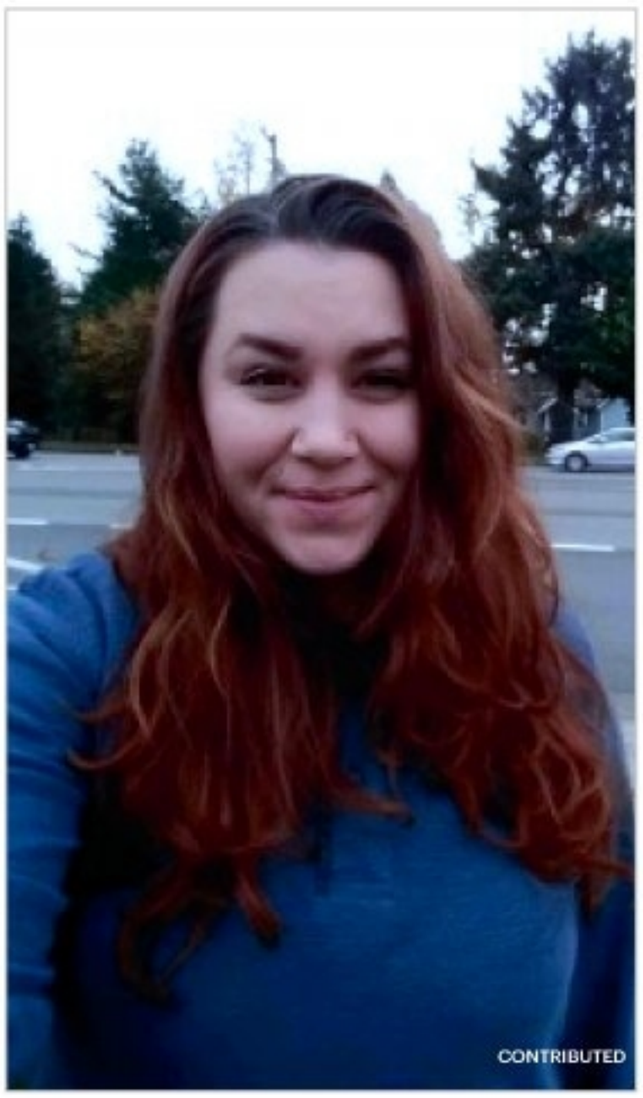
TERI WAGNER, 32 — IN-STORE

What's your favourite way to shop on Black Friday and why?
I really enjoy making purchases in person. It helps me stay on budget, and get a feel for (the) quality of an item, which is impossible when you shop online. I also enjoy the hunt for the items.

What are some of your tips for in-store shoppers?
Staying on budget is hard when you get excited about how much money you can save, so make a list and stick with it. Look online for promos as many stores advertise what their in-store sales will be beforehand. I suggest trying on clothes or shoes beforehand because many stores close their change rooms on Black Friday because it's too busy. Writing down style number, size and colour will allow the sales rep to get you in and out quickly.

What are some of the best deals to be had?
I look for quality items that are much harder to afford on any other day. I look for deep discounts on items … anything from electronics to clothing and jewelry.

Are you planning on using Black Friday for early Christmas shopping?
I make a list of everything I need for Christmas, and leave two spots open for items for myself. I try my best to get as many items as I can while the sales are hot.


CONTRIBUTED

Indigo

BLACK FRIDAY

FOUR DAYS ONLY!

NOVEMBER 24-27, 2016

SAVE UP TO

50% OFF*

ON SELECT BOOKS, GIFTS, ELECTRONICS,
TOYS, HOLIDAY DÉCOR & SO MUCH MORE!

VISIT US IN-STORE TODAY!

Chapters | Indigo | Coles

*Offers valid while quantities last from November 24 – 27, 2016 in-store (excluding kiosk orders), unless otherwise indicated. No price adjustments on previous purchases. Exclusions apply.
Indigo, Chapters, and Coles are trademarks of Indigo Books & Music.

Black Friday goes global

RETAIL EVENT

American retail event is spreading worldwide

Ryan Starr

It was an all-too-familiar Black Friday scene.

Moments after the retailer opened its doors just after midnight on the big day, a crush of bargain-hunters poured in, jostling with one another and in some cases throwing punches in a bid to secure deeply discounted electronics.

Chaotic to be sure, except this wasn't happening at a Best Buy in Buffalo. The Black Friday mayhem was playing out at a Tesco in Manchester, England, whose deputy chief constable called shopper behaviour "appalling."

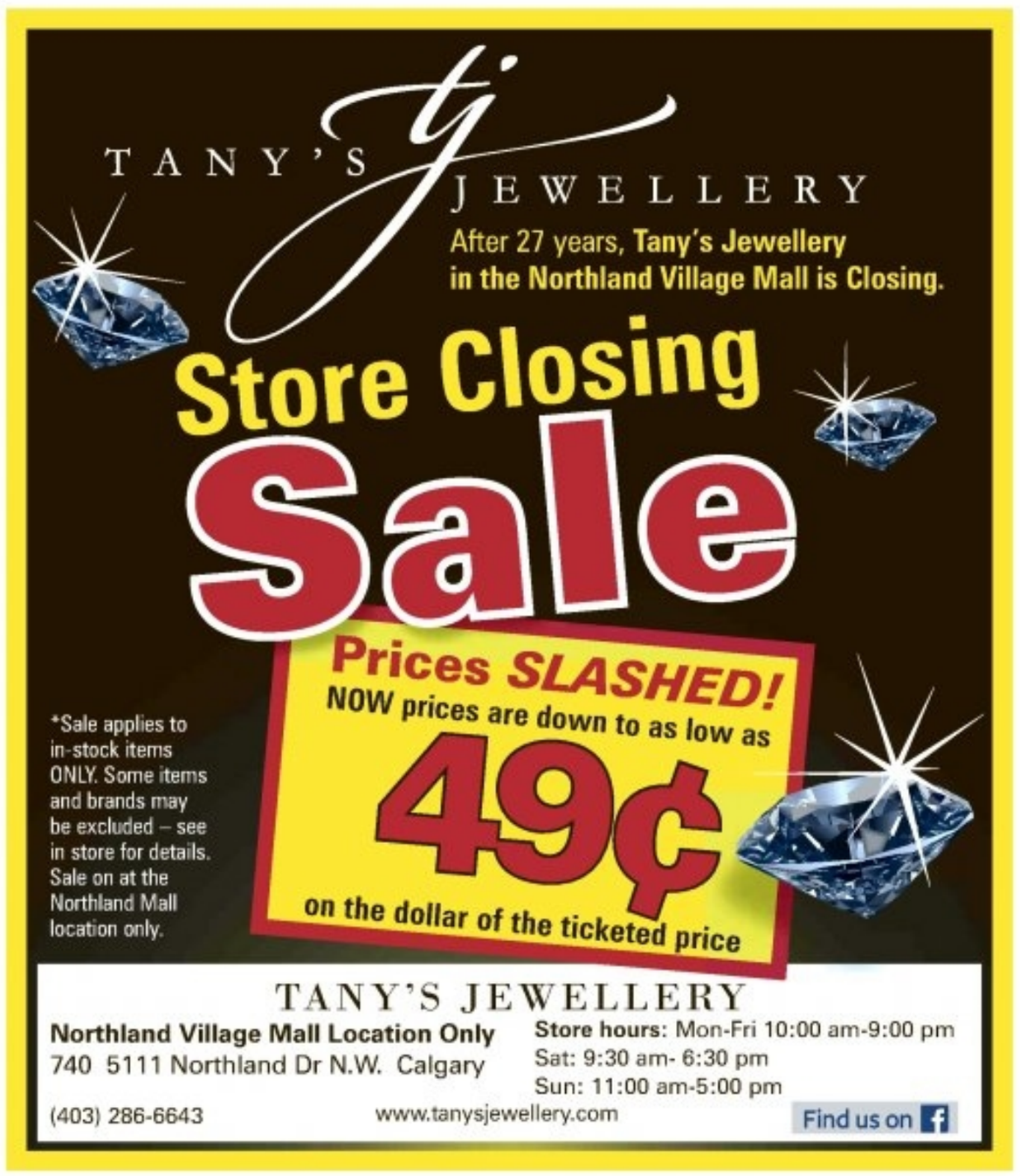
Perhaps, but Simon Dorman, a spokesman for Dixons Carphone (a UK retailer not connected to Tesco) says his company has welcomed the notorious retail holiday with open arms. "We love Black Friday," he said, noting that the 2014 event became the single biggest day of trading in the history of the Currys PC World chain. "Overnight we had a new, amazing spike in our annual trading pattern."

Global phenom

Historically an American retail holiday, Black Friday has been gaining momentum worldwide. It's spread north to Canada, where both U.S. and domestic retailers have a population of bargain hunters already well-versed in the ins and outs of the epic retail event after years of cross-border excursions. It's been enthusiastically embraced by the UK, too, since being reportedly introduced by Amazon in 2010. In both countries, Black Friday's rise has stolen thunder from Boxing Day, the traditional bargain-shopping holiday.

Thanks in large part to the power of e-commerce and ease of online shopping, Black Friday has inspired copycat retail events in nations farther afield, including Mexico, Brazil, Russia, India, France and Spain.

Major UK retailer Dixons Carphone saw a new overnight spike in its annual trading pattern during Black Friday 2014. GETTY IMAGES



Worldwide appeal

"Americans are globally made fun of for our culture of consumerism and the stampedes and fights," said Lily Varon, a retail analyst with Forrester in Boston. "But it's definitely helped create awareness of the holiday."

Black Friday's global appeal isn't hard to decipher: no matter where you live in the world, said Varon, "everyone loves the feeling that they're getting a good deal."

In Brazil, hundreds of retailers offer discounts on Black Friday, and last year the country recorded online sales during the event that were 12 times higher than off-peak-season levels, according to online advertising firm Criteo. Black Friday has also come to Sweden, Russia and Spain, where Criteo notes it's become the "peak of the holiday season."

Even in France, where Black Friday isn't really a thing, online retailers who offered deals on the day saw an 84 per cent sales spike in 2014.

In China, e-commerce giant Alibaba Group created a retail event that dwarfs Black Friday. In 2009 it launched the 11.11 shopping festival, falling on Nov. 11, and now the world's largest 24-hour online shopping event. The festival—which coincides with Singles Day, a Chinese folk holiday for young people to celebrate their independence—generated $14.45 billion in gross merchandise volume in 2015, up 40 per cent from $9.3 billion in 2014. That far surpasses the U.S. online shopping tallies for Black Friday and Cyber Monday combined, which totalled a mere $3.07 billion. It's evidence of a remarkable uptick in online shopping among Chinese consumers, particularly the country's booming middle-class population.

E-commerce channels

Online shopping has been key to Black Friday's global spread, as well.

In the UK, while retailers see plenty of in-store, door-crashing action on Black Friday, the event is particularly lucrative for e-commerce channels. Experian Marketing Services-IMRG notes that shoppers there spent $1.87 billion online on Black Friday in 2015, 36 per cent more than the year before.

UK retailer Argos received 12 million web visits and saw 18 transactions a second when deals went live at 1 a.m on Black Friday last year. It was Argos' biggest day ever for digital orders, according to spokesman Jon Dale, "and we expect Black Friday to be a big event for retail again this year."

While global retailers have adopted Black Friday, Varon at Forrester notes they're also differing slightly in their approach.

"They're harnessing the omni-channel element," catering to consumers through mobile devices and encouraging online purchases with in-store pick-up, helping to avoid the logistics headaches, bottlenecks and supply issues that can plague peak shopping days.

They're also seeking to avoid "flat-out, door-buster, all-in" U.S.-style promotions, she said, and becoming savvier about how they're converting and driving sales. This could mean time-sensitive "flash sales" or deals on select product lines, or for loyalty members only. "Global retailers are getting smarter about promotional activities," said Varon, "so they can actually get in the black on Black Friday versus coming out even."

> **Global retailers are getting smarter about promotional activities, so they can actually get in the black on Black Friday versus coming out even.**
>
> Forrester retail analyst Lily Varon

The Camera Store

The Camera Store's Black Friday Sale

Huge Savings Nov 25th - Nov. 28th, 2016

The first 50 people to arrive will receive a gift certificate to spend in-store valued between $10-$500.

Nikon D5300 w/18-55, 55-200 VR and bag

Meet the Wi-Fi® enabled, ultra-high-resolution Nikon HD-SLRs: the D5300. With built-in Wi-Fi for instant photo sharing to your smartphone or tablet, GPS and mapping, a cutting edge 24.2-megapixel image sensor, an extra-large swivelling Vari-angle LCD and more, D5300 brings an outstanding new level of image quality and capabilities in a compact, ergonomic design.

$849.00 Save $200

Nikon D7200 Body

The exhilarating image quality, low-light capabilities and speed of a Nikon DSLR are available with the convenience of built-in Wi-Fi and NFC

$1,079.00 Save $170

Nikon D810 Body

An FX-format full-frame image sensor design with 36.3-megapixels and no optical low-pass filter is paired with Nikon's EXPEED 4 image processing for detail retention from snow white to pitch black, noise-free images from ISO 64 to ISO 12,800, an extremely wide dynamic range, flattering well-saturated skin tones and much more.

BIG SAVINGS!

$3,499.00 Save $500

Nikon D500 Body

The sleek and beautiful D500 goes anywhere you go, bringing along stunning resolution and performance. Packing a lot of power into a smaller camera body thanks to its DX sensor means you can take advantage of the smaller and lighter DX lenses in the NIKKOR line—and when you're travelling, every ounce counts. The best part is, there's no need to sacrifice image quality to gain portability.

$2,399.00 Save $300

Nikon D750 with 24-12mm lens

The D750 offers superior image quality, an effective pixel count of 24.3 megapixels, a new Nikon FX-format CMOS sensor, and the EXPEED 4 image-processing engine. Whether the user is an advanced enthusiast or seasoned pro in need of a second body, the D750 easily complements any photographic discipline with a pro-caliber capability.

$2,899.00 Save $250

Nikkor AF-S DX 18-140mm f3.5-5.6 G ED VR

This lens is a highly versatile all-in-one zoom lens with broad zoom capabilities for outstanding snapshots and videos in nearly any situation.

~~$579.56~~ **$349 with any Nikon DX Camera Purchase**

Nikkor AF-S 24-70mm f2.8 E ED VR

With up to four stops of image stabilization, this lens is ready to tackle the challenging light of a wedding ceremony or on-the-spot news, while Tripod Mode helps banish blur for landscape shooters.

$2,799.00 Save $200

Nikon Coolpix S33

The Cool S33 is the camera designed to withstand what your family throws at it. Waterproof, shockproof and freezeproof, it's ideal for the beach, the pool, skiing, amusement parks and other bumpy adventures.

$119.83 Save $10

Pricing valid at The Camera Store for Black Friday Weekend from Nov. 25th-28th, 2016 while supplies last.
*Savings is based off of regular MSRP and add-on item value where applicable.

CONSUMER CHOICE AWARD 2015 SOUTHERN ALBERTA 10 YEARS

Proud recipient of the Consumer Choice Award for Photographic Retailer 10 years in a row.

802 - 11th Avenue S.W. Calgary | (403) 234-9935 | 1-888-539-9397

www.thecamerastore.com

The hottest deals on cool tech

GADGETS GALORE

We've got the skinny on the biggest bargains

Marc Saltzman

What's the only thing better than getting hot deals over the holidays? When you can get all your shopping done before December even rolls around.

Between Black Friday, Nov. 25, when retailers slash prices, and Cyber Monday, Nov. 28, where you're encouraged to shop online, you can score great deals on hot products.

And if it's tech you want, you've come to the right place.

From televisions, tablets and laptops to gaming consoles, headphones and smart-home appliances, expect to get a lot of bang for your buck by shopping over the weekend.

The following are a few of our faves, and where to find the deal.

Samsung 55-inch 4K HDR Smart LED TV (KU6270)
Black Friday price: $899.99
Regular price: $1,299.99
Where to buy: Best Buy

Samsung TV

As you likely know, 4KTVs deliver four times the resolution of 1080p HD, while HDR ("High Dynamic Range"), reproduces a wider range of brightness levels, richer colours, and higher contrast levels (resulting in whiter whites and darker blacks). At $400 off, Samsung's KU6270 TV is even more tempting. This 55-inch 4K HDR TV looks stunning, and includes a Smart TV platform powered by Tizen, to give you fast and intuitive access to your favourite on-demand video apps like Netflix and YouTube, interactive games, music streaming services, social media, and more.

ASUS X-Series 15.6" Laptop
Black Friday price: $297
Regular price: $399.99
Where to buy: The Source

ASUS laptop

You don't need a $1,500+ laptop to turn heads. With its premium finish, the chocolate black ASUS X540 laptop is slender, lightweight, and durable, with decent performance to handle tasks like web browsing, online shopping, social networking, and word processing. Powered by an Intel Celeron N3050 dual-core processor and 4 gigabytes of RAM (system memory), this 15.6-inch laptop features an HD display (1366 x 768 resolution), 500 gigabytes of storage, and a 64-bit Windows 10 operating system. Along with Wi-Fi and Bluetooth, this laptop has multiple connectivity ports.

HTC One M9
Black Friday price: $400
Regular price: $849
Where to buy: htc.com

A huge discount on a premium phone, HTC One M9 is a 5-inch device with several bells and whistles. This includes a comfortable and durable metal unibody design, a 20-megapixel camera with sapphire camera cover lens (and impressive front-facing camera, too), and for entertainment buffs, front-facing stereo speakers with a built-in amplifier, HTC BoomSound, and Dolby Audio surround. On top of the Android operating system, HTC Sense software lets you truly customize the look and feel of the phone. 32 gigabytes of storage is included, but a microSD slot lets you add up to 2 terabytes (roughly 2,000 gigabytes).

HTC phone

iRobot Roomba 870
Black Friday price: $549.99
Regular price: $699.99
Where to buy: Amazon.ca app

iRobot Roomba

Why clean your home when you can have a robot do the dirty work for you? That's the idea behind the iRobot Roomba 870 Vacuum Cleaning Robot, which is also ideal for those who have pets and allergies. Its AeroForce 3-Stage cleaning system delivers up to 50 per cent more cleaning performance than previous models, says the company, along with tangle-free extractors to help prevent hair and debris clogs and a high-efficiency filter to trap fine dirt and dust. The disc-shaped vacuum cleaner's iAdapt Navigation technology uses a suite of sensors to navigate and adapt to your changing room environment, including an optional scheduling feature if you want to do its thing without you there.

Canon T6i
Black Friday price: $879.99 (Until Nov. 24)
Regular price: $949.99
Where to buy: Best Buy

Canon camera

Through the looking glass. You don't get a second chance to capture that special moment. Rather than reach for your smartphone, immortalize life's precious memories with the Canon T6i, a compact digital Single Lens Reflex (dSLR) camera and 18-55mm IS STM Lens Kit. Take professional-looking photos — quickly and easily — so you won't miss that winning goal, a candid smile or setting sun on the horizon.

Along with its 24.2-megapixel CMOS (APS-C) sensor, ultra-low light sensitivity (extended ISO up to 25,600) and fast DIGIC 6 image processor, this camera shoots Full HD videos, and has built-in Wi-Fi to instantly share your handiwork and NFC for tap-to-pair functionality with a compatible smartphone. When time and budget permits, build up your lens collection with a huge assortment of telephoto, wide-angle, and macro options.

Klipsch R6 Headphones
Black Friday price: $95.99
Regular price: $119
Where to buy: Klipsch.ca and all other Klipsch-carrying retailers

Klipsch headphones

You're not still using those white earbuds that shipped with your phone, are you? Treat your ears to something much better — and on sale for Black Friday and Cyber Monday. At 20 per cent off the regular price, the noise-isolating Klipsch R6 in-ear headphones with control cable feature patented, contoured ear tips for a more comfortable wear over long periods of time (and multiple tip sizes are included in the box). Most importantly, the same advanced acoustic engineering from Klipsch's legendary Reference home theatre speakers provide the performance in these R6 earbuds. The 3-button inline remote can be used for full music and voice control on most smartphones, plus the microphone lets you take calls, as well.

Nikon D5300 SLR with dual lens kit
Black Friday price: $799.99
Regular price: $1,294.99
Where to buy: Best Buy

Nikon camera

If 2017 is the year you want to start taking breathtaking photos, Best Buy has an aggressive sale on the Nikon D5300 single lens reflex (SLR) and some accessories to get you going. Along with this the exceptional 24.2-megapixel SLR (with DX-format CMOS sensor), there's both an 18-55mm lens for everyday photos and HD videos (with built-in stereo microphone), as well as a 70-300mm telephoto lens, and a camera bag to store all your gear. Other features of the camera include a fast EXPEED 4 processor, 39-point autofocus, high ISO sensitivity, 3.2-inch vari-angle LCD screen, built-in editing tools, and integrated Wi-Fi to share your memories on the spot.

ACER tablet

Acer Iconia B1
Black Friday price: $77
Regular price: $109.99
Where to buy: The Source

Want a tablet but can't afford an iPad? You'd be surprised how good an inexpensive tablet can be, like the Android-powered Acer Iconia B1, on sale for just $77. Fast and light, and with a high-resolution 7-inch screen, this touchscreen tablet is ideal for playing games, viewing videos, reading ebooks, browsing websites, and more. Along with support for Google Play's 1.5 million downloadable apps, this tablet includes Bluetooth connectivity for optional wireless keyboards, speakers, headphones and other accessories. This quad-core tablet ships with 16GB of storage, it can be expanded even further via its existing microSD slot (up to 32GB), and packs two cameras.

DJI Phantom 3 Advanced Quadcopter Drone with Camera
Black Friday price: $799.99
Regular price: $1,079.99
Where to buy: Bestbuy.ca (online only)

DJI drone with camera

Are your kids droning on and on about wanting a quadcopter? OK, bad pun, there. But whether it's for kids or kids at heart, save $280 off the white Phantom 3 Advanced Drone with this online-only Best Buy deal. Take to the friendly skies with smooth and intuitive controls and as it's soaring around, shoot smooth 1080p HD video (or 12-megapixel still photos) and even watch the footage on your smartphone or tablet while you're flying. Fly at a top speed of nearly 58 km/hour, and enjoy a line-of-sight range of up to 2,000 metres. As a safety measure, if the connection between the controller and drone is broken, the autopilot takes over and brings your drone back to you. Fly for up to 23 minutes between charges.

ENTHUSIASTICALLY 100% CANADIAN!

Visions ELECTRONICS

EXTENDED SHOPPING HOURS

FRIDAY 6AM-9PM
SATURDAY 9AM-9PM
SUNDAY 10AM-6PM

HUGE SAVINGS AND MASSIVE DISCOUNTS!

BLACK FRIDAY SALE

HURRY SHOP EARLY!
SELL OUTS WILL OCCUR!

PRICES AT, NEAR, OR BELOW COST!

SAVE UP TO 80% THROUGHOUT THE STORE

SPECIAL IN-STORE ONLY SNEAK-PEAK AT

BLACK FRIDAY

PRICING ON A

HUGE SELECTION

OF ITEMS IN EVERY DEPARTMENT

THURSDAY, NOVEMBER 24TH

OR

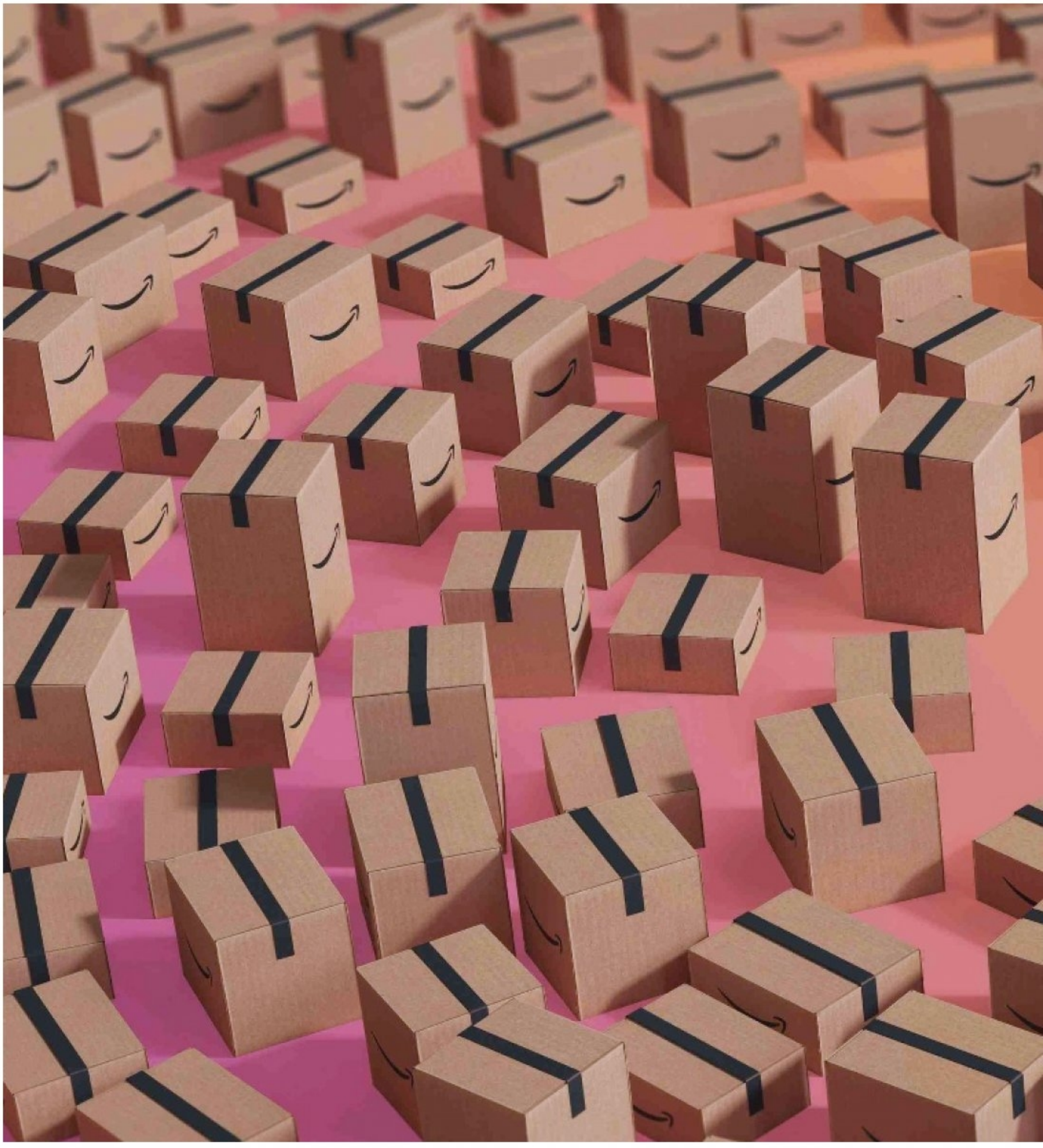
SHOP ONLINE STARTING AT 12AM WITH PRICES AT, NEAR, OR BELOW COST!

LIMITED QUANTITY ITEMS NOT AVAILABLE UNTIL FRIDAY, NOVEMBER 25

46 Crowfoot Circle NW (403-208-2487) • 9950 Macleod Trail S. (403-255-2255)
Bay #60, 3915 - 51 Street SW (403-240-2296) • 2930 32 Avenue NE (403-250-9107)
ALSO AT: 294 Sierra Springs Drive SE, Airdrie (403-912-4101)
661 200 Southridge Drive, Okotoks (403-995-1184)

WE WILL BEAT ANY PRICE BY 15% OF THE DIFFERENCE GUARANTEED!

Your Best Price!
Visions ELECTRONICS
visions.ca



amazon.ca
BLACK FRIDAY
DEALS WEEK
NOV 18 - 25

How to get rid of your old tech

NOT GARBAGE

If you can't reuse, recycle — here's how to properly do it

Marc Saltzman

If it's true roughly 40 per cent of all consumer electronics are purchased in November and December — largely due to the holiday shopping season — then you're likely buying new tech toys for yourself, too.

After all, prices are much lower around this time, so why not buy yourself a present — even if you were more naughty than nice this year.

But before you make a new home for a smartphone, television, sound bar, tablet or laptop, you'll first want to get rid of your old stuff.

"Obsolete or broken tech isn't garbage — it's a valuable resource waiting to be turned into something new," said Alan Nursall, Daily Planet contributor on Discovery Canada, and CEO of the Telus World of Science, in Edmonton.

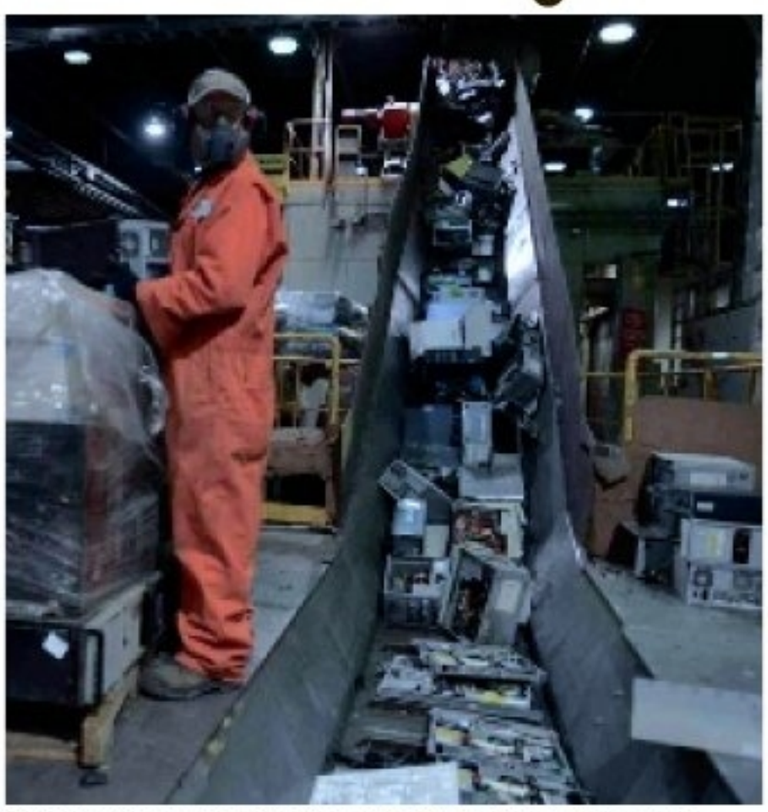
"These devices are full of tiny bits of valuable materials, and if you consider there are millions of these tech products out there you have a lot of gold, copper and other precious metals, glass, and plastics…that can be put back into new products."

Nursall, who is also a scientist, says our devices also contain hazardous materials, such as mercury and lead, that should be kept out of landfills.

How to recycle

If you can't hand-me-down your old tech to relatives or friends, or donate it to a community centre, school, or religious institution, the best way to properly recycle your tech is to go to recyclemyelectronics.ca, click "Find a Drop-off Location," select your province, and then type in your postal code or address.

Run by the Electronic Products Recycling Association (EPRA), a national industry-led organization, the website will then list several approved drop-off locations near you. In many cases, these are electronics stores you may be visiting to buy new items anyway.



Go to recyclemyelectronics.ca to find a drop-off location, where your old gadgets will find their way to a recycling centre shown here. CONTRIBUTED

Once collected, your old gadgets are dismantled at recycling centres that adhere to rigorous environmental and worker health and safety standards.

More than 15.5 million devices have been diverted from landfills each year through EPRA's regulated e-recycling programs.

So, can your efforts really make a difference? Experts estimate that recycling 1 million cellphones can recover 24 kilograms (kg) of gold, 250 kg of silver, 9 kg of palladium, and more than 9,000 kg of copper. The recovered materials are then put back into the manufacturing supply chain and used to make new products.

Not only does properly recycling your tech mean we don't need to extract as many of these materials from the ground, but it also helps reduce our environmental footprint because recovering materials from existing tech uses up considerably less energy that extracting fresh materials.

What can be recycled

Most consumer electronics products could be dropped off at these authorized collection depots.

A long list of the kinds of items you can bring: televisions and monitors; laptops, desktops, and tablets; cell phones, smartphones, and landline phones; printers, scanners, and fax machines; computer accessories, such as mice, keyboards, and webcams; home entertainment components, such as a VCR, DVD player, Blu-ray player, audio-video receiver, cable and satellite boxes, remotes and speakers; tape decks, turntables and headphones; vehicle systems, including in-dash CD or cassette players, equalizers, and GPS systems; and other miscellaneous household items, such as counter-top microwave ovens, clock radios, and baby monitors.

Does it cost anything?

There is no charge for dropping off items at an EPRA-approved collection site or event – because you already paid for the service when you first bought the product. This is that small "environmental handling fee" ("EHF") place on top of new electronics, which covers the cost of refurbishing or recycling them.

To ensure your private info doesn't fall into the wrong hands, before you get rid of a gadget — like a smartphone, tablet, laptop, or desktop — make certain you properly "shred" the personal data on your drives. Some suggest to safely destroy the drive, even with a hammer so your information doesn't fall into the wrong hands.

Shopping for a gift online?

Ship to a post office of your choice

We'll notify you when it arrives

FlexDelivery™ It's convenient, secure and free.

Sign up today at canadapost.ca/flexdelivery

Delivering the Online World

CANADA POST POSTES CANADA

™ Trademark of Canada Post Corporation.

Black Friday is here. So is double the data.

WIND is now Freedom Mobile.
And to celebrate you can double your data!

~~$40~~

$35 PER MONTH FOR 6 MONTHS.

- 3GB of data + 3GB bonus
- Unlimited Canada/U.S. talk
- Unlimited global text
- Low international calling starting at 1¢/minute

LG V20

Freedom™ mobile

For details, visit
freedommobile.ca
Offer ends soon.

Learn more at freedommobile.ca. Promo 40 plan is available for a limited time and is subject to change or cancellation without notice. Bonus 3GB of data per month will only be applied to the plan until January 31, 2018. $30 service credit offer is valid from November 21 to 30, 2016, and is subject to change or cancellation without notice. To be eligible for the $30 service credit, you must activate a new Pay Before or Pay After line on a plan with a monthly charge of $35 or $40. A $5 monthly credit will be applied to your account for up to 6 months to a maximum of $30. The credits will start to be applied to your account as a top-up before tax on your 2nd top-up date (for Pay Before customers) or as a bill adjustment before tax on your 2nd bill (for Pay After customers). May not be combined with any other in-market offer, with some exceptions. Additional terms and conditions apply. LG V20 is a registered trademark of LG Electronics Inc. Screen image simulated. The Freedom Mobile name and logos and other words, titles, phrases, marks, logos, icons, graphics are our trade-marks and are protected by law and may not be used, copied, imitated or used in whole or in part without our prior written consent.

Big deals on big appliances

SHOPPING

With Black Friday deals, now is the time to do that reno

Vicky Sanderson

The mother of all sales is upon us — music to the ears and good news for the budget of those longing to replace a noisy fridge, tired stove, or wonky washing machine.

While Francine Sternhall, director of Aeroplan's eStore says, "electronics tend to be the most popular (Black Friday) category," Home Depot Canada appliance merchant Cameron Skilling suggests that major appliances have become "a leading edge."

Shopping for large appliances during Black Friday, he adds, can have the advantage of being planned, unlike typical purchases, which frequently come after a breakdown when decisions are made in a hurry.

Planned purchasing means the buyer has more time to gather information that will be useful when scoping out the best Black Friday deals.

Waylon Chow, sales associate at Best Buy Canada thinks that may be why so many people are interested in buying a full kitchen suite at this time of year.

"People who are renovating and plan to buy everything at once during this time can save a lot," he said.

Experts suggest that shoppers spend as much time as possible identifying exactly what they want, visiting bricks and mortar stores and showrooms to look at product, and taking advantage of online videos, reviews and spec sheets.

Camille Kowalewski, head of communications for eBay Canada, says mobile shopping has made Black Friday and Cyber Monday shopping a more efficient, time-effective experience.

"You can shop wherever — on the train commuting home, and whenever you have a moment or get a brilliant idea," she said.

It's sometimes important to move quickly to snag a deal, so Kowalewski advises shoppers follow favourite retailers and online marketplaces on social media. Your phone, she adds, could be a secret weapon for alerting to you to time-sensitive offers.

Once you know what you want, make a note of all relevant information, most especially the model number. Then double check it, says Skilling.

"They're like Latin, so be very cautious of those numbers and letters — a change in even a single digit can make it a different colour, size, and have different features."

Don't forget to measure: you don't want to be one of those sad consumers who buys appliances without measuring their placement, or the doors they are expected to pass through. If you're not sure how to do the math, ask for help from an associate, whether you're online or in-store.

Tell the retailer, too, if there's an appliance that needs to be removed. Many include free disposal with a delivery, but need to know ahead of time for scheduling.

Bone up on the current, non-sale prices of items you want. Be ready to calculate how exchange, shipping, and return policies affect the sale prices. Many U.S. sites convert prices to Canadian dollars, but do double check the currency.

Always ask about matching programs; at Home Depot, for example, if you find a better price at a competitor, they'll beat it by 10 per cent.

Chow says shoppers should also look at loyalty points or financing options, and be aware of special shopping features; in Best Buy's case, that it will reserve any item to pick up in store at the sale price. It's also important to ask about warranties, and what it costs to extend them.

Shopping store sales may save you a bit more off than shopping online sales, but Craig Calvert, director of customer solutions at UPS Canada isn't sure it's worth it.

"Give your time a value. Do you want to be in that stereotypical Black Friday crazy lineup, or do you want to be home on your couch," he asked.

What's hot during Black Friday/Cyber Monday 2016 will be the same items that have been hot all year, says Skilling, who's noting upticks in large capacity laundry sets, and black stainless steel finishes.

Many consumers covet feature-rich, connected appliances, such as Samsung's Family Hub, a refrigerator with a front panel interface that, among other things, takes images of the inside of a fridge, which the user can access over a smartphone — say, at the supermarket.

LED lighting is another popular feature in fridges, and one that's increasingly accessible.

"It used to only be found in a $4,000 fridge. Now it's available in just about anything," said Skilling. He adds that manufacturers trying to woo shoppers to buy the relatively new induction technology may have interesting price points this year, and he expects large capacity laundry suites will be in demand.

Don't worry if you accidentally sleep through Black Friday and Cyber Monday. According to Kowalewski, "it's no longer those 24 hours. Periods of sale creep beyond that; they're being extended beyond them."

Planning a renovation around Black Friday sales can reduce costs on appliances, like these from Samsung.
JO ALCORN DESIGN/JASON HARTOP PHOTO

KITCHENAID'S BLACK STAINLESS STEEL 25.8 CU. FT. FRIDGE SPEAKS TO TWO TRENDS - BLACK FINISHES AND LARGE INTERIORS.

MOVING THE HEATING ELEMENT FROM THE BOTTOM TO THE BACK OF LG'S PROBAKE OVEN BOASTS FASTER HEAT, AND MORE EVEN TEMPERATURES.

SHOPPERS ARE LOOKING FOR FEATURE RICH FRIDGES, SUCH AS THE SAMSUNG FAMILY HUB, WHICH IS EXCLUSIVE TO HOME DEPOT CANADA.

SLIDE IN INDUCTION OVENS ARE POISED TO BREAK THROUGH THIS YEAR, SAY EXPERTS. HOME DEPOT/SAMSUNG PHOTO

SOUTHPOINTETOYOTA.COM

SOUTH POINTE TOYOTA

403.567.8888
11500-35St. SE

TOYOTA

0% ON ALL 2017 TOYOTA'S*

SOUTH POINTE TOYOTA
BLACK FRIDAY TOYOTATHON

FRIST TIME EVER!!
Black Friday @ South Pointe Toyota!!

REBATES UP TO $7,000* During this event!

0% FINANCING
ON ALL 2017 TOYOTA'S*

UP TO **$7,000 CASH BACK***
PAY OFF YOUR CREDIT CARDS!

FREE WINTER TIRES!
ON ALMOST EVERY SALE*

2 FREE IPADS* WITH PURCHASE

5,000 FREE AEROPLAN MILES*

FREE GAS CARDS UP TO $2,000*

2016 COROLLA CE
LAST ONE!!!

$1,888 DOWN
$33/WK*
STOCK # P600021

2016 CAMRY XSE
V6, LOADED, DEMO

WAS $38,329*
$33,800*
STOCK # P600578

2016 HIGHLANDER HYBRID
LOADED, AWD, HYBRID

WAS $48,291*
$44,988*
STOCK # P601781

2016 RAV 4 SE
LOADED, AWD

WAS $36,955*
$33,998*
STOCK # P600768

2016 TACOMA TRD UPGRADE
V6, DEMO, LOADED, TOP MODEL

WAS $44,974*
$38,888*
STOCK # P600087

2016 TUNDRA
DOUBLE CAB, LOADED, 5.7L V8, 4WD

$4,888 DOWN
$105/WK**
OR SAVE $7,000 CASH BACK
STOCK # P600101

STORE HOURS
DON'T MISS THIS EVENT!
THUR. 9AM-9PM | FRI & SAT 9AM-6PM

SPIN THE WHEEL+
WIN UP TO $1,000 AFTER YOUR BEST DEAL*

NO PAYMENTS UNTIL MAY 2017!
O.A.C*

SOUTH POINTE TOYOTA | 403.567.8888 | 11500-35St. SE
BARLOW TR. & DEERFOOT TR. SE

TOYOTATHON IS ON!

aeroplan

200 POINTS | AMA
Plus Earn Bonus Aeroplan Miles
Ends Nov 30th, 2016.

*All prices include all fees and taxes and are plus GST only. Only one offer per customer, cannot be combined with advertised vehicles. Spin to win applies after purchase and varies from a minimum prize value of $200 to a maximum of $1,000. One spin per customer. 0% has down payment and term conditions and vary by model. Cost of credit example on Corolla is $17,999.61 including all borrowing costs. Lease terms are 64 months, payments are weekly. Taxes/options extra.

AMVIC

Car features Canadians want

BEST PRICES

With so many hours spent on the road, these little luxuries are helpful

Stephanie Wallcraft

When it comes to buying cars, most Canadians shop with a wish list in hand.

Bare bones choices are still out there: you can get a base model subcompact like a Chevrolet Spark or Nissan Micra for under $10,000, and that's all the car that some people need.

But Canada's climate isn't the most forgiving for drivers. It's well-known that there are features out there that can make life a lot easier and more pleasant through those long hours spent on the road, and that some of the more desirable ones no longer break the bank.

Here are some of the features Canadians seek out most and where to find them at a great price. (Listed figures are before taxes and fees.)

All-wheel drive. If you live in a place where the weather can sometimes pack a real wallop — and let's face it, pretty much all of us do — being able to send power to all four of your wheels can be a lifesaver.

Subaru has long touted its Impreza compact four- and five-door models as offering the most affordable all-wheel drive in Canada with sedans starting at a manufacturer suggested retail price of $19,995 (or $21,295 with the transmission that's not a stick shift, a CVT). A complete redesign is on tap for the 2017 model year and will start arriving in dealerships in December, so you can either wait on the new one with its more robust list of standard features — larger cabin and cargo space, and upgraded infotainment system — or you can head out now and try to score a deal on a 2016 version.

Heated seats and steering wheel. This highly desired feature was once a luxury and a pipe dream for many Canadians but is now priced well within reach.

Heated seats and steering wheels are now priced well within reach. CONTRIBUTED

Hyundai has been ahead of the curve in introducing heated seats and steering wheels as standard equipment on many of its models. The new 2017 Elantra compact sedan brings standard heated front seats right down to the base model, which starts at $15,999 (or $18,499 with a six-speed automatic transmission). Upgrade to the GL trim and you'll also get a heated steering wheel (plus a 7" touchscreen infotainment system, 16" alloy wheels, and some key safety features) from $20,349.

A back-up camera. All new cars will be required to have one beginning in May 2018. But if your new car purchase can't wait that long, consider a Honda Civic.

This was the 2016 Car of the Year as voted last winter by the Automobile Journalists Association of Canada (AJAC), and for good reason: there's a lot of value packed into its $16,390 starting MSRP, including a multi-angle rear-view camera. If you spring to go up one trim to LX, get out of the manual transmission and add the CVT (from $20,590), your camera gains guidelines and you also get heated front seats and Apple CarPlay/Android Auto functionality, among other features.

Collision mitigation. You used to have to dig pretty deep into Toyota's trims to find some of the more popular safety features, but that's changing as its begins to make Toyota Safety Sense product suites, all of which include some form of forward collision mitigation, standard equipment in all but a handful of vehicles for the 2017 model year.

This means that for $16,290 (or $19,390 to drop the six-speed manual and get a CVT), you can buy a Toyota Corolla that comes with the pre-collision system with pedestrian detection, lane departure alert with steering assist, dynamic radar cruise control, and automatic high beams. For this level of safety sophistication, that's a ripping deal.

A third row. All of the cars mentioned so far are compact sedans or hatchbacks. What about Canadian families on a tight budget who need more than five seats?

The go-to answer is still the Dodge Grand Caravan, which gets you three rows of seating and more than 4,000 litres of total rearward cargo space starting from $24,145 (plus that base price gets you an automatic transmission).

But if a minivan isn't for you, Dodge still has you covered. The base trim on the Dodge Journey is called the Canada value package, and when you add the optional third row you can get into a crossover with an automatic transmission and seven seats for $23,920. It's not the latest or flashiest one around, but it is one of very few new vehicles that can move your larger family from point A to point B for a suggested retail price of well under $30,000.

chatr MOBILE
November 24th Only!
GRAND OPENING OFFER
$25 IN STORE CREDIT
+
$40 DATA PLAN
+
$80 CREDIT
ON PRE-AUTHORIZED SETUP
Conditions apply.
LET'S GET GOING.
CHATRMOBILE.COM
SUNRIDGE MALL CHATR MOBILE KIOSK ONLY
12K 2525, 36 St NE, Calgary, AB, T1Y5T4, 403-444-8980
™Trademarks used under license © 2016
Some conditions apply.
chatr AUTHORIZED DEALER

STAMPEDETOYOTA.COM

STAMPEDE
WE'RE SERIOUS ABOUT EARNING YOUR BUSINESS & WE'LL
PROVE IT!
SERVING SOUTHERN ALBERTA FOR OVER 31 YEARS

BLACK Friday

2 DAYS ONLY!

SAFETY SHOULDN'T BE AN OPTION

PRE-COLLISION SYSTEM
PRE-COLLISION SYSTEM WITH PEDESTRIAN DETECTION
AUTOMATIC HIGH BEAM
LANE DEPARTURE ALERT
LANE DEPARTURE ALERT WITH STEERING ASSIST
DYNAMIC RADAR CRUISE CONTROL

Toyota Safety Sense

2017 COROLLA LE
WAS $23,588 | NOW $21,998 +GST OR $119*/BW

2017 RAV4 LE UPGRADE
WAS $32,668 | NOW $30,893 +GST OR $182*/BW

FINAL CLEAROUT

LOWEST PRICE GUARANTEED

2016 TACOMA
DBL CAB TRD UPGRADE
STK#16T085
WAS $44,116 +gst
NOW $40,116 +GST

2016 TUNDRA
PLATINUM 1794 EDITION CREWMAX 4X4
STK#16T075
INCLUDES: 3M FILM PROTECTION - HOOD, FENDER & MIRRORS, HARD TRI-FOLD TONNEAU COVER, BF-GOODRICH ALL TERRAIN TIRES, RED PAINT
WAS $64,994 +gst
NOW $60,999 +GST
BLACK FRIDAY SPECIAL
NOW $54,999 +GST

2016 TUNDRA
PLATINUM CREWMAX 4X4
STK#16T098
INCLUDES: TRD EXHAUST SYSTEM, 3M FILM PROTECTION - HOOD, FENDER & MIRRORS, HARD TRI-FOLD TONNEAU COVER, RUNNING BOARDS, WHEEL & TIRE PACKAGE, LED LIGHT BAR
WAS $70,588 +gst
NOW $65,699 +GST
BLACK FRIDAY SPECIAL
NOW $60,699 +GST

2016 RAV 4
LE AWD
STK#16R076
WAS $30,512 +gst
NOW $27,286 +GST

TOYOTA TOYOTATHON IS ON!

STAMPEDE TOYOTA
2508-24 AVE NE
1.866.938.1518

FIND US HERE!

Cool things cars can do with technology

STAY CONNECTED

Ideas to make car life easier, from apps to Wi-Fi hot spots

Stephanie Wallcraft

Apple CarPlay and Android Auto smartphone apps for your vehicle make it easier than ever to stay connected. CONTRIBUTED

Technology is an amazing thing. It's allowed us to be more connected and yet more mobile than ever before.

It's also making our lives easier and safer, especially where cars are concerned. These days, our vehicles can help us keep in touch and stay productive even when we're behind the wheel, and they can also alert us to danger and even call for help.

If you're in the market for a car, here are five cool things today's vehicles can do that make drivers' lives a lot easier out on the road.

Fully integrate with your smartphone

Smartphone app functionality is rocketing to the top of the priority list for many prospective car buyers. It's not unusual these days to hear someone decide whether to buy a car based on whether Apple CarPlay and/or Android Auto are available options. And it's no wonder: both apps make it easier than ever to stay connected to loved ones or colleagues, avoid horrific traffic jams, or listen to your own music on the go.

Unfortunately, there's no rhyme or reason to figuring out whether the car you're eyeing will have the app integration you're looking for. Nearly all automakers are at some stage in the process of rolling these out, but some are a lot further down the road than others. The easiest way to check against your Black Friday car shopping list is to visit the websites for each app that list their participating marques and applicable models: Apple CarPlay's is at apple.com and Android Auto's is at android.com.

Create a Wi-Fi hot spot

Keep kids and teenagers happy on long drives with a car-integrated Wi-Fi hot spot. ISTOCK

How do you keep teenagers happy on long drives? A car-integrated Wi-Fi hot spot is probably as close to an answer as you'll get. There are third-party devices that will let you do this, but they're rarely as easy to work with as pressing a button on your infotainment screen.

Many automotive brands offer this functionality either through an accessory, a built-in device that accepts a SIM card, or a connected smartphone. Vehicles in the General Motors family (Chevrolet, GMC, Buick, and Cadillac) stand out by connecting to the internet via the OnStar communication system, which allows for separate data usage tracking and billing that can be more cost-effective than mobile data plans.

Remote drop rear headrests

Sometimes it's the little things. You drop a mob of kids off at hockey practice and head back out because it's your turn to do the coffee run, but someone put the headrests up and now you can hardly see out of your rear-view mirror. Then you climb back in with three trays of coffee, drive off, and look up only to realize you forgot to fix it when you were stopped. A front-seat button would be much easier, right?

This is an overlooked safety feature that can only be found in a couple of cars: it's available on the Dodge Durango and the Volvo XC90 (though the latter folds only the second-row remotely, not the third). It's amazing that it's not more common because the scenario certainly is.

Monitor tire pressure

The mere thought of being stuck on the side of a dark country road trying to figure out how to change a tire is enough to make plenty of people — especially those who drive alone — add tire pressure monitoring to their list of essential features. These systems won't help you much in the case of a sudden flat, but they will alert you to slow leaks in time to let you do something about them before they create a disaster.

The United States and the European Union require that tire pressure monitoring be installed on all new vehicles. However, Canada doesn't have the same requirement, so be sure to ask while shopping — if it's not standard equipment on your car of choice, it will almost certainly be available. There are two kinds of systems, indirect (which monitors through factors like wheel rotation speed using the car's other systems) and direct (which uses a sensor fitted on each wheel). Each comes with advantages and disadvantages, so a little research to determine your own needs will go a long way.

Some systems have nice side features as well. Nissan's, for example, saves you fiddling with a gauge by giving a courtesy beep of the horn while you're inflating the low tire to let you know you've reached the correct pressure.

Auto-dial 911

This feature isn't discussed nearly as often as it should be given the direct role it can play in saving lives. If your phone is connected to a compatible infotainment system and the car detects a crash, 911 will be dialed automatically without any human intervention required. This feature is available but not always standard. Ask for it when shopping for vehicles you're interested in, and ensure that you know how to set it up correctly before you depart with the car.

Country Hills TOYOTA

TOYOTA

TOYOTATHON IS ON!

BLACK FRIDAY TAX

5 DAYS ONLY

NOV 25TH TO NOV 30TH

2017 TOYOTA RAV4 LE AWD

LEASE FROM $67† WEEKLY

64 MTHS @ 2.99% APR OAC
$3259 DOWN

YOU PAY ††
NO TAX

+

NO PAYMENTS ††
UNTIL MAY 2017

+

JOB LOSS ††
PROTECTION

PLUS††

WITH PURCHASE

NO CHARGE ††
WINTER TIRES

OR

REMOTE ††
STARTER

OR

3-YEARS ††
SERVICE

Country Hills TOYOTA

403.290.1111 • CHTOYOTA.COM

20 FREEPORT LANDING NE, CALGARY, AB

AMVIC

All cash incentives and rebates to dealer. † LEV $13,402+ tax. †† Offers can not be combined, in stock units only.

aeroplan

AMA Rewards

metro SPORTS

"I am vehemently against it": Montreal-raised actor/filmmaker Jay Baruchel is still upset over the P.K. Subban trade

A friendship amid the fight for a championship

GREY CUP 2016

Dickenson and Campbell yet to taste success as head coaches

We usually talked about music or who was our celebrity crush, things like that.

Redblacks coach Rick Campbell on his chats with friend Dave Dickenson

They'll be on opposite sidelines as Grey Cup adversaries Sunday, but Rick Campbell and Dave Dickenson are hardly strangers.

They became good friends working together as assistants under Calgary head coach John Hufnagel from 2012-13 before Campbell left to become the Ottawa Redblacks' head coach. Dickenson remained and succeeded Hufnagel as Stampeders head coach this season.

Both will chase their first Grey Cup title as a head coach Sunday when Ottawa faces Calgary in Toronto. And while the two often spoke about football during their time together, Campbell admitted Wednesday at the annual Grey Cup coaches news conference they didn't always talk shop.

"We usually talked about music or our celebrity crushes, things like that," Campbell said with a smile. "Or how crazy it would be to be head coaches."

But they didn't always agree, especially when it came to Campbell's love of grunge rock.

"I can't speak for him on that as far as I'm not in love with his music choices," Dickenson said. "The one thing I can tell you about Rick was I'd say, 'Rick, what if I did this, what would happen?' He'd say, 'Well, there'd be a conversation as a defensive guy.'

"That sort of banter back and forth allowed me to be a better coach because I'd come up with some things that can cause conversation because when you cause conversations, indecision, that's how I think offensively you can sometimes have an advantage. I think it's pretty cool to be coaching in the game against him and that both of our teams have had success."

Dickenson, 43, and Campbell, 45, come by their present jobs honestly. Dickenson's father, Bob, was a football coach while his older brother, Craig, served this year as the Saskatchewan Roughriders' special-teams coordinator. Dave Dickenson, a former star quarterback, became a coach after spending 10 of his 12 pro seasons in the CFL with Calgary and B.C. earning induction into the Canadian Football Hall of Fame in 2015.

Rick Campbell followed in the footsteps of his legendary father Hugh last year when he was named the CFL's coach of the year and is a finalist for the 2016 honour with Dickenson.

Dickenson led Calgary to a league-best 15-2-1 record as a first-year head coach, the 15 wins being the most ever recorded by a rookie head coach in a season. But the 43-year-old said he really didn't endure many surprises his first year in the top job.

"I feel like I've been prepared for a while," Dickenson said.

Campbell and the Redblacks, who are making their second straight Grey Cup appearance despite finishing atop the East Division with an 8-9-1 record, are the first team in CFL history to secure first in a division with a losing mark. The pressure this week is squarely on Calgary to cap its dominant season with a championship. The Stampeders opened the week as early nine-point favourites.

THE CANADIAN PRESS

Dave Dickenson instructs his Calgary Stampeders on Wednesday in Toronto. Redblacks coach Rick Campbell and himself served together in Calgary. NATHAN DENETTE/THE CANADIAN PRESS

15-2-1

The Calgary Stampeders are strong favourites to win the cup since Dave Dickenson and his team racked up such a good record this season.

GREY CUP

Odiase out to win for Mylan, his 'brother'

Osagie Odiase keeps the light on in Mylan Hicks' closet. On Hicks' bed, Odiase has laid out his friend's Michigan State playbook and neatly-folded jersey.

"Every morning before I leave, I got to his room and give a bow and a salute, just to show my respect," said Odiase. "We were close. We were like brothers."

Hicks isn't with the Calgary Stampeders for Sunday's Grey Cup. He was shot and killed outside a Calgary bar in September at the tender age of 23.

But his memory is everywhere. It's in the black No. 31 pin that Odiase wears on his tuque. It's in the No. 31 jersey the Stampeders will hang in the locker-room Sunday before they run onto BMO Field. It's in the players' hearts.

"The energy is crazy now," Odiase said, when asked how Hicks' death galvanized the Stampeders. "It just gave it a huge spurt. You could tell from the beginning to the end, once Mylan passed away everybody just came together. You could feel it when you walked into the locker-room.

"Everybody knows what we are playing for this year. Obviously the Grey Cup. But we are also playing for No. 31 too."

The Stampeders (15-2-1) aren't just considered heavy favourites to beat the Ottawa Redblacks (8-9) on Sunday, but a team of destiny.

THE CANADIAN PRESS

Johnson on fire in net

NHL

Netminder's 34 saves lead Flames to shutout win

Journeyman goalie Chad Johnson, in his first season with Calgary, is beginning to show he can be a source of stability for the up-and-down Flames.

Johnson made 34 saves for his second shutout in five starts, leading Calgary over the Columbus Blue Jackets 2-0 on Wednesday night.

"We just wanted to come in here and stick to our system," said Johnson, who also blanked the Minnesota Wild on Nov. 15. "Get some pucks deep and wait for our opportunities and we did that and capitalized on the chances that we had."

Johnson is 4-1 in his past five starts.

Troy Brouwer and Micheal Ferland scored for Calgary, which has sought consistency between the pipes during the early part of the season. The Flames, whose maligned special teams came up big in this one, have traded wins and losses for five games.

"Johnny made some big saves for us and that breeds confidence throughout the lineup," Calgary's Matt Stajan said.

Columbus dropped to 10-3-3 in its last 16 and has lost two straight at home since rolling off seven wins in a row, a franchise record.

Flames goalie Chad Johnson stops a shot and deflects the rebound away from the Blue Jackets' Sam Gagner on Wednesday in Columbus, Ohio. KIRK IRWIN/GETTY IMAGES

WEDNESDAY In Ohio

FLAMES	JACKETS
2	0

"We were on the outside all night long," Columbus coach John Tortorella said. "Chad saw every shot. I thought our first period was good but from then it went downhill."

Calgary, ranked 29th in penalty killing entering the game, was perfect during a long Columbus power play in the second period, and then its league-worst power play added a goal in the third.

Calgary led 1-0 despite being significantly outshot before Ferland snapped one past Sergei Bobrovsky from the slot at 6:25 of the third. Leading to the score, Dennis Wideman kept the puck in the zone on a play that Markus Hannikainen tried to skate out of danger.

Johnson did the rest, calmly turning aside shot after shot.

"There were times when we were on our heels but I think we still stuck together and battled as a group," he said.

The Flames continue their road trip Sunday in Boston.

THE ASSOCIATED PRESS

UEFA CHAMPIONS LEAGUE

Bayern freezes up in Russia vs. Rostov

Bayern Munich had to settle for second best after losing to tenacious Russian club FC Rostov 3-2 in a Champions League match played in -5 C weather on Wednesday.

Bayern will now finish second in Group D and Rostov was already eliminated, but can reach the Europa League.

Two months after beating Rostov 5-0, Bayern struggled to deal with Rostov's counterattacks and never-say-die spirit which brought it back from 1-0 down to claim arguably the most famous win in the club's history.

Douglas Costa scored the opening goal in the first half, blasting the ball into the roof of the net.

Rostov striker Sardar Azmoun levelled it eight minutes later. Azmoun charged into the Bayern box and sent Jerome Boateng sprawling with a feint before hitting the ball low past goalkeeper Sven Ulreich.

Sardar Azmoun GETTY IMAGES

Rostov took the lead after the break when Boateng brought down Christian Noboa in the box and Dmitry Poloz stepped up to hit the penalty.

Five minutes later, Bayern pulled level when Juan Bernat scored from a narrow angle.

Noboa hit the winner in the 67th, curling a 20-metre free kick over the Bayern wall and into the bottom-right corner.

THE ASSOCIATED PRESS

IN BRIEF

Top-ranked New Zealand defeats Canada in rugby

Fullback Selica Winiata scored two tries as top-ranked New Zealand defeated No. 2 Canada 20-10 in international women's rugby on Wednesday in Dublin, Ireland.

The Black Ferns extended their win streak over Canada to 12 games. The two teams will meet again next August in pool play at the Women's Rugby World Cup in Ireland.

THE CANADIAN PRESS

Cavs' Love starts with bang

Cleveland Cavaliers forward Kevin Love set an NBA record for points in a first quarter by scoring 34 on Wednesday against Portland.

Love finished with 40 points and Cleveland won 137-125.

The league record for points in any quarter was set by Golden State's Klay Thompson, who scored 37 in the third on Jan. 23, 2015.

THE ASSOCIATED PRESS

HOCKEY

First lady marks 25th anniversary

Every few years, Manon Rheaume gets asked about Nov. 26, 1991, the night she made hockey history.

Playing in goal for the Trois-Rivieres Draveurs, the then-19-year-old Rheaume became the first woman ever to appear in a regular-season game in the Quebec Major Junior Hockey League.

It all started when Gaston Drapeau, head coach and general manager of the Draveurs, invited the Lac-Beauport, Que., native to training camp.

"People had said no to me so many times because I was a girl that when someone gave me a chance I said, 'Yes, I'll take it,'" Rheaume, 44, said in an interview at her home near Detroit. "It was a chance to experience hockey at a higher level."

Manon held her own, posting the third-best goals-against average among the six goalies in camp.

Manon Rheaume THE CANADIAN PRESS

She was sent down to the Tier-2 Louiseville Jaguars, but not without drawing praise from Drapeau. And when starting goalie Jean-Francois Labbe was injured in mid-September, she was recalled to act as backup to the No. 1 goalie — future NHLer Jocelyn Thibault.

Her big moment came in the middle of the second period of a game against the Granby Bisons, before a crowd of 2,025. Rheaume entered with the game tied 5-5, and the first test came from Philippe Boucher, a defenceman with a booming shot who later played in the NHL.

"Manon was the star that night, but we wanted to have our part in it," said Boucher, now head coach of the Quebec Remparts.

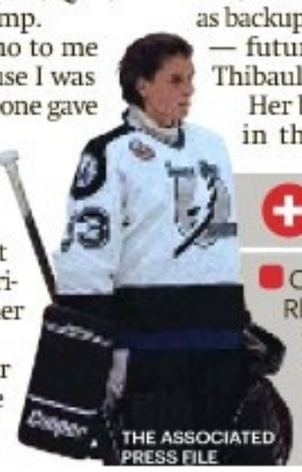
Rheaume allowed three goals on 17 shots before leaving the game with a cut over an eye when her mask was shattered by a shot from Patrick Tessier. She was chosen as third star of the game despite her team's 10-6 defeat.

"I was just very grateful to Mr. Drapeau for inviting me to camp," said Rheaume. "The night he let me play, he put aside the fact that I was a girl and looked at me as a goaltender."

Rheaume ended up playing 24 men's pro games in a variety of leagues over the years. She also made her mark in women's hockey, winning gold medals with the Canadian team at the 1992 and 1994 world championships and taking silver at the 1998 Winter Olympics.

Today, she helps run the girls' hockey program for Little Caesars, an organization associated with the Detroit Red Wings, and coaches the under-12 girls' team. She had a foundation that provides funds to girls under 19 in sports. She is also on the organizing committee for the 2017 women's world championship.

"To have a chance to earn a living in the sport I love, I couldn't ask for more," Rheaume said. THE CANADIAN PRESS



THE ASSOCIATED PRESS FILE

MAKING IT TO THE SHOW

- On Sept. 23, 1992, Rheaume became the first woman to play in an NHL pre-season game for the Tampa Bay Lightning.
- Rheaume played one period, allowing two goals on nine shots against the St. Louis Blues.

MYSTIC EYE SPIRITUAL READINGS
58 YEARS EXPERIENCE
100% GUARANTEED RESULTS
COME IN TODAY FOR A BETTER TOMORROW
Specializing in reuniting loved ones
Removes all bad luck spells & negative energy
100% guaranteed results
SPECIAL $20 PALM READINGS
BY APPOINTMENT ONLY
403.228.2258
PALM WTAROT ENERGY READINGS
SOLVE ALL PROBLEMS OF LIFE

PLAY Yesterday's Answers
from your daily crossword and Sudoku

3	1	9	4	6	7	2	8	5
8	7	2	9	5	3	6	1	4
4	6	5	1	8	2	3	9	7
7	5	4	3	9	1	8	6	2
2	8	3	6	7	4	9	5	1
1	9	6	8	2	5	7	4	3
9	2	7	5	1	6	4	3	8
6	3	1	2	4	8	5	7	9
5	4	8	7	3	9	1	2	6

for more fun and games go to metronews.ca/games

RECIPE Coconut Lentil Soup

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Ginger, curry and coconut give this soup rich and complex flavours.

Ready in 30 minutes
Prep time: 5 minutes
Cook time: 25 minutes
Serves 6

Ingredients
- 1 Tbsp olive oil
- 1 onion, diced
- 2 large carrots, peeled and diced
- 2 cloves of garlic, minced
- 1 Tbsp fresh ginger, minced
- 1 Tbsp curry powder
- 1/2 tsp each cinnamon and cumin
- 1/3 cup tomato paste
- 4 cups vegetable stock
- 3 cups water
- 1 can coconut milk
- 2 cups dried red lentils
- 1 big handful of fresh spinach, sliced into ribbons
- Juice 1/2 lemon
- Salt and pepper to taste

Directions

1. Heat oil in a big pot over medium heat. Add onions and carrots and cook until they soften, about 3 minutes. Toss in garlic, ginger and spices. Stir and cook for another 3 minutes. Add the tomato paste and stir again.

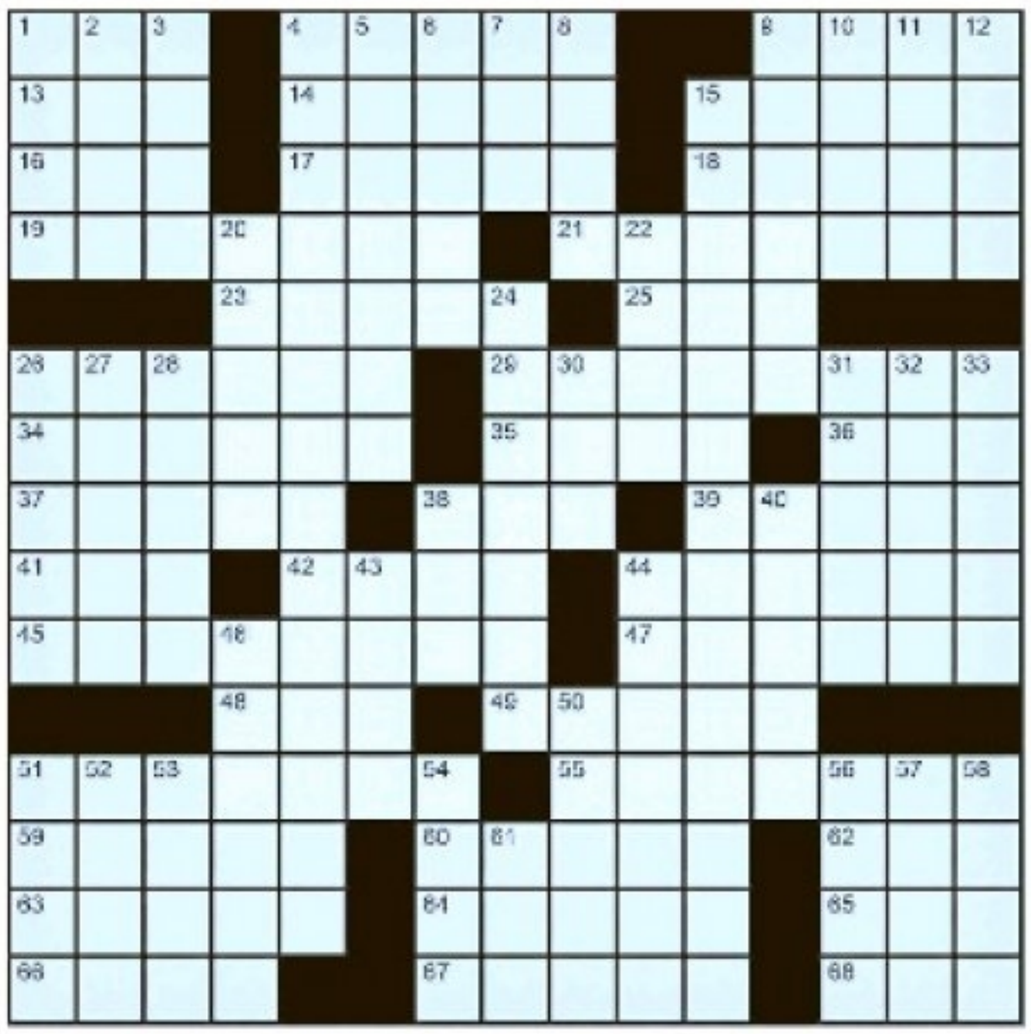
2. Pour in stock, water, coconut milk and lentils. Stir and let it simmer — not boil — for about 25 minutes. Taste to check that lentils are tender.

3. Throw in the spinach and stir it around until it just wilts. Add the lemon juice and taste before adjusting for salt and pepper.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Car's craving
4. Finishes a room's 'roof'
9. Horus and Apollo
13. Fitting
14. Year's historic record
15. Variant-spelled hawk's nest
16. Last letter, USA-style
17. Big name in motor scooters
18. Earthy pigment
19. Drastic
21. Server at Starbucks
23. Segments
25. Richie's portrayer on "Happy Days"
26. Next to
29. Vacationing visitors
34. Ottawa-born singer/songwriter Ms. Morissette
35. Town in Quebec near Lac Saint-Jean
36. Even if, briefly
37. Canadian band, Doug and The __
38. "Why, __ be an absolute honour!"
39. Jack __, Kiefer Sutherland's "24" role
41. One of a white canvas sneaker brand
42. Own
44. Melancholy in mood
45. Haughtier
47. Spectrum sources
48. Chap
49. Undercover agents
51. Warrior of Japan
55. Facing difficulty: 3 wds.
59. Preamble
60. Forged material
62. Lacto-_ vegetarian
63. Contests of ancient Greece
64. Belgian tenor/Elvis impersonator, Helmut __
65. Australian band, __ At Work
66. Wrongdoing, in law
67. Bottomless pit
68. Before

DOWN
1. Fixed stare
2. Top
3. Proofreader's mark
4. Canadian potatoes brand (frozen French Fries, fresh potatoes, etc.) since 1980: 2 wds.
5. Foes
6. Map detail
7. Around-the-track unit
8. Hunk
9. Horoscope sign
10. Spheres
11. __ Coke
12. Doubled Doris Day song word
15. Northern Lights: 2 wds.
20. Regretting
22. __ lily
24. Declarants
26. Suns
27. "Juno" (2007) star Ms. Page
28. __ Arabia
30. __-fashioned
31. Concert ticket remnants
32. Heat unit equivalent to 100,000 BTUs
33. Bruises, for example
38. 'Excess' ender
40. Awry
43. Verdi opera
44. Sorts of small pianos
46. Articulate
50. Devoutness
51. Tiff
52. Ti-Cat's rival
53. Berth
54. Filmdom's Ms. Fisher
56. __ and Circumstance
57. "Head __ Heels" by The Go-Go's
58. Singing voice characteristic
61. From A __ _ (Step-by-step)

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
A discussion with a partner or close friend will be super intense today. However, the bottom line is that you want to make things better for everyone. This you all can agree on.

Taurus April 21 - May 21
At work today, you'll have intense relations with foreign countries or people from other cultures. You are enthusiastic about introducing reform and ways to expand.

Gemini May 22 - June 21
This is a great day to make ambitious vacation plans. In fact, all your ideas to socialize and explore the arts and enjoy yourself are exciting!

Cancer June 22 - July 23
You have great real-estate opportunities and chances to improve your home in the coming year. Today is a good day to start thinking about what you want to do.

Leo July 24 - Aug. 23
Your enthusiasm for something is the energy that will carry you through. That's because everything basically starts in your mind, doesn't it?

Virgo Aug. 24 - Sept. 23
This is an excellent day to think of how to boost your income now and in the future. Trust your money-making ideas. You can do this.

Libra Sept. 24 - Oct. 23
Because lucky Jupiter is in your sign this year for the first time since 2004, you are on a roll! Make the most of this opportunity to explore your good fortune.

Scorpio Oct. 24 - Nov. 22
Powerful things are taking place in your life now, which affects your view of the world. This is why you want to explore your inner world more deeply.

Sagittarius Nov. 23 - Dec. 21
You might join a group or be involved with people who will change your way of looking at things. They will expand your world and affect your future goals.

Capricorn Dec. 22 - Jan. 20
This year you have a chance to really boost your reputation in the eyes of others. Today, you begin to see ways to do this.

Aquarius Jan. 21 - Feb. 19
Big travel plans or an introduction to a belief system might change your life this year. You are getting an inkling of what is going to happen by what you are planning today.

Pisces
Feb. 20 - March 20
The support you receive from others is undergoing a major overhaul. The bottom line is simply this: It has to benefit you. Make sure this happens.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	5			4			2	
		7			8			
						1	3	
		1			6	9		
3		4		1		7		8
		5	9			3		
	7	8						
			1			4		
	6			9			8	

©2014 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

The hardest part is making the call.

GT.alger.ca 403 310 8888

If you have **debt**, we have **solutions**. We're understanding, we're respectful and we're here to help.

Talk to one of our experienced Licensed Insolvency Trustees for a **free debt consultation.**

Sunridge | Downtown | Market Mall | Southcentre

Angela Lock
Licensed Insolvency Trustee

Grant Thornton

The Camera Store

The Camera Store's Black Friday Sale

Huge Savings Nov 25th - 28th, 2016

Canon EOS 5D Mark III

Canon 5D Mark III Body with Premium Accessory kit

The full-frame Canon EOS 5D Mark III is the ultimate DSLR for the advanced photographer. It features a completely upgraded 61-point autofocus system with 41 cross-type AF points, allowing for superb subject tracking and speed.

22.3 MEGA PIXELS CMOS · HDR · FULL HD

$2,999.00 Save $400

Canon EOS 70D Body with Advanced Accesory Kit

The EOS 70D features an autofocus technology that allows it to capture incredible video, but still provides superb image quality for still images. Brilliant quality is provided by the 20.2 Megapixel CMOS (APS-C) sensor.

EOS 70D

20.2 MEGA PIXELS CMOS · Wi-Fi · Up to 7.0 Frames Per Sec

$999.00 Save $300

Canon EOS 80D Body with Advanced Accesory Kit

The EOS 80D features an 45-point all cross-type AF, 24.2 megapixel sensor and full 1080 HD 60p Recording. It is Perfect for those new to DSLR's, and experienced photographers looking to get the most out of their camera.

EOS 80D

24.2 MEGA PIXELS CMOS · Wi-Fi / NFC · Up to 7.0 Frames Per Sec

$1,399.00 Save $200

Canon EOS Rebel T6i with 18-55mm lens

The EOS Rebel T6i does more, easier, making capturing photos and shooting videos a breeze. Its high-resolution 24.2 Megapixel CMOS (APS-C) sensor means finely detailed, crisp and natural-looking photographs.

EOS Rebel T6i

24.2 MEGA PIXELS CMOS · Wi-Fi / NFC · Up to 5.0 Frames Per Sec

$769.82 Save $262

Add a Canon EF-S 55-250mm f/4-5.6 IS STM for only $199 (Save $200)

Canon PowerShot G3X

The Powershot G3 X is a camera that gives you inspirational image quality through its 1.0-inch, 20.2 Megapixel High-Sensitivity CMOS sensor, plus the power to zoom to 25x.

20.2 MEGA PIXELS CMOS · Wi-Fi · NFC

$949.00 Save $150

Canon SELPHY CP1200 COMPACT PHOTO PRINTER

CP1200 Wireless Compact Photo Printer is more portable than ever with an optional battery pack that enough power to print up to 54 photos on a single charge.

$99.87 Save $50

Canon Save Big on a variety of Canon Lenses

Pricing valid at The Camera Store for Black Friday Weekend from Nov. 25th-28th, 2016 while supplies last.
*Savings is based off of regular MSRP and add-on item value where applicable.

CONSUMER CHOICE AWARD 2015 SOUTHERN ALBERTA 10 YEARS

Proud recipient of the Consumer Choice Award for Photographic Retailer 10 years in a row.

802 - 11th Avenue S.W. Calgary | (403) 234-9935 | 1-888-539-9397

www.thecamerastore.com

ENDS SUNDAY NOVEMBER 27

SPORTING LIFE'S BLACK FRIDAY WEEK EVENT

A WHOLE WEEK OF *MASSIVE* DEALS!

DAY 4

SAVE 3X THE GST!*

ON ALL REGULAR PRICED FASHION, CASUAL, OUTERWEAR, SKIWEAR, SNOWBOARDWEAR, ATHLETICWEAR, FOOTWEAR & ACCESSORIES.

*Excludes equipment. Brand exclusions apply. See in store for details. Discount of 3 times the tax (15%) will be applied at the time of purchase. Cannot be combined with any other offer. Valid in store only at the Southcentre Mall location.

THE NORTH FACE

ARC'TERYX

icebreaker MERINO

patagonia*

SELECTED STYLES

20% OFF*

*Excludes BodyFit Basics.
Discount taken off original price.

UNDER ARMOUR

SELECTED STYLES

25% OFF*

*Discount taken off original price.

BURTON

OUTERWEAR & APPAREL

20% OFF*

*Discount taken off original price.

Columbia

SOREL

FOOTWEAR

20% OFF*

*Discount taken off original price.

ALL 2017 ADULT ALPINE SKIS & SKI BOOTS

20% OFF*

*Discount taken off original price.
Excludes competition race equipment.

BUY ANY 2017 ADULT SKI AND RECEIVE A FREE LIFT TICKET!

RCR

Fernie · Castle Mountain · Kimberley · Nakiska

*One lift ticket per purchase. Lift ticket valid anytime during the 2016/17 Ski Season. No Blackout dates. Valid at Nakiska Ski Area or Kimberley Alpine Resort. Valid in store at Southcentre location only.

SEE IN STORE & ONLINE FOR EVEN MORE GREAT DEALS!

SPORTING LIFE
SPORTINGLIFE.CA

SOUTHCENTRE
NOW OPEN. 100 ANDERSON ROAD SE, CALGARY, T2J 3V1 TEL: 403-313-4477
BLACK FRIDAY (NOVEMBER 25) HOURS: 8 AM - 9 PM